

SWEDEN



HOLIDAY GUIDE FOR THE DISABLED

HV1765

.Sw34

1990

SWEDISH TOURIST BOARD

CONTENS

Welcome to Sweden	2
Explanation of symbols	4
Travelling in Sweden	5
Medical facilities	8
Camping	8
Youth hostel	9
Tourist escorts	9
Statoil tourist service	9
Blekinge	11
Bohuslän	17
Dalarna	27
Dalsland	41
Gästrikland	49
Göteborg	55
Gotland	61
Halland	67
Hälsingland	77
Härjedalen	85
Jämtland	91
Närke	101
Norrbotten (Northern Lapland)	107
Öland	117
Östergötland	121
Skåne	131
Småland/Jönköping	151
Småland/Kalmar	159
Småland/Kronoberg	167
Södermanland	175
Stockholm	183
Uppland	191
Värmland	199
Västerbotten (Southern Lapland)	213
Västergötland	227
Västernorrland (Medelpad/Ångermanland)	241
Västmanland	249
RWC along the roads	258

WELCOME TO SWEDEN!

That word "welcome" is one that you'll often hear in Sweden, and it is no mere social formality. We genuinely do give a warm welcome to our friends from abroad who come to spend their holidays in Sweden, and we offer an extra-special welcome for those who may be handicapped in some way.

As a highly-developed and socially-aware country, Sweden has been in the forefront of international efforts to enable the handicapped to enjoy life to the full, particularly when it comes to leisure activities. Under recent legislation, for example, all new public buildings have to be accessible to the disabled, and the standards of public transport for the handicapped are continuously being improved.

Many Swedish hotels have rooms designed for those who are handicapped or who suffer from allergies. Technical aid investment in holiday areas enables those with limited mobility to take part in activities like swimming, canoeing or horse-riding. Attitudes are also important: in many museums and art galleries, for example, those who are visually handicapped are positively encouraged to touch exhibits or sculptures, and explanatory information in Braille is often provided.

This guide sets out to provide information on sights and activities which the handicapped can enjoy or take part in all over Sweden. There is also a full listing of suitable accommodation in hotels, chalet villages or camp-sites, together with an indication of the facilities which are provided. The guide is aimed particularly at the physically disabled but also contains information for the visually handicapped, the hard of hearing and those suffering from allergies.

The guide should be read in conjunction with our annual Sweden brochure which gives a lot of additional information about the various regions and about travel to and within Sweden, as well as a wealth of general information on things like medical services, accommodation, shopping and so on.

Please note that we have followed the English-language alphabetical order in our listings. You'll discover that we Swedes, awkward people that we are, have three additional letters -- "Å", "Ä" and "Ö" -- which follow "Z" in our alphabet. For the purposes of this guide, though, we follow the normal English method and treat the letters as an "A" or an "O" which just happens to have a funny accent on it! But remember our system when you're looking up someone's name in a Swedish telephone directory.

We look forward to welcoming you in Sweden. If you have any queries before your departure, don't hesitate to contact your nearest Swedish National Tourist Office or your travel agent. During your stay in Sweden any local Tourist Information Office is at your disposal; they are all listed in the guide. We'd like to hear about your experiences on your return so that our services can be improved even further in the future.

Have a good holiday!

EXPLANATION OF SYMBOLS

- RWC = Toilet adapted for the disabled in wheelchairs.
RTC = Chemical toilet adapted for the disabled in wheelchairs.
HR = Rooms adapted for the totally wheelchair-bound. Hotel has public RWC and is accessible.
TR = Accessible room. This means that there must be a space of at least 115 cm by 115 cm; passages at least 90 cm wide (or 100 cm to turn); a shower or bathroom without thresholds; and if there is a shower there must be a stool to sit on.
H = Adapted for the hard of hearing, including telephone with amplifier in the hotel.
T = Induction loops for the hard of hearing provided at sights or activities.
S = Accessible for the visually handicapped, which means that there is assistance available to get to your room or chalet. If the dining-room is self-service, your meals can be served at the table, and guide dogs can be taken in (but not in rooms for those suffering from allergies).
S = Sights and activities suitable for visually handicapped.
A = Accommodation suitable for persons with an allergy, according to standards laid down by the Swedish Allergy Association. Do not hesitate to ring and inquire if you have a specific problem.
X = No public RWC; only in hotel rooms.

CHALET VILLAGES AND CAMP SITES

In the accommodation information listings for chalet villages and camp sites, the top line applies to the physically-handicapped and the lower line to those suffering from allergies.

TRAVELLING IN SWEDEN

Transport service

A special transport service called Färdtjänst (Transport Service) is available for the disabled in Sweden. It can be used as a taxi service and is charged on an hourly basis or, for longer trips, according to distance. It should be booked one day in advance. Information on this service can be obtained from local Tourist Offices.

By rail

For the physically handicapped

Swedish State Railways (SJ) has special "transport chairs" available to help those who are physically handicapped to get into the train and reach their seat. These should be booked a few days in advance and can be used for the whole journey. Trains indicated in the timetable with a "T" always carry a transport chair.

Folding wheelchairs can be taken into the carriage in which you are travelling, but wheelchairs which cannot be folded must be placed in the baggage coach. NB: not all trains have a special baggage coach.

You can book a particular seat in a train if you want to be near the exit or the toilet, and if you are travelling in a sleeping car or a couchette you can specify a lower berth.

InterCity trains and certain other long-distance trains have carriages with a wider and less steep entrance as well as larger toilets. They are indicated by the symbol "A7" (first class) or "B7" (second class).

A completely new type of second-class carriage (B4) is being introduced on InterCity trains between Stockholm and Malmö and on the Sundsvall - Stockholm - Gothenburg route. These allow passengers to sit in their own wheelchairs for the whole journey as long as they comply with the specified dimensions.

For the visually handicapped

Guide dogs can be taken everywhere except in non-smoking lounge areas. If you are travelling in a sleeping car or couchette, the whole compartment must be booked by you and your party. Mention that you are taking a guide dog at the time of booking.

For those suffering from allergies

Those suffering from allergies are recommended to ask for seats in the non-smoking lounge areas, from which furred animals are barred. In some diesel trains which do not have individual compartments, space may be made available in second-class for passengers with animals. For journeys in sleeping cars or couchettes you can specify a berth with bedding made from synthetic materials.

Personal assistance

If you require help to get on and off the train, this should be notified in advance, preferably at the time of booking your tickets.

Information

Further information can be obtained at any SJ station, and a brochure (in Swedish) is available listing facilities for the disabled at all major stations.

By car

Travelling by car is easy in Sweden because our roads are wide and free of heavy traffic. As regards parking facilities, the yellow badge carrying the international symbol for the disabled is valid in Sweden. It entitles you to park where restrictions are usually in force, although you are not allowed to stop where parking is completely prohibited. There are no yellow lines by the roadside, but parking restrictions are noted on signs.

By air

Travelling by air within Sweden is both easy and inexpensive. If you require assistance to get on or off the aircraft, this should be mentioned at the time of booking your flight. Note: special arrangements have to be made to take an electric wheelchair on

board the aircraft. This applies also to domestic air services within Sweden. Inquire at the time of booking.

To get from the airport to your town address, we suggest that you use the "Limousineservice" which works on the basis of a shared taxi. It is available at the airport.

By bus

Most bus companies in Sweden will be pleased to assist you when using their services, but it is advisable to tell them in advance what kind of assistance you may need.

Sirius Travel Service in Stockholm (tel. 08/749 19 00) operates taxis and mini-buses for the physically handicapped. Its vehicles are equipped with lifts and secure mountings for wheelchairs. Stretcher cases can also be handled.

The GDG bus company (tel. 031/80 40 00) operates group tours for the physically handicapped, but mostly to destinations outside Sweden.

SHT, an organisation specialising in transport for the disabled, has coaches available for groups and can also help with individual travel. It can be contacted in Stockholm on 08/52 81 00.

There are many other bus companies which have buses fitted with lifts for those who prefer to organise their own journeys. Make inquiries locally with bus companies or associations for the disabled.

Local transport in the cities

The underground system in Stockholm (T-banan) is accessible by wheelchair. You enter the trains from a level platform and most stations have lifts. For your information it is possible to order a map over underground system, tel: 08/789 20 00. On local buses in Stockholm and other cities like Gothenburg and Malmö wheelchairs have to be folded and you have to ask to be assisted on board.

Information

For the visually disabled many pedestrian crossings are equipped with sound signals to tell you when it is safe to cross.

There are some 300 tourist information offices all over Sweden which will be glad to give you information on what to see and do in the area. They will also be to tell you what facilities for the disabled are available locally. In this brochure we have listed some of the tourist offices in the areas which we have covered; full lists covering the whole country can be obtained at any tourist office.

When confirming a hotel booking, always double-check that the facilities which you require will be available.

MEDICAL FACILITIES

Please remember to take with you any medical supplies that you may need during your journey. Medicines and drugs may be imported only for your own use. Narcotic medicines may be imported only for your own use for a period of up to five days. A medical certificate conforming your requirement for narcotics must always be shown on request.

CAMPING

The listings in this guide show camping sites which have facilities for the handicapped in addition to special toilets (RWC). Some 150 sites have simply an RWC.

Sites suitable for those suffering from allergies must have chalets meeting the normal requirements, and in common rooms and allergy-safe areas, smoking and non-smoking areas must be provided.

Access and allergy-free facilities vary from site to site, so it is important to contact any site which you may plan to visit to make sure that it meets your particular needs.

YOUTH HOSTELS

See the Swedish Touring Club (STF) guide to youth hostels (tel. 08/790 31 00), or ring individual hostels for detailed information.

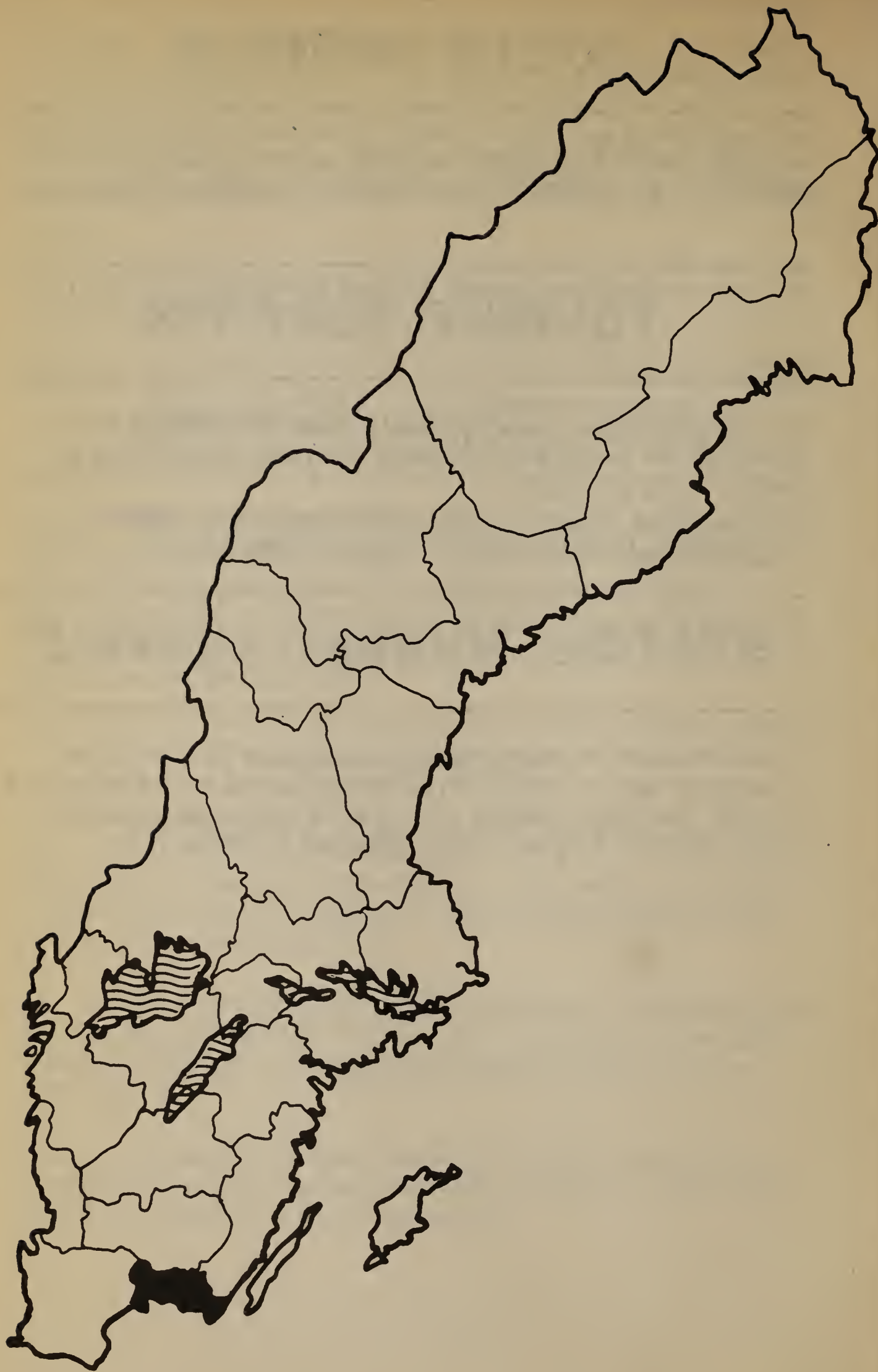
TOURIST ESCORTS

Tourist guides and escorts trained to deal with any type of handicap are available in Ronneby. Ring the Tourist Office on 0457/176 50 or 186 50.

Tourist guides for the visually handicapped are available in Kopparberg. Ring the Tourist Office on 0580/104 39.

STATOIL TOURIST SERVICE

You can obtain tourist information at all Statoil filling stations throughout the country, even when the normal tourist offices are closed. The Statoil stations stay open till 9pm at the earliest; many are open longer or even stay open round the clock.



BLEKINGE

Karlshamn

Sights:

Asarum Homestead Museum,
open Sundays.

Eriksberg Nature Conservation
Area. Can be visited only by
coach. Animals from many
parts of the world, including
Europe's only mufflon sheep.

AKO -- guided tours of one of
Europe's most modern food-
processing plants.

Emigrants' Monument.

Activities:

Vägga indoor swimming pool,
with lift. RWC

Svängsta, fishing in the
Abborsjön lake, with special
jetty. RWC

RWC:

Domus Restaurants
AB Ny Flaggbaren
Scandic Restaurant

Karlshamn Tourist Office
tel: 0454/165 95, 812 03

Karlskrona

Sights:

Try Karlskrona's gastronomic
speciality, "Rågskorpan" (a rye
crisp roll) at Nya Hembageriet
bakery or Lennarts Konditori.

Blekinge Museum, with
displays about the life and
history of the area, with its
stonemasons and ship-
builders. Coffee served during
the summer in the cellar vaults
or in the beautiful baroque
garden. RWC

Outside the old wooden-built
Admiralty Church you'll meet
the famous figure of Rosen-
bom. It was under Rosenbom's
hat that Nils Holgersson hid
from Karl XI in Selma Lagerlöf's
famous story.

Boat trips through the
archipelago are operated
throughout the summer, with
departure from Fisktorget.

Activities:

Swimming pools with ramp at:
Skönstavik RWC
Dragsö RWC
Hägnan RWC

Fishing at:
Saltö fishing harbour.
Verkö quay, sea trout in
springtime. Lindwallska lake
near Kättilsmåla, game fishing
only. Ramp and special jetty
provided.

RWC:

Åhlens Albatross
Domus
Concert Hall
Bus station, Kungsgatan

Karlskrona Tourist Office
(by Stortorget) RWC
tel: 0455/834 90

Olofström

Activities:

Haraldsjömåla game-fishing area, where you can buy a licence which entitles you to fish in 21 lakes. Lake Södra Bäcksjön has jetties with rails and fishing huts. Char, sea trout and rainbow trout. RWC

RWC:

Halen leisure area
Gatax tourist area

Olofström Tourist Office
tel: 0454/930 00

Ronneby

Sights:

Blekinge Natural History Museum, with displays on the area's unique flora and fauna.

Blekinge Aquarium, Sweden's largest fresh-water aquarium.

Ronneby Brunn, a former spa set in parkland with lakes, a scented garden and a Japanese garden.

Holy Cross Church built in the 12th century, still with signs of the "Ronneby Bloodbath" of 1564. RWC

The "Blekinge Chalet" at Silverforsen. The poet Dan Andersson's "Island of Supreme Happiness" lies just below the chalet.

Specially-trained guides for the physically or visually handicapped are available in Ronneby. Inquire at the Tourist Office for information.

Ronneby Tourist Office RWC
tel: 0457/176 50, 186 50

Sölvesborg

Sights:

Sölvesborg Museum is devoted to the archaeology and cultural history of the area from the Stone Age onwards. RWC

Sölvesborg Park, an outdoor area for the whole family with fairy-tale land and children's zoo. Open May to August:

Activities:

Valjeviken, NHR's new activity centre for the handicapped. Recreational and rehabilitation facilities, also courses and conferences for individuals or groups. Personal service round the clock. Beautiful setting with sea and pinewoods, ideal for open-air activities. Boat trips in the neighbouring archipelago or bus trips to see some of the area's castles and manor-houses. Daily programme of sporting activities and entertainment.

Tel. 0456/151 15.

Blekingeporten Tourist Office
(on the E66 road) RWC
tel: 0456/136 00, 100 88

Accommodation:

Hotels:

Karlshamn, Hotel Karlshamn 0454-890 00	Handicapped lift, handicapped- adapted service areas			
Karlshamn, Scandic Hotel 0454-166 60	HR 1	S	H	X
Karlskrona, Hotel Carlskrona 0455-196 30	HR4	S		X
Karlskrona, Hotell Angöringen 0455-246 00	HR 4	S		
Karlskrona, Stadshotellet 0455-192 50	HR 1	S		X (no assistance available to get to room)
Ronneby, Ronneby Brunn 0457-127 50	HR 5	S	H	A 1
Sölvesborg, Hanöhus 0456-525 10	HR 2	S		
Sölvesborg, NHR Valjeviken 0456-151 15	HR 24 HR 12 simpler standard			

Chalet villages:

Karlskrona Stensjö 0455-923 10	TR 5 chalets	X
-----------------------------------	--------------	---

Camping:

Asarum, Långsjönäs 0454-206 91	A1 chalet
Bräkne-Hoby, Järnavik 0454-321 66	chalet, shower, asphalted path

Fågelmara, Kristianopel 0455-661 30	chalet, shower, asphalted path
Hällevik, Hällevik 0456-527 14	shower
Karlshamn, Kollevik 0454-206 91	large toilet with shower, asphalted path
Karlskrona, Dragsö 0455-153 54	asphalted path
Karlskrona, Skönstavig 0455-237 00	asphalted path
Olofström, Harasjömåla 0454-470 50	chalet, asphalted path
Olofström, Halen 0454-402 30	asphalted path
Sölvesborg, Tredenberg 0456-121 16	shower
Sturkö, Sturkö bad 0455-424 32	shower





BOHUSLÄN

Härryda

Sights:

Ågården arts and crafts centre.

Sightseeing at Hindås Hotel for visually handicapped.

Activities:

Fishing from the jetty in the centre of Mölnlycke in Mosetjärn lake.

RWC:

Hindås library
Landvetter library
Leisure park, Landvetter
Ice rink, Landvetter
Sports centre, Mölnlycke
Sports centre, Landvetter
Sports centre, Rävlanda
(helper required)

Härryda Tourist Bureau
(open May-August)
tel. 0301/445 45

Information Office
tel: 031/98 60 00

Kungälv

Activities:

Swimming at Vadholmen
Södra Aröd in Hakefjorden.
From the car park to the little island of Vadholmen there is a 300-metre-long bridge with seats placed at intervals.
Ramps and railings down to the sea are also fitted. RWC

The Lagunen indoor swimming pool, 10 metres square with water-massage facilities. The water is heated to 34 degrees Celsius. Larger 25-yard pool also available with water heated to 26-27 degrees. Outdoor pool is 50 metres with water temperature of 24-25 degrees. Open in summer 9am to 7.30pm. RWC

Activity centre at Fontin.
Curling for the visually handicapped available on an outdoor rink. The path round the lake is accessible for wheelchairs. RWC

Fishing at Svartedalen in Lake Klarvattnet. Fishing licence is available from a slot machine at 50 Skr for 24 hours.

Kungälv Tourist Office
tel: 0303/120 35
(June-August)

Lysekil

Sights:

Vikarvet Museum, with displays on the history of the area. Famous for its collection of model boats.

Lysekil church

Bohuslän's only salt-water aquarium at the Kristineberg marine-biological station.

The Old Town, the oldest part of Lysekil with delightful wooden buildings.

Activities:

Fishing from the jetty at Bökevik, Fiskebäckskil.

Guided boat trips through the archipelago on M/S Gullmarsfjord. RWC

Indoor pool at Gullmarsborg sports centre. RWC

Lysekil Riding Club (bookings tel: 0523/133 30). RWC

Lysekil Pony Club (bookings tel: 0523/143 80). RWC

Outdoor swimming pools, Pinnevik and Fiskebäcksvik, with ramps. RWC

RWC:

Public library, Lysekil
Public library, Brastad
Folkets Hus, Lysekil
Telebutiken, Lysekil
Havsbads Restaurant, Lysekil
Gullmarsstrand, Fiskebäckskil

Lysekil Tourist Office RWC
tel: 0523/130 50

Marstrand

RWC:

Available at the quay near the ferry.

Marstrand Tourist Office
tel: 0303/600 87

Öckerö

Sights:

Fishing museum, with ramp.

Öckerö Tourist Office
tel: 031/96 50 80
(June-August)

Smögen

Sights:

Boat cruises from Norra Kajen in Hunnebostrand to the Restaurant Magasinet. RWC
Visit a fish-smoking plant or the Hållö fish factory.

Walks along the Smögen quayside.

**Stenungsund/
Tjörn/Orust
(the "Best Coast")**

Sights:

A good centre for touring the beautiful West Coast archipelago with the islands of Orust, Tjörn and Stenungsund. Passenger and car ferries available to many of the outlying islands.

Jordhammar Ödsmål handicrafts centre
(tel: 0303/739 37).

Activities:

Sundahallen swimming pool and sports centre,
Stenungsund RWC
(tel: 0303/830 00).

Sightseeing or fishing trips by boat for physically and visually handicapped, Skärhamn and Tjörn.

Stenungsund Riding Club
(tel: 0303/739 37). RWC

Orust Riding Club
(tel: 0304/303 52).

Swimming:
Ellös pool, Orust
Svanesund pool, Orust
Stenungsön pool,
Stenungsund
Hällungen, Stenungsund
Skärhamn pool, Tjörn
Almön pool, Tjörn

RWC:
Public library, Henån
Public library, Skärhamn
Public library, Stenungsund
Shopping centre,
Stenungstorg

"Best Coast" Tourist Office
Torget, Skärhamn RWC
tel: 0304/710 40

Stenungsund Tourist Office
tel: 0303/833 27 RWC
(May-September)

Skärhamn Tourist Office RWC
tel: 0304/711 00

Henån Tourist Office RWC
tel: 0304/311 40
(June-August)

Spekeröd Tourist Office RWC
tel: 0303/779 66
(June-August)

Tjörnbron Tourist Office RWC
tel: 0304/674 04
(June-August)

Strömstad

RWC:
Selsäter beach
Laholmen Restaurant
Public library
Biograf Cinema
Domus Restaurant
Motell Norby

Tourist Information
0526/143 64

Tanum Strand

Activities:
History trail, taking you back 6,000 years in time to the Villycka rock-carvings. The trail starts and finishes in Tanum Strand. RWC

Fishing trips, boat trips, mini-golf, indoor pool, tennis, aerobics, etc.

Uddevalla

Sights:
Bohuslän Museum depicts the local history, countryside and culture in a new and unusual way. T

Gustafsberg, an 18th century seaside resort with many old buildings and plenty of opportunities for swimming, including a seaweed pool. Ramps.

Vandringshemmet shellbanks,
with hundreds of different
varieties of invertebrate marine
life. Hilly terrain. RWC

Uddevalla Art Gallery RWC

Uddevalla Theatre, RWC, T
Östrabro

Bleket Church RWC, T

Bäve Church RWC, T

Dalaberg Church RWC, T

Sommarhem Church RWC, T

Uddevalla Church RWC, T

Activities:

Walkesborg indoor swimming
pool. RWC

Fishing at Pölevattnet, located
at Herrestadsfjället, north of
Uddevalla (tel: 0522/117 87).

Swimming in the bay near
Byfjorden. Ramps. RWC

Agneberg sports centre,
information on 0522/178 76 or
302 10.

Uddevalla Riding Club has
facilities for the physically
handicapped; no special
formalities required.

Telephone first (not evenings
please) to make a booking on
0522/377 21.

RWC:
Public library

Uddevalla Tourist Office
tel: 0522/117 87

Grohed Tourist Information
Office RWC
tel: 0522/842 57
(10 June to 20 August)

Accommodation:

Hotels:

Bohus Malmöns Kursgård 0523-352 10	TR 15	S		A 5
			(separate part of dining-room)	

Dingle, Värdshuset Kung Rane 0524-403 40		S	H	
--	--	---	---	--

Ellös Sjögården, Seamen's church recreation and training centre 0304-510 30	HR 4	S		A 5
--	------	---	--	-----

Fiskebäckskil, Hotell Gullmarsstrand 0523-222 33	HR 3 TR 24	S	H	A 10
--	---------------	---	---	------

Grebbestad, Tanum Strand 0525-190 00	HR 10			A17
---	-------	--	--	-----

Härryda, Hotell Hindås 0301-110 50	HR 1			
---------------------------------------	------	--	--	--

Härryda, Hindåsgården 0301-105 30	HR 1			
--------------------------------------	------	--	--	--

Henån, Hotell Henån 0304-304 28		S		
------------------------------------	--	---	--	--

Kungälv, Kungälv's youth hostel 0303-189 00				A
	RWC, adapted kitchen			

Kungälv, Lökebergs Pensionat 0303-271 90	TR 40			A5 (dining-room)
---	-------	--	--	---------------------

Kungshamn, STF's youth hostel Hovenästet 0523-374 63	RWC			
--	-----	--	--	--

Ljungkile, Margareta hemmet 0303-740 15		S		
Ljungkile, Särila Hotell & Pensionat 0522-204 31	TR	S		RWC shower in corridor
Lysekil, Rågårdsviks Pensionat 0523-210 19, 216 58	HR		A 3	(separate part of dining-room)
Marstrand, Hotell Strandgården 0303-614 14	HR 2			(RWC in corridor)
Munkedal, Åstorps Herrgård 0524-114 30, 120 00	HR 2	S		
Munkedal, Motell Traden AB 0524-232 10	HR 1		A 6	(separate part of dining-room)
Munkedal, Lindéns Pensionat 0524-102 00	TR 1	S	H	A (RWC, shower in corridor)
Stenungsund, Hotell Stenungsbaden 0303-831 00	TR 4	S		
Strömstad, Hotell Laholmen 0526-124 00	TR 4			
Sydkoster Ekenäs skärgårdshotell 0526-202 50	HR 1	S		(special entrance to dining-room)
Uddevalla, Hotell Bohusgården 0522-364 20	HR 4	S		A 2
Uddevalla, Hotell Carlia & Gästis 0522-141 40				A 1

Uddevalla, Hotel Riverside	HR 3	A 3
0522-190 00		

Chalet villages:

Grebbestad, Tanumstrand	HR 5 raised and lowered kitchen working area	
0525-190 00	HR 15	A48

Strömstad, Gulfstream Club Kebal	TR 9 chalets
040-19 21 30	

Camping:

Fjällbacka, Fjällbacka Camping	asphalted path
0525-314 90	

Grebbestad, Grebbestad	shower, asphalted path
0525-112 11	

Henån, Skutviken	
0304-393 32	A1 chalet

Kungälv, Rörtången near Lökebergskile	TR 1 chalet (RTC adjoining building)
0303-271 57	

Kungshamn, Johannesvik	
0523-323 87	shower/toilets, other areas

Kungshamn, Solvik	shower
0523-318 70	A15 chalets

Ljungskile, Ljungskile Camping	shower, asphalted path, specially equipped
0522-208 07	A2 chalets, showers/toilets

Lysekil, Sivik	shower, asphalted path
0523-115 28	

Marstrand, Marstrand	shower, kitchen
0303-605 84	

Strömstad, Daftö Camping 0526-260 40	chalet, shower, asphalted path A 2 chalets
---	---

Strömstad, Strömstads Fritidscentrum 0526-122 90	chalet, shower, asphalted path A4 chalets, showers/toilets
--	---

Tanumshede, Västerby gård 0525-200 02	shower, asphalted path
---	------------------------

Uddevalla, Undabaden 0522-863 47	shower, asphalted path sanitet
-------------------------------------	-----------------------------------



DALARNA

Älvdalen

Sights:

Älvdalen church and church storehouse dating from 1285.

Handicraft centre, Ribbholmvägen.

Trängslet power station.

The radium springs, a former spa centre.

Activities:

Ribbholm 50-metre outdoor pool and canoe hire. RWC

Porfyrgården activity centre; fishing available. RWC

RWC:

Älvdalen library

Älvdalen Tourist Office
tel: 0251/802 90, 94

Avesta

Sights:

The old town with its coin museum (two steps). RWC

Erik Larsgården, Brovallen. Coffee, cakes and gift shop. RWC

Näs salmon farm, open daily during the summer. RWC

Craft museum. RWC

Avesta Tourist Office RWC
tel: 0226/850 01

Borlänge

Sights:

Museum of the Future. RWC

Stora Tuna Church. RWC

Craft centre with pottery in the town centre. S

Frostbrunn valley with its natural springs.

Örnässtugan, a beautifully-located historic house. The house is not accessible. S

Torsång Church with its old parish hall. The hall has RWC, but it may be locked at times. Church-boat races at midsummer.

Gammelgården with the Jussi Björling Museum and the birthplace of Johan-Olof Wallin. S

Geological museum with stones and minerals from all over the world. S

Activities:

Canoe hire at Tunåstrand near Stora Tuna church.

RWC:

Romme race-track

Borlänge Tourist Office
tel: 0243/181 25

Falun

Sights:

The old wooden town with its well-preserved buildings.

Dalarna Museum, depicting the history and folklore of Dalarna.

The Lugnet ski-jump.

Dössberget Bjursås, a traditional play performed in Gamla Gården in the second week of July. Suitable for the physically handicapped.

Midsummer celebrations at Svärdsjö, an old homestead which is suitable for the physically handicapped.

The Arvid Backlund homestead at Svärdsjö. RWC

Carl Larsson's portrait collection at Sundborn. Midsummer celebrations here are suitable for the physically handicapped. RWC

The Kristinehallen and Stadsteatern theatre have special events during the Folk Music Festival in mid-July. RWC

Activities:

Liljan manor-house, sport and leisure activities, including swimming, fishing, canoeing, basket-ball. Accommodation available.

Lugnet sports centre and swimming pool.
Lift to the pool. RWC

RWC:

Public library
Town hall
Domus
Åhléns

Falun Tourist Office
tel: 023/836 37

Gagnef-Floda

Sights:

Gagnef Church. RWC

Floating bridges in Gagnef and Dala-Floda.

Mountain chalets (tourist offices can give information on which ones are open).

RWC:

Gagnef Gästgivaregård
Public library, Djursås
Public library, Mockfjärd

Gagnef-Floda Tourist Office
tel: 0241/151 50, 52 RWC

Hedemora

Sights:

Garpenberg Church with its preserved decorations RWC, T

Hedemora Church T

The Polhem Museum at Stjärnsund, which describes the work of the noted Swedish inventor.

Vikmanshyttan Ironworks Church, a fairly modern building modelled on a typical old foundry.

S

Activities:

Fishing at Lake Äss-sjön near Stjärnsund (for information ring 0225/650 64).

Fishing for rainbow trout in Kartjärn, Vikmanshyttan.

Special jetty for the handicapped.

Tel: 0225/307 67 or 301 15.

Vasahallen, swimming pool and sports centre with bowling, shooting etc.

RWC:

Pensionärsgård Strandgård, Hedbygatan 1

Badelunda ice rink

Checkers

Värdshuset Granen

S:t Paulusgården

HCK, Hökartorget 1

Sparbanken, Åsgatan 70

Handelsbanken, Åsgatan 49

Vasa Church, Landsgatan 25

Vasagården

Försäkringskassan,

Gussarvgatan 3

Domus department store,

Åsgatan 62

DHR Gussarvsgården,

Vintervägen 2

Public toilet, Hökartorget

Assistance for the handicapped is available at the Tourist Office or by telephone on 0225/343 48.

Hedemora Tourist Office
tel: 0225/101 00, 343 48

Idre

Activities:

Idre Fjäll, ski-cart training; ski-carts available for hire.

Grövelfjäll, dog-sledge expeditions.

Idre Tourist Office
tel: 0253/207 10

Leksand

Sights:

Fresh-water aquarium, 3 km north of Leksand.

Cruises on Lake Siljan on the vintage M/S Gustaf Wasa. RWC

Activities:

Weaving and dyeing courses at Hotel Klockargården, Tällberg.

Sommarland theme park; paved paths. RWC

Knotgården rehabilitation centre; sailing, ramp for swimming. RWC

RWC:

Near kiosk on main square
Kulturhuset

Leksands Sparbank, Leksand
Rastplats Yttermo, Leksand
Solhem Service House, Insjö
Leksands Sparbank, Insjö
OK, Leksand

S:t Persgården
 Pastorsexpeditionen
 Branch library, Siljansnäs
 Björkbacken Service House
 Siljansnäs Church
 Pastorsexpeditionen,
 Siljansnäs
 Parish hall, Siljansnäs
 Åls Church
 Duvan Restaurant, Gräv
 Branch library, Djura Skola
 Hjortnäs Bystuga
 Sättra Bystuga, Insjön
 Västannor Bystuga
 Laknäs Bystuga
 Edshult Service House
 OK, Insjö

Handicapped guide
tel: 0247/800 00

Leksand Tourist Office
tel: 0247/803 00
(teletext: 100 11)

Ludvika

Sights:
 Hammarbacken mining
 museum.

Ludvika homestead and
 mining museum. RWC

Abborberg, old country store.

Ludvika Hammarbacken, a
 fresh-water aquarium.

Ludvika Church, Säfsbyn. A
 cruciform-style church typical
 of the area.

Grangärde Church, with
 information available on
 cassette. RWC

Viewpoints at Halvars and
 Lekomberga.

Activities:
 Fishing and canoe-hire at
 Säfsen Tourist Centre (tel:
 0591/206 50). S

Fishing in the Grangärde area.
 For further information contact
 the Tourist Office.

Tandem bicycles for hire at
 Ludvika Taxi office
 (tel: 0240/139 00).

RWC:
 GDG-Bar near the railway
 station
 Sports centre cafeteria
 Grand Hotel
 Star Hotel Elektra, Eriksgatan 6
 Sinus Restaurant,
 Lyrviksvägen
 Hospital Cafeteria

Handicapped guide
tel: 0240/863 81

Ludvika Tourist Office RWC
tel: 0240/860 50, 51

Malung

Activities:
 Riding RWC
 (tel: 0280/136 90)

RWC:
 Byråsgården
 Central public toilets

Försäkringskassan
Municipal offices
Mission Church
Torgås Kiosk, Lima
Sörnäs Pensionat, Lima
Öje Service House

Malung Tourist Office
tel: 0280/118 11, 123 00

Mora

Sights:

Nils Olssons Hemsköjd at
Nusnäs is the home of the
traditional Dalarna horse.
You can see them being
carved and buy one to take
home. RWC, S

Santaworld, home of Santa
Claus, at Gesundaberget. RWC

Zorn Museum. RWC

Forestry Museum,
Siljansfors. RWC

Activities:

Boat trip on Lake Siljan on M/S
Gustaf Wasa, between Mora,
Rättvik and Leksand
(tel: 0247/116 09). RWC

Trout-fishing, Gesunda
(tel: 0250/211 01).

RWC:

Gesunda Inn
Mora Klockan Restaurant
Swimming pool

Mora Tourist Office RWC
tel: 0250/265 50

Orsa

Sights:

Grönklitt bear park, Europe's
largest. See the bears in their
natural surroundings. RWC

Summer pasture area with
magnificent views at Fryksås.
Working farmsteads in
Skräddar-Djurberga and
Lindorna.

Orsa Church.

Orsa cultural and exhibition
centre. RWC

Grinding-stone manufacture in
Mässbacken.

Activities:
Game-fishing at Grönklitt. RWC

Orsa Tourist Office
tel: 0250/521 63, 64
(ramp can be arranged through
the Tourist Office)

Rättvik

Sights:

Rättvik Culture House
(Kulturhus). RWC

Local museum which gives a
good insight into the history of
the area and its people.

Handicraft centre. RWC

The impressive Rättvik Church
and its surrounding buildings.
Church-boat races every
Sunday, weather permitting.

Activities:

Good fishing in several places. Contact the Tourist Office for information.

Rättvik Tourist Office RWC
tel: 0248/109 10, 701 81

Särna**Sights:**

Mickeltemplet viewing tower. For information phone 0523/105 63. RWC

Njupesjär, Sweden's highest waterfall. Exhibition centre with cafeteria. Waterfall is not accessible by wheelchair. RWC

Fjätfallen, waterfall with salmon ladder.

Activities:

Fishing in the Fuluälven River west of Särna. RTC

RWC:

Värdshuset Koppar'n

Särna Tourist Office RWC
tel: 0253/102 05

Säter**Sights:**

Säter Car and Motor-Cycle Museum, a unique museum with an old grocery shop. RWC

Säterdalen, delightful park with farm buildings and theatre. Midsummer festivities, with "farm evenings" during the summer. RWC

Åsgårdarna, 23 houses in the old craftsmen's area of Säter. Midsummer festivities. RWC

Berga Stora Skedvi, with craft displays including wool-spinning and dyeing and a shop. Open daily.

"Mini-Circus"; Bodil Granberg displays the skills of small animals. Weekly during the summer.

Ö. Silvberg, ancient 14th century burial ground.

Säter Tourist Office
tel: 0225/551 90

Smedjebacken**Sights:**

Locomotive sheds: information centre for the Bergslagen "Ekomuseum". Exhibition on the Wessman-Barken railway and displays of the works of the artist Johan Ahlbäck.

Picnic site on route 65 by the lakeside Norra Barken "Ekomuseum". Tourist information and exhibits on nature conservation in the Kopparberg region. Scenic area suitable for physically handicapped. RWC

Activities:

Fishing in the Malingsbo-Kloten area. Several jetties for spinning.

RWC:

Folkets Hus
Harbour
Kommunalhuset

Smedjebacken Tourist Office

tel: 0240/601 45 RWC

Tällberg**Activities:**

Craft courses at Klockagården
Hotel.

Famous midsummer
celebrations.

Vansbro**Sights:**

The Sawmill Museum in the
Town Hall. RWC

RWC:

Flottaren Inn

Vansbro Tourist Office

tel: 0281/110 45

(June-August)



Accommodation:

Hotels:

Älvdalen, Nya Hotell Älvdalen 0251-110 70	HR 2			
Avesta, Nya Star Hotell 0226-560 00	HR 1	S	H	
Borlänge, Hotell Brage 0243-241 50	HR 1			A 2
Borlänge, Galaxen 0243-800 10	HR 2	S		A 4
Borlänge, Scandic Hotell 0243-281 20	HR 1	S		
Borlänge, Hotel Gustaf Vasa 0243-810 00	HR 1	S		A 1
Borlänge, youth hostel Tjärna Ängar 0243-276 15		S		
Falun, Grand Hotel 023-187 00	HR 4	S		
Falun, Scandic Hotel 023-221 60	HR 1 TR 2			
Falun, Hotell Bergmästaren 023-636 00	HR 2	S		A 4
Falun, Liljans Herrgård 023-310 01, 135 10	HR 17 beds			
Furudal, Hotell Oreborg 0258-106 00	HR 2 TR 20	S	H	
Hedemora, Stadshotellet 0225-122 60	HR 2	S		A 1

Idre, Stiftelsen Idre Fjäll 0253-203 50	HR 3 (no assistance available to get to room)	S	A (separate part of dining-room)	
Långshyttan, Brukshotellet 0225-600 54		S		
Leksand, STF's youth hostel 0247-101 86			H A 20	
Leksand, Knotgårdens Rehabcenter 0247-603 76	HR 15 beds			
Ludvika, Grand Hotel 0240-182 20	TR 3	S	H	
Ludvika, Grangårde Turisthotell 0240-406 82	HR 3 (2 flights of stairs)			
Ludvika, Saxenborg Grangärde 0240-400 11	HR 2			
Mora, Gesunda Hotell 0250-210 50	HR 2			
Mora, Ljustret 0250-265 00	HR 3 TR 51	S	A 6 (separate part of dining-room)	
Mora, Hotell Siljan 0250-130 00	TR 10	S		
Mora, Scandic Hotel 0250-150 70	HR 1	S		
Orsa, Fryksås Hotel 0250-460 20		S		X
Orsa, Kungshaga Vårdshus 0250-442 60		S		X

Orsa, Stackmorahöjdens vårdshusd 0250-411 51		S		X
Orsa, Orsa Hotell 0250-409 40	TR	S		X
Rättvik, Scandic Active Hotel 0248-111 50	HR 1			
Rättvik (Lerdal), Hotel Lustigsgården 0248-100 39	HR 12	S		
Rättvik, Gärdebygården 0248-129 75	TR 6 (RWC, shower in corridor)			
Rättvik, youth hostel 0248-105 66	HR 4 (RWC, shower in corridor)			
Sälen, Tandådalsens Fjällhotell 0280-331 30	HR 10 (apartments) HR 12			
Sälen, Nya Högfjällshotellet 0280-211 00	HR 11 TR 370	S		A 2
Sälen, Nya Hotell Tangen 0280-211 50	HR 4	S		
Säter, Gästgiveriet Myntmästaren 0225-535 10	HR 1			A 2
Smedjebacken, Hotell Smedjebacken 0240-711 80	HR 1	S		
Smedjebacken, youth hostel 0240-766 45	HR, apartments			
Söderbärke, Tolfsbo Vårdshus 0240-502 00	TR 4	S	H	

Svärdsjö, Dalagårdens Turistgård 0246-610 10	HR2	S	A 12 (separate part of dining-room)
--	-----	---	---

Tällberg, Green Hotel 0247-502 50		S (no assistance available to get to room)	
--------------------------------------	--	--	--

Tällberg, Hotell Klockargården 0247-502 60	TR 6	S (help with shower)	
--	------	-------------------------	--

Tällberg, Långbers 0247-502 90		S	H
-----------------------------------	--	---	---

Vansbro, Värdshuset Flottaren 0281-111 30	HR 1 TR 10	S	A 2
---	---------------	---	-----

Chalet villages:

Fredriksberg, Säfsens Turistanläggning 0591-206 50	HR5		
--	-----	--	--

Idre, Idre Fjäll 0253-203 50	HR 6 TR 15		
---------------------------------	---------------	--	--

Leksand, Leksandsbyn 0247-803 00	HR 5		A 2
-------------------------------------	------	--	-----

Orsa, Orsa Semesterby 0250-521 63	HR 5		
--------------------------------------	------	--	--

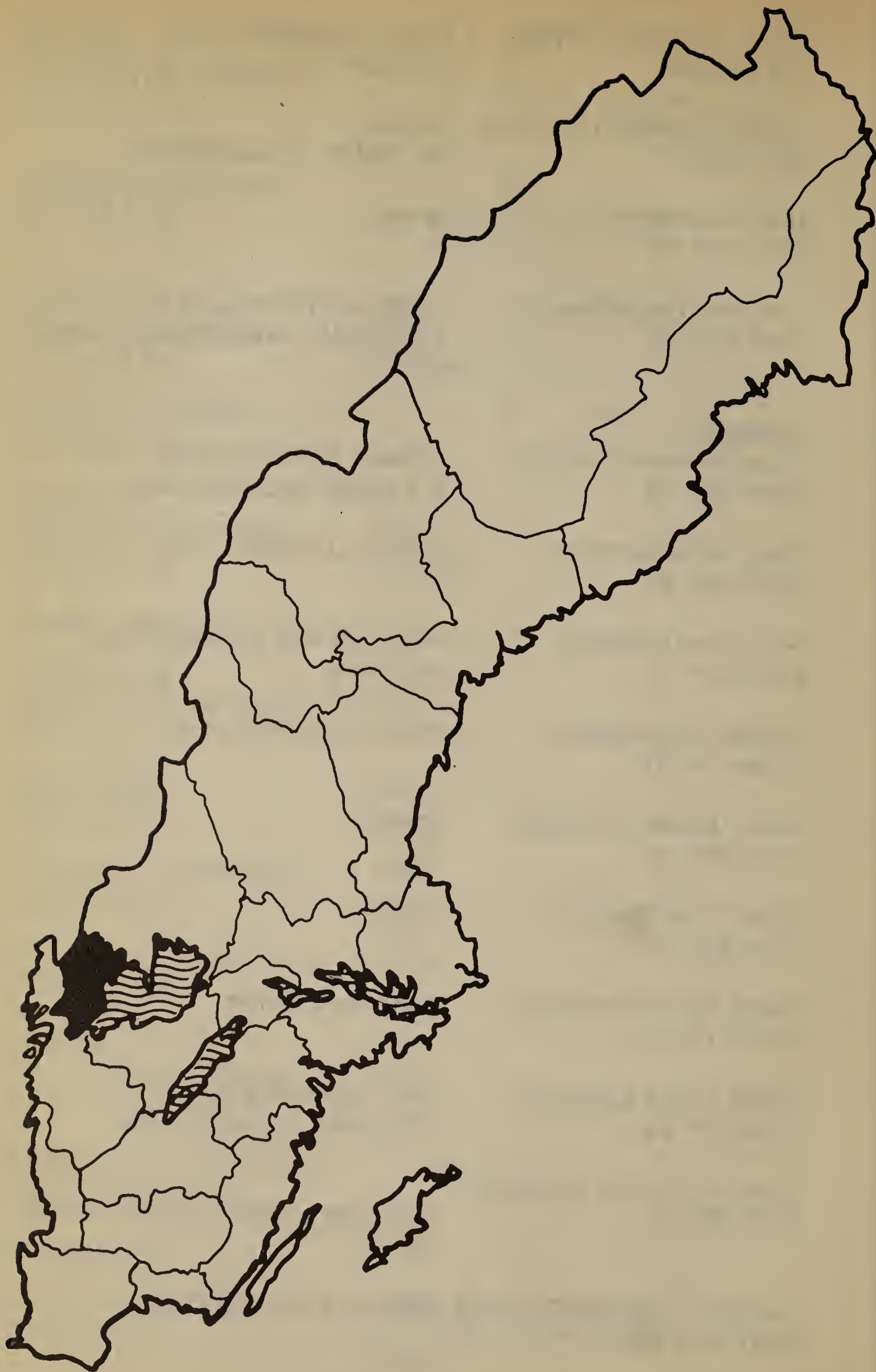
Rättvik, Domarbackens Stugby 0248-109 10	HR 4		
--	------	--	--

Siljansnäs, Siljansnäsbyn 0247-803 00			A 1
--	--	--	-----

Camping:

Borlänge, Mellsta Camping 0243-382 55	chalet, shower, asphalted path A9 chalets, shower/toilets, other areas		
--	--	--	--

Falun, Lugnets Camping 023-835 63	shower, asphalted path A3 chalets
Gagnef, Sifferbos Camping 0243-303 41	shower A4 chalets, shower/toilets
Idre, Nord-Alpin 0253-206 00	shower
Leksand, Orsandsbaden 0247-803 13	chalet, asphalted path, hilly A2 chalets, showers/toilets, other areas
Malingsbo, Stora Bäckens Camping 0240-350 98	shower, asphalted path A 1 chalet, showers/toilets
Mora, Mora Camping 0250-265 95	shower, asphalted path
Orsa, Orsa Camping 0250-521 63	HR 5, shower, asphalted path, swimming
Rättvik, Siljansbadet 0248-116 91	chalet, asphalted path
Sälen, Sälens Camping 0280-203 21	shower
Sälen, Granfjällsbyn 0253-500 11	shower
Särna, Särna Camping 0253-108 51	swimming, fishing
Säter, Sätters Camping 0225-509 45	TR 1, asphalted path A5 chalets, showers/toilets
Sollerön, Sollerö Camping 0250-224 34	A3 chalets, showers/toilets, other areas
Vansbro, Vansbro Camping 0281-110 45	shower, asphalted path



DALSLAND

Åmål

Sights:

Railway Society Åmål-Årjäng, Railway Museum and Engine Sheds. Open all year, mon-frid 07.00-16.00. July: "Open House" with guided tours 14.00-18.00.

One of the country's best preserved 18th century environments in the middle of the town. Houses surround Plantaget, a green park. Nearby is Åmål Old Church from 1669. Town walks are arranged during the summer. RWC found at Marinan.

Forsbacka Manor House, culturalhistoric setting, golf course, restaurant and accommodatio

Edsleskog Manor House, culturalhistoric setting.

Snarhögs Farmhouse, an old Dalsland wealthy farmer's house from th 18th century

Årbol School Museum with school material from the 18th century to present

Fröskogs kyrka from 1730

Nygård Church RWC

Mo Church RWC

Activities:

Hanebol Sport and Recreation Centre RWC
hiking and rambling trails, swimming, canoeing, fishing, downhill skiing and cross country skiing.

RWC:

Biblioteket och Konsthallen, Kungs 20
Konferenscentrum, Plantaget, S. Åsg 11
Hydro Bensin, Motorhotellet, Strömstadsv
ICA Lejonet Stormarknad, Mellanbrog 8
Församlingshemmet, Karlstadsg 4
Simhallen, Vikenborgsplan
Mossängens idrottsplats
Ishallen, Vikenborgsplan
Värdshuset Edslan, Edsleskog
Polisen, S Åg 17
DHR, Malmg 11
Kommunkontoret, Stadshuset, Hjelteg

Åmåls Tourist Office RWC
tel: 0532-170 98
(June-August)

Bengtsfors Area

Sights:

Baldersnäs Manor House, RWC
Dals Långed. Beautifully situated on a promontory on Lake Laxsjön. Famous for its beautiful park. Restaurant, cafeteria, nature exhibition, arts and crafts. Demonstration

and sale of handicrafts.
Exhibition. Various activities all
summer

Gammelgården's Homestead
Museum, Majberget. Youth
hostel and coffee-shop. The
best preserved industrial
community environment in the
province

Manor House Park with open-
air theatre in Billingsfors

Ödshult Church from 1729.
Sweden's oldestly church bell,
probably from 12th century,
found in the bell tower

Activities:

Passenger boats on Dalslands
Canal and the lakes north of
Bengtsfors

Dal Västra Värmlands Järnväg -
DVVJ - cycle trolley riding and
rail-busses in the summertime

RWC:

Connys
Bilbolaget
Servicehuset
ICA
Parish House, Bengtsfors
Mission Chapel, Bengtsfors
Pentecostal Church,
Bengtsfors
Public Toilets besides the Post
Office, Billingsfors
Service Apartments,
Solbackenhemmet,
Billingsfors
Bäckagården, Torget,
Bäckefors
Sport Centre, Bäckefors

Bengtsfors Tourist Office
tel: 0531-161 05 RWC
(June-August)

Dals Ed

Sights:

Gäserudsstugan (Gäserud's
Cottage) from end of 17th
century and beginning of 19th
century. Homestead Museum

Stora Lee, the province's
deepest, longest and wildest
lake

Gesäter Church from 18th
century. A very remarkable
mediaeval wooden sculpture
from 13th century, the so-
called gesäter madonna, found
in the church.

Activities:

Onsön, café, downhill skiing,
cross-country skiing

RWC:

Kommunhuset, Storg 27
Bostadsstiftelsen Edshus,
Storg 29
Public library, Torget
Hagalids Åldersdomshem,
Delesg 8
Bergslätts Idrottsplats
Tavlans Motionsgård,
Post Office, Faktorsg 1
Edsgärdets Vårdcentral,
Storg 7 A
Vildmarksporten, V:a Eds v 1
Dals Eds Church,
Gamla Edsv 37
Kyrkan gård, Gamla Edsv 50
Mission Chapel, Marebacken 2
Smyrna Church,

Hantverkareg 1
 Pharmacy, Magasinsg 10
 Hotell Carl XII, Storg 41
 Gästehuset Tjuren, Jordbron
 Edsgrillen Kiosk & Gatukök,
 Torget
 Shell Bensinstation, Jordbron
 Ordenhuset, Håbol
 Anebro Bygdegård, Anebro
 Församlingshemmet, Rölanda
 Bästorps Bygdegård, Bästorp
 Församlingshemmet, Töftedal
 Nössemarks Servicehus,
 Strand
 Turist toilets, Strand

Dals Eds Tourist Office
tel: 0534/111 76
(June-August)

Färgelanda

Sights:

Kroppenfjäll, an enormous plateau, slightly more than 6 miles broad and more than 12 miles long. The area has many lakes and a richly varying countryside. Suitable for car-trips

Ödeborg's Fornsal, museum with over 5.000 artefacts

Lerdal's Church from 18th century. A 15th century mediaeval madonna in oak, the so-called Lerdal's madonna, is found in this church

Stenboden (The Stone Boutique), lapidary and silversmith. Mineral exhibition. Stentorp's old village shop

Edgar Hjobergs' Pottery,
 Gatersbyn 463,
 tel: 0528/101 53

RWC:

Solgården, Högsäter
 Syréngården, Färgelanda

Färgelanda Tourist Office
tel: 0528/113 70

Högsäters Tourist Office
tel: 0528/403 29

Mellerud

Sights:

The aquaduct at Håverud and Dalsland Canal

Dalsland Center, Håverud.
 Trade and Industrial exhibition.
 Complete exhibition
 accessible

Håverud's Studio, glass foundry. Production and sales. Open all year.

Skållerud Church from 16th century. RWC in the Parish House

Holm Church	RWC
Järn Church	RWC
Gunnarsnäs Church	RWC
Örs Church	RWC
Grinstads Church	RWC
Bolstads Church	RWC
Erikstads Church	RWC

Ekholm Manor House and Gunnarsnäs Church. The church is from the middle ages.

Dals Rostock Hydro. Nowadays a homestead museum. From the 18th century. Herbal garden

Activities:

Passenger boats on Dalsland Canal.

Trollinge Fishing, Sunnanå harbour

RWC:

Rådahallen, Bergsg 28
Pressbyrån, Österrådaplan
Församlingshemmet, Kapellg 6
ICA, Mellerud
Public library, Kungsg 7

Melleruds Tourist Office
tel: 0530/116 70
(June-August)

Håveruds Tourist Office
tel: 0530/305 80
(June-August)

*Tourist Information Dalsland
Center, Håverud* RWC
tel: 0530/308 80
(May-August)

Vänersborg

Sights:

Eventorp rock-carving. This is one of Dalsland's four famous figure rock-carvings

Sundal-Ryr disused Church. Well-preserved mid-18th century murals in the church

Västra Bodande, village shop, Frändefors

Gårdsmuseet Åkeson's Barn, Brålanda

Grundsvik Shopping Centre, Frändefors RWC

Coffee Shop Granan with view over Dalsbo Lake and Vänern.

Vänersborgs Tourist Office
tel: 0521/715 41
(June-August)

Brålanda Tourist Office
tel: 0521/314 44
(June-August)



Accommodation:

Hotels:

Bengtsfors, Hotell Dalia HR S
0531-116 50

Dals Långed, Kanalvillan
youth hostel/pensionat TR
0531-411 16

Ed, STF's youth hostel HR 1
0534-101 91, 103 97

Fröskog, Fröskogsgården TR 1
0532-231 31

Håverud,
Hotell Herrgården HR 3 S
0530-301 97 TR 3

Mellerud,
Vårdshuset på Dal HR 2 S
0530-130 70

Åmål, STF's youth hostel HR S
0532-102 05, 170 00

Chalet villages:

Bengtsfors,
Furnäs Fritidsby chalet
0531-116 25 showers/toilets

Camping:

Bengtsfors,
Bengtsfors Camping shower, asphalted path
0531-117 97 showers/toilets

Dals-Långed, Laxsjön asphalted path
0531-300 10 A1 chalet, showers/toilets, other
 areas

Ed, Gröne Backe 0534-108 62	asphalted path
Högsäter, Ragnerudssjöns Camping och Stugby 0528-400 64, 403 34	chalet, shower
Mellerud, Vita Sannar 0530-122 60	chalet, shower, asphalted path A2 chalets, showers/toilets
Mellerud/Hålsungebyn, Kerstins Vildmarkscamping 0530-127 15	chalet, shower, asphalted path A 1 chalet, showers/toilets
Sikhall, Sikhalls Kiosk & Camping 0521-372 44	chalet, shower, asphalted path
Vänersborg, Ursand 0521-186 66	chalet, shower, asphalted path
Åmål, Örnäsbadet 0532-106 26	chalet, shower, asphalted path A2 chalet, showers/toilets



GÄSTRIKLAND

Gävle

Sights:

Gävleborg area museum.

Separate entrance for wheelchairs. Information on 026/12 97 05. RWC

Railway museum, with many unique exhibits depicting the history of Sweden's rail network. Information on 026/12 98 80. RWC

Silvanum arboretum. RWC
Information on 026/11 41 00.

Furuviksparken, entertainment for the whole family with a zoo, circus, gardens and amusement park. RWC

Engeltofta park, with summer entertainments, refreshments, barbecue and swimming, 7 km from Gävle. RWC

Activities:

Hemlingby recreation centre, with nature trail and footpaths. Heated outdoor swimming pools, one of which is open throughout the year. RWC, S
Information on 026/11 70 15.

Boulongerskogen, Gävle's public park, with paved paths. Refreshments available during the summer. RWC

RWC:

Domus department store, Nygatan 1

Tempo department store, Drottninggatan 16

Grand Central Hotel, Nygatan 45

Main bus station, Hamntorget

Main railway station

Domus Restaurants, Sättra, Stigslund and Strömsbro

Public library, Sättra

Public library, Valbo

Valbo shopping centre: B&W, OBS and IKEA

Folkets Hus

Restaurant Fontainer, N.

Kungsgatan 7A

Restaurant Skattkammaren, Skomakargatan 1

Restaurant Strandgården

Bönan Söderhjemska

Wårdshuset,

S. Kungsgatan 23

Restaurant Bakgården,

Drottninggatan 6

Restaurant Baligården,

Nygatan 37

Restaurant Bon Appétit, Nygatan 13

Restaurant Briggen Gerda, S. Skeppsbron 13

Café New York, Nygatan 24

Gästgivaregården

Main building, Furuvik Park

Restaurant Hemlingbystugan, Hemlingby

Movitz Wårdshus,

Beckasinvägen 16

Restaurant Valand, N.

Stapetorgsgatan 11

Gävle Tourist Office
tel: 026/10 16 00

RWC

Wij rolling mill, industrial museum with guided tours and cultural events.
Exhibitions of handicrafts.

Hedesunda

Activities:

Swimming at Sandenäsbadet, located in beautiful surroundings. Jetty available.

RWC

Hille

RWC:

Public library, Hillevägen 143

RWC:

Public library, Centrumhuset
Vibacka Service House
Kv. Uret swimming pool

Ockelbo Tourist Office
tel: 0297/402 60
(June-August)

Sandviken

Hofors

Activities:

Beautiful nature trail around the Hammar lake. Undulating path; assistance needed.
Fishing jetty.

RWC:

Public library, Skänktorget
Domus department store
Restaurant Venezia
Scandic Hotel

Hofors Tourist Office
tel: 0290/290 00
(summer: 280 02)

Handicapped information:
0290/275 12

Ockelbo

Sights:

Pålsgården homestead museum, RWC
where special cultural activities are arranged.

Sights:

Högbo Bruk textile museum.
Cafeteria at the old mill and asphalted paths. Special summer activities with musical entertainment, handicraft exhibitions and traditional bread-baking. RWC

Rosenlöv printing museum, Kungsgården. RWC

Gysingebruk museum, showing how the timber logs used to be floated down to the sawmills.
Asphalted paths. RWC

PRO study centre, special log-rafting programme. RWC

Krokiga smithy, car exhibition. RWC

Årsunda Strandbad. RWC
From the restaurant there is a ramp leading down to the harbour, where M/S Emma sails for Stovsjö during the

summer. Accessible for wheelchairs. Information from Sandvikens Segelsällskap on 026/27 08 73.

City park, asphalted paths.

Activities:

Kungsberget activity centre at Järbro. RWC

Parkbadet swimming pool in city park, with slide and bubble pool. RWC

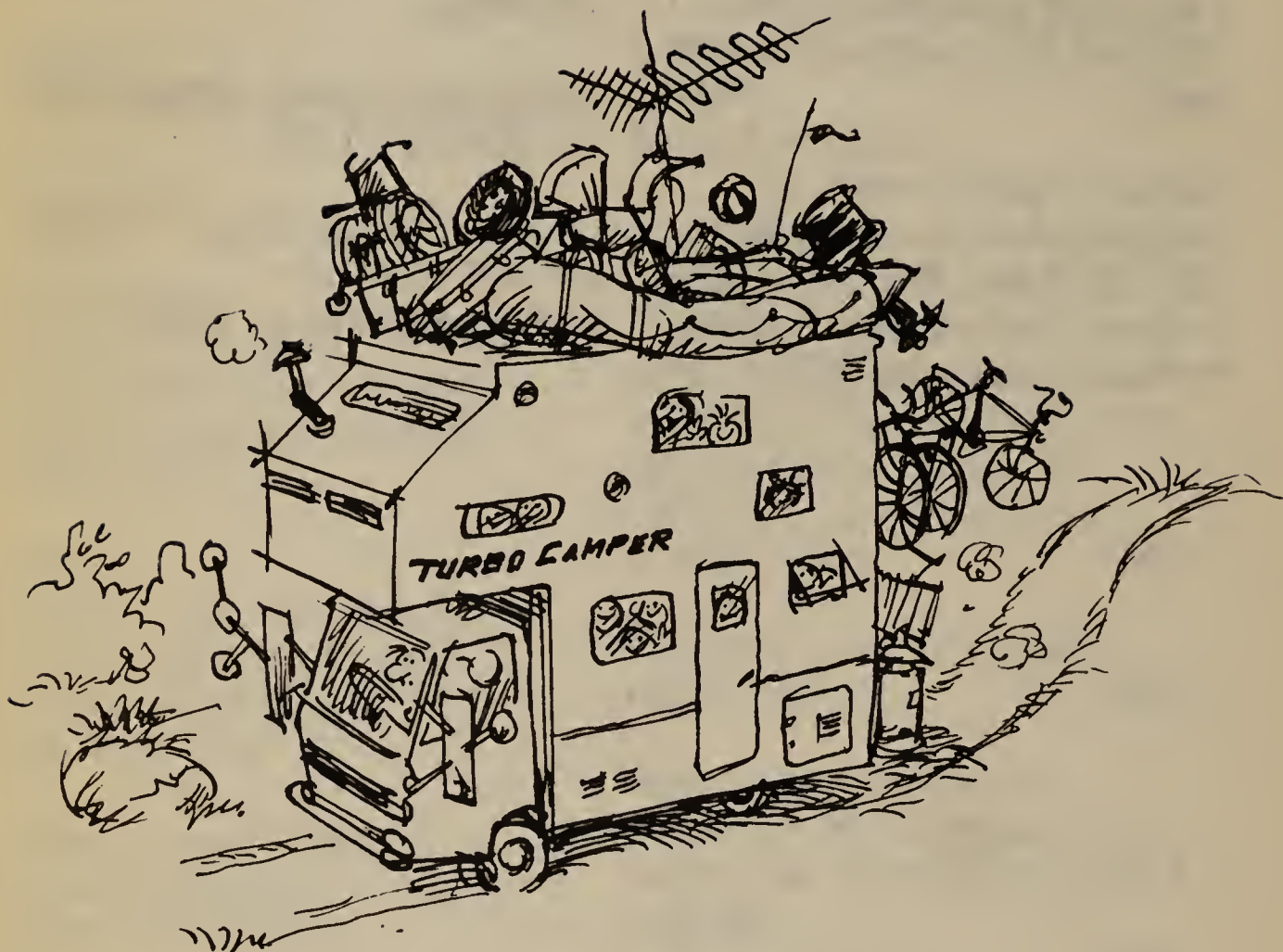
Tandem cycles for hire at Dagcentralen Knuten (tel: 026/25 73 82). For information on good cycling routes please contact the Tourist Office.

RWC:

Folkets Hus
Library/art gallery
Bruket day centre
Björksätra day centre
Domus department store
Tempo department store
EOS Hotel
Hotel Princess
City Hall
OK, Linggatan 30
Jerntorget

Sandviken Tourist Office RWC
tel: 026/24 13 80

Gysinge Tourist Office RWC
tel: 0291/210 00
(handicraft items for sale)



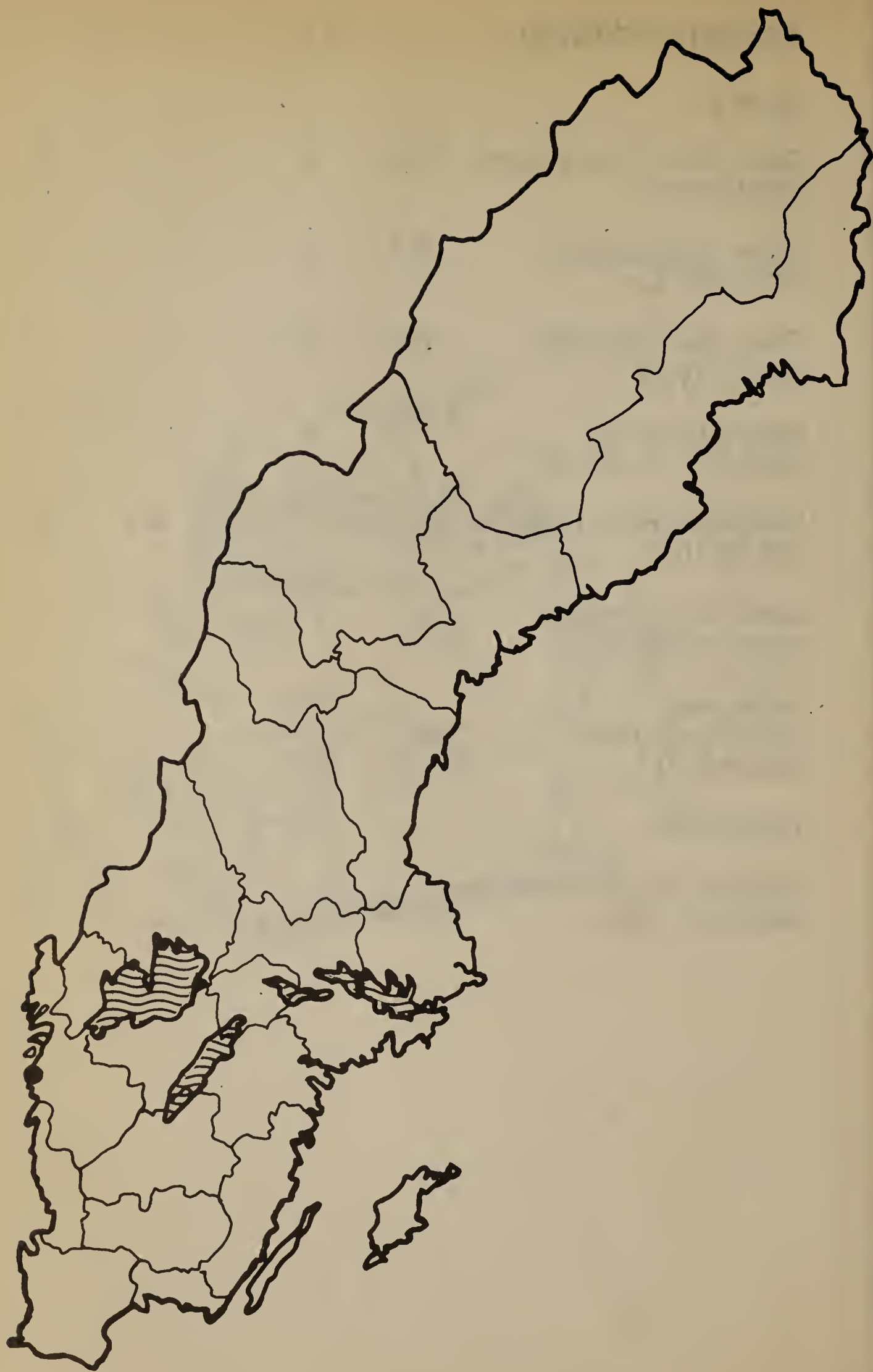
Accommodation:

Hotels:

Gävle, Grand Central Hotel 026-12 90 60	HR 1	S		X
Gävle, Scandic Hotel 026-18 80 60	HR 2	S		
Gävle, Sara Hotel Winn 026-17 70 00	HR 2	S		
Hofors, Hotell Hof 0290-212 22, 200 98		S		
Sandviken, Hotel Princess 026-25 40 50	HR 1		A 1	X
Sandviken, Eos Hotel 026-25 99 00	TR			
Sandviken, youth hostel Högbo 026-452 00	HR 2			

Camping:

Ockelbo, Medskogssjön 0290-600 40	showers/toilets
--------------------------------------	-----------------



GOTHENBURG/MÖLNDAL

Sights:

"Feskekörkan" ("Fish Church"), the city's fish market, built in ecclesiastical style, where you can see the amazing variety of sea-food delicacies brought in by the local fishermen.

East India House. RWC

Natural History Museum, with a special collection of mounted animals for the blind to touch. For the deaf, a number of natural sounds can be heard on tape or disc. RWC

Maritime Museum. RWC

Röhsska Museum, a notable display of Swedish arts and crafts.

Konstmuseet (Art Museum) RWC

Industrial Museum. RWC

Botanical Gardens, with many rare plants. RWC

The famous Liseberg amusement park, a mixture of parkland, restaurants, entertainment and spectacular rides. To enjoy the park and its beautiful gardens to the full, a helper is advised for the physically disabled.

Elfsborg Castle, on an island at the harbour entrance.

Wheelchairs can be taken on the boat which takes you out to the castle. Information and bookings on 031/44 78 08.

The Trädgårdsföreningen park with its historic Palm House which has many tropical plants on display during the summer; also a rosarium.

City library, "peep show" with handicraft displays. RWC, T

Paddan sightseeing boat trips. Passengers must transfer from wheelchairs to seats on the boat because of the low bridges on the route. Information: 031/13 30 00.

There are car ferries to the northern part of the Gothenburg archipelago, all with RWC.

Information: 031/80 12 35.

The southern part of the archipelago is reached with the ferries M/S Skarven and M/S Fröja. RWC
Information: 031/13 21 80.

Denmark is only 3 1/2 hours by sea from Gothenburg and there are no problems with the trip by car ferry.

Activities:

GGSS sailing camp at Grötö.
The camp is held weekly with
accommodation at DHR's
summer guest-house.
Information on 031/87 64 07.

Swimming at Lilla Amundön
outdoor salt-water pool. Lift
into the pool and a buzzer
signal for the visually
handicapped. Information:
031/91 04 67.

RWC:

Centralen Restaurant, main
railway station
Hotel Europa,
Köpmansgatan 38
Hedens Restaurant,
Stensturegatan
McDonald's, Kungsgatan 55
Main library, Götaplatsen
Dalheimershus,
Slottsskogsgatan 12
Sju Skepp, Önnereds brygga
Nordstan shopping centre:
Åhléns and service centre
Liseberg main restaurant,
Örgrytevägen 5
Göstas, Södravägen 32
Henriksbergs Kajutor,
Stigbergsliden 7
Stallgården, Kyrkogatan 3
Tidbloms, Olskrogsgatan 23

Handicapped information for
Gothenburg: 031/42 74 00.

Gothenburg Tourist Office
(Basargatan 10) RWC
tel: 031/10 07 40

Gothenburg Tourist Office
(Nordstadstorget) RWC
tel: 031/15 07 05

Mölnadal**Sights:**

Mölnadal Museum,
special entrance for
wheelchairs. RWC

Åby trotting track, entirely
suitable for handicapped
visitors. RWC

Gunnebo Castle park,
refreshments available
outdoors.

RWC:

Åby swimming pool

Mölnadals Tourist Office
031-27 67 38
(open June-August)

Partille**Sights:**

Jonsered farming area, with
19th century industrial sites.

Partille Church, dating from
13th century.

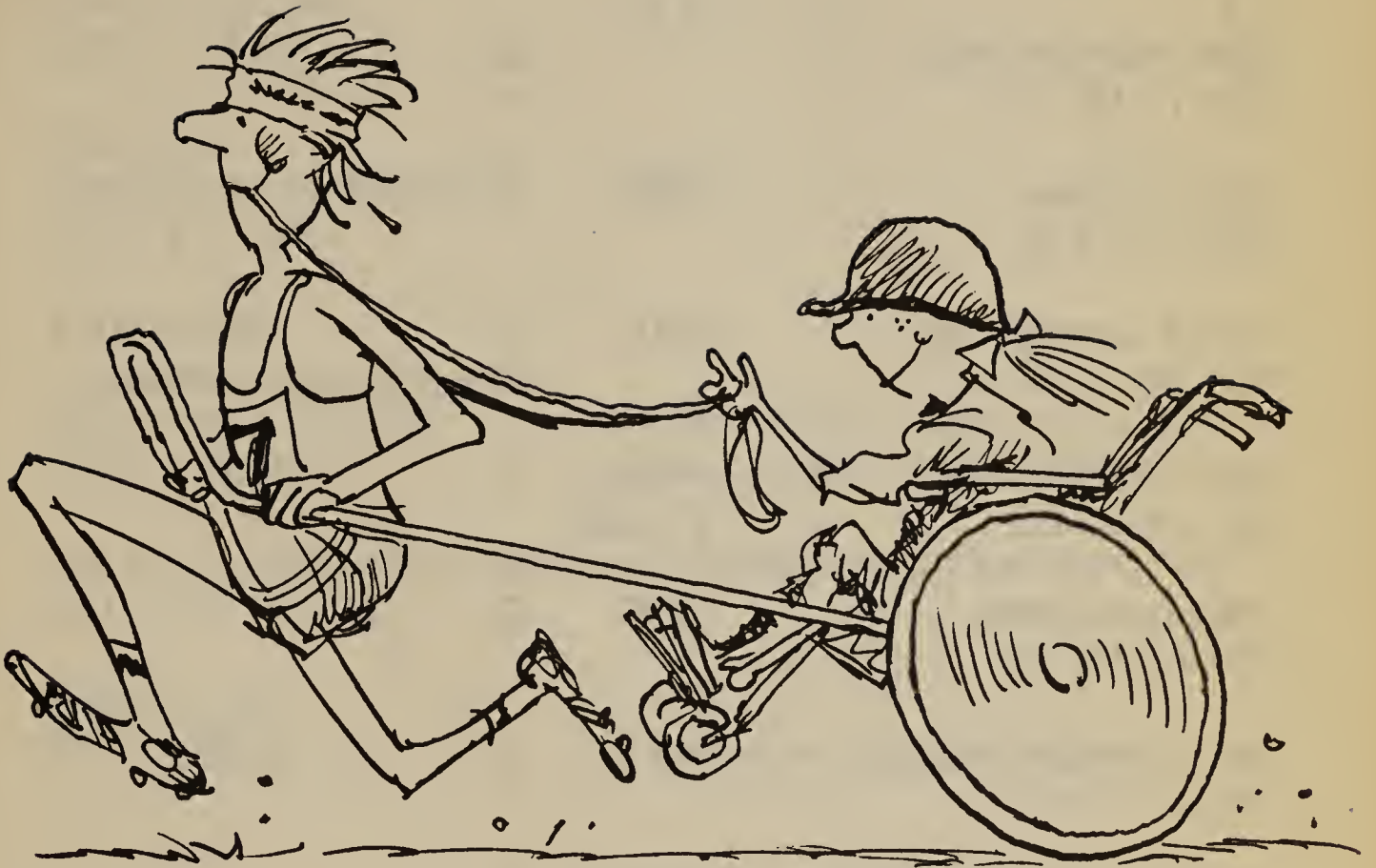
Activities:

Fishing in Björndammen lake,
ramp.

RWC:

Library, Partille
Library, Vallhamra
Library, Jonsered

Partille Tourist Office
031-36 13 70
(open June-August)



Accommodation:

Hotels:

Hotel Carl Johan 031-42 00 20		S	(no assistance available to get to room)		
Sara Hotel Europa 031-80 12 80	TR 8	S			X
Park Avenue Hotel 031-17 65 20		S			X
Hotell Opalen 031-81 83 00	TR 8	S	H		X
Hotell Lorensberg 031-18 70 85	HR 5	S	(no guide dogs permitted)		
Sara Hotel Gothia 031-40 93 00	HR 10 TR 300	S		A 1	
Panorama Hotel 031-81 08 80	HR 5	S	H		
Hotel Dalheimershus 031-42 74 00	HR 19	S	H	A 17	
Hotell Liseberg-Heden 031-20 02 80	HR 2	S			
Hotell Ramada 031-22 24 20	HR 2	S			
Hotell Riverton 031-10 12 00	HR 4 TR 4	S	H		
Hotel Rubin 031-81 08 00	HR 1	S	H		X
Hotell Ritz 031-17 52 60		S	(no assistance available in dining-room)		

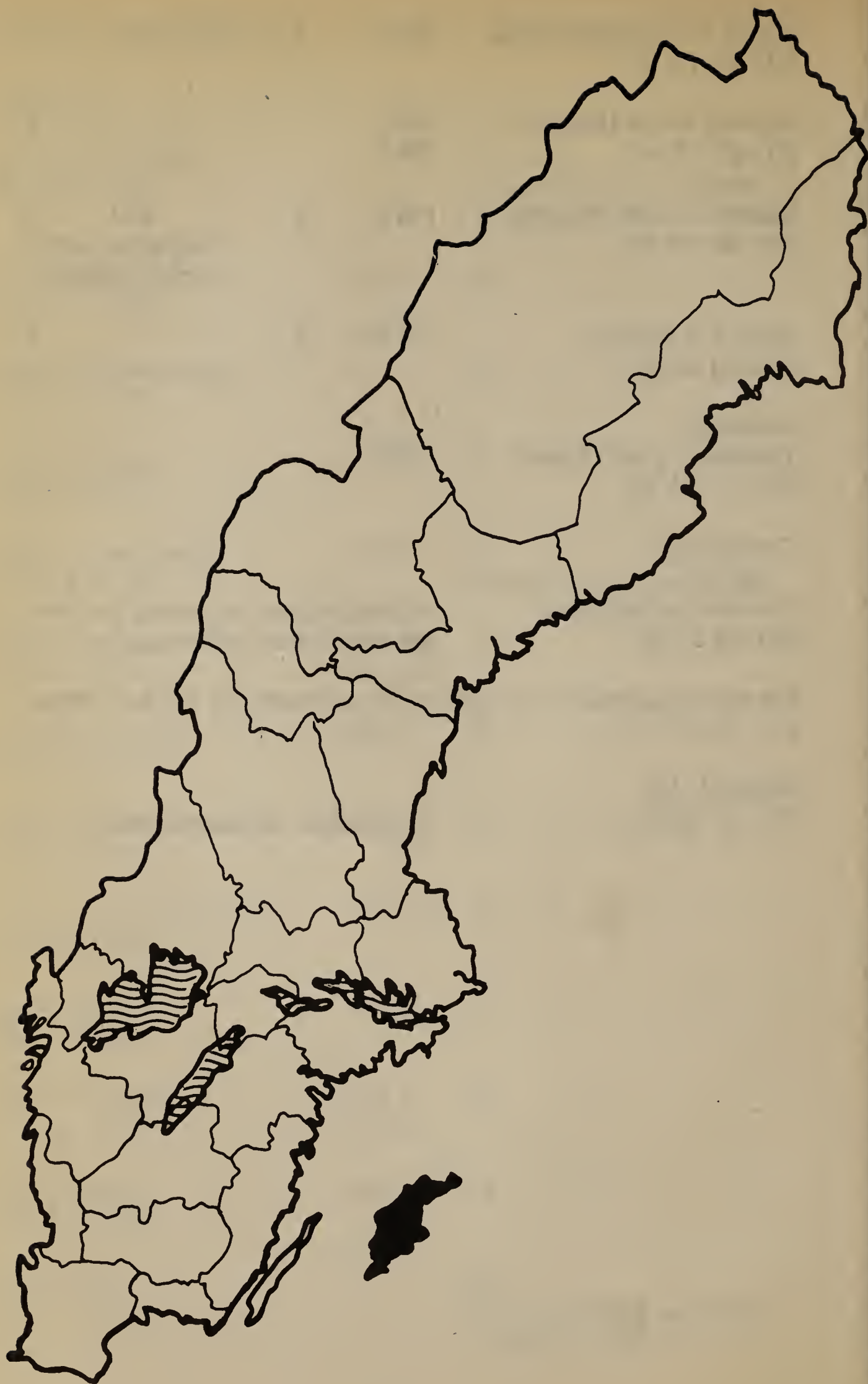
SARA Hotel Scandinavia 031-42 70 00	HR 6	S		
Scandic Hotel Mölndal 031-27 50 60	HR 1 TR 1			X
Scandic Hotel Backadal 031-52 00 60	HR 2	S	A 2 (separate part of dining-room)	X
Hotel Tre Kronor 031-80 15 00	TR 91	S		X
Kållerød, Torrekulla youth hostel 031-75 14 95	HR 5			

Camping:

Kärralunds Camping 031-25 27 61	asphalted path, caravans for hire showers/toilets, other areas
------------------------------------	---

For more information, inquire at the Gothenburg Tourist Office
031-10 07 40

Mölndal, Åby 031-87 88 84	A 5 chalets, showers/toilets
------------------------------	------------------------------



GOTLAND

Burgsvik

Activities:

Cycle tours; for information on cycle hire contact Bertil Norrby AB, Hoburgsvägen 24 (tel 0498/971 12, 970 25).

Fårösund

Activities:

Cycle tours; for cycle hire contact Fredrikssons, Fårövägen (tel 0498/211 32).

RWC:

Postanstalten,
Kronhagsvägen 31

Klintehamn

RWC:

Café Solklint,
Verkstadsgatan 8

Roma

RWC:

Roma IF Café, Visbyvägen 21

Slite

RWC:

Café Valvet, Storgatan 84

Sudre

RWC:

Restaurant Majstregården
Hoburgen

Tofta

RWC:

Restaurant Toftagården

Visby

Sights:

Visby Motor Museum RWC

Krusmyntagården, a herb-garden where the plants are labelled in Braille. RWC

Activities:

Cycles for hire at several places.

Gotlands Cykeluthyrning, Hamnen. All kinds of cycle, including tandems, available. Also information on special cycling and camping packages (tel 0498/141 33, 100 56).

Samuelssons Sport, Östercentrum. Cycles, tents and camping equipment for hire (tel 0498/109 86, 100 64).

Visby Tandem-Uthyrning, Korsgatan 2, cycles, tandems, trailers, tents etc. available (tel 0498/790 95).

Visby Hyr-Cykel, Österport. All new cycles, tandems, trailers etc (tel 0498/490 55).

Cycles can also be hired at the STF youth hostels at Garda, Lärbro and Näs.

RWC:

Kaffestugan, Skeppsbron 20
Konditori Siesta, Östervägen 5
Bryggeri Theatre,
Strandgatan 34
Allhelgona Chapel, Norra
Kyrkogården
St Maria Cathedral
Visborg Church,
Stenkumlavägen 14
Gotlandsbolaget Travel
Bureau, harbour terminal
Gotland Tourist Centre,
Korsgatan 2
Restaurant Horizont, new
harbour terminal,
Donnersgatan
Loggen Gråbo, Visby
St Lars, Visby
Södertorg, Visby
Snäck camping site
Gustavsvik holiday village
Östercentrum taxi rank
Bus station, Kung
Magnusvägen
Norderstrand camping site
Gutavallen sports centre, Visby
Storvägen, Ljugarn
Harbour, Slite

Visby Tourist Office RWC
tel: 0498/1 09 82
(open April-September)

How to get there

The Gotlandsbolaget ferry company has sailings from Nynäshamn, Västervik and Oskarshamn. In Nynäshamn and Oskarshamn the car will be taken on board for you, but at Västervik you drive on board and use the lift to reach the passenger decks. The Visby ferry terminal is fully adapted for the physically handicapped. There are also frequent scheduled and charter flights. Contact your travel agent for further information.

Accommodation:

Hotels:

Fårösund, Fårösunds Hotell 0498-210 09	HR 5 TR 15	S	
Klintehamn, Pensionat Varvsholm 0498-400 10	HR 4	S	
Tofta, Smågårde Pensionat 0498-650 06, 806 44	HR 2 (no shower)	S (no guide dogs permitted)	A 2
Tofta, Tofta Strand Pensionat 0498-650 09, 654 37	HR 6	S	
Visby, Strand Hotell 0498-126 00	TR 12	S (no guide dogs permitted)	X
Visby, Hotell Gute 0498-480 80	HR 1 TR 27	S	
Visby, Nya Hotell Solhem 0498-790 70	HR 1 TR 11	S	
Visby, Hotell Toftagården 0498-654 00	HR 8	S	H
Visby, Sara Hotel Snäck 0498-600 00	HR 8	S	
Visby, Visby youth hostel 0498-169 33 Booking through STF youth-hostel reservation 0498-912 20	TR 5	S	

Chalet villages:

Slite, Slite Semesterby 0498-208 30	HR 3
--	------

Visby, Gustafsviks holiday village 0498-133 40 Booking through Gotlandsresor 0498-190 10	HR 2	S	A1 (separate part of dining-room)
--	------	---	---

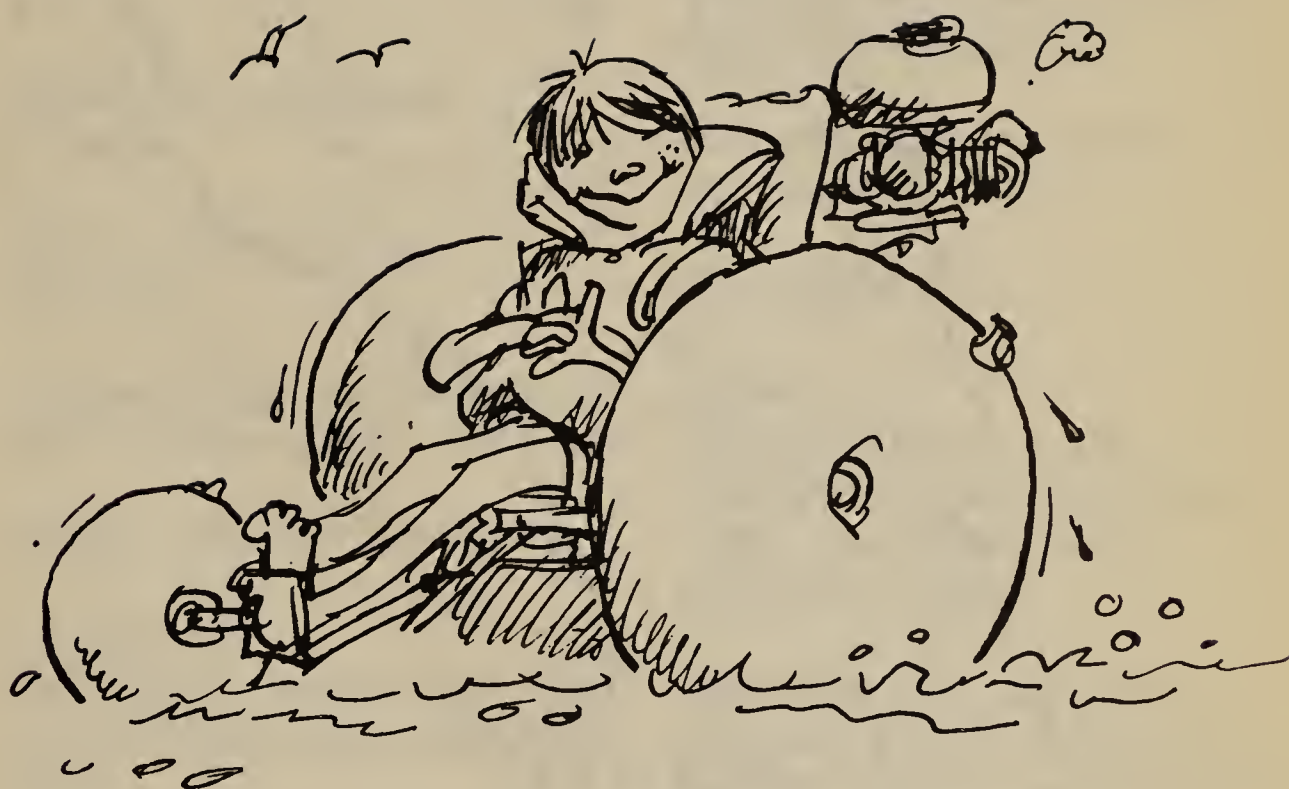
Camping:

Fårösund, Bungeviken 0498-215 16	shower
-------------------------------------	--------

Slite, Slite Camping 0496-208 10	chalet, shower, asphalted path
-------------------------------------	--------------------------------

Visby, Norderstrand 0498-121 57	shower, asphalted path
------------------------------------	------------------------

Visby, Tofta bad 0498-650 76	chalet, shower
---------------------------------	----------------





HALLAND

Falkenberg

Sights:

The 18th Tullbron bridge.

The Old Town with St Laurentii Church, Törngren pottery.

The "salmon promenade" along the banks of the Ätran river. RWC

Ugglarp car and aircraft museum.

Slöinge country shop museum.

Morups Tånge, nature reserve with richly-varied bird-life.

Koinge cartoon museum.

Activities:

Swimming in heated salt-water pool at Klitterbadet. Lifting chair. RWC

Miles of sandy beaches with cars allowed as far as Långasand. Swimming at Skrea Strand. Special changing rooms for the physically handicapped. RWC

Salmon fishing in Ätran river.

RWC:

Kronan department store
Spiran (Restaurant
Gudmunden)
Public library

Hvita Vårdshus
Priso department store

Folkets Hus

Main square

B & W supermarket

Hotel Vita Hästen

Älvsvered mail-order store

Gekås, Ullared

Teletext:

Trädgården Service House
Social services office

Falkenberg Tourist Office
tel: 0346/174 10

Halmstad

Sights:

Halmstad Museum, with collections of works by local artists, plus section with maritime exhibits.

Norre Katt Park, a delightful spot just to stroll around. There are also concerts and theatrical performances.

Town Hall,
with art gallery showing works by local artists. RWC

Stora Torg, the main square with a sculpture by Carl Milles as well as the "Three Hearts" house in Vallgatan. RWC

Miniland at Tylösand, with models of well-known buildings.

Selsbo pottery and handicrafts centre, Simlångsdalen. RWC

Brookstorpshäagen.

Mellgrenska House.

Sprittkullen.

Halmstad Castle.

Kirsten Munk's house.

St Nikolai Church by the main square.

Martin Luther's Church. RWC

Galgberget viewpoint. RWC

Hallandshäagen. RWC

Steninge nature reserve. RWC

Activities:

Ön-Skedala woods, path suitable for wheelchairs. RWC

Sannarp sports centre. RWC

Örjans Vall sports centre. RWC

Rejmer sports hall. RWC

Söndrum sports hall. RWC

Getinge sports hall. RWC

Halmstad swimming pool. RWC

Swimming stadium, outdoor pools. RWC

Sea bathing at the following sites:

Östra Stranden, wooden duckboards to the beach from Hagön camping site. RWC

Tylösand, changing rooms, asphalted road to the beach. RWC

Tångvägen, wooden duckboards to the beach.

Ryttarvägen, wooden duckboards to the beach. RWC

Tylösand camping site, made-up road to the beach.

Frösakull, wooden duckboards to the beach.

Ringenas, road to the beach can be used by handicapped visitors. Assistance needed to reach the water.

Haverdal, Tore Gudmarssons väg, wooden duckboards to the beach. RWC

"Stenhuggeriet", DHR's holiday home at Strandvik, concrete jetty built out into the water. RWC

Villa Pollux, NHR's holiday home for members only. Self-catering accommodation. A stone's throw from the sea and the swimming stadium. For more information ring 035/10 50 24 between 9am and 1pm daily.

RWC:

Public library
Söndrum public library

Stora Torg
 Central railway station
 Nyhem Service House
 Karl XI Service House
 Bus terminal, Österkans
 Restaurant Baronen
 Restaurant Svea
 Restaurant Galejan
 Restaurant Tylöhus
 Combi department store
 Åhléns, Laholmsvägen
 Kvibille Gästgivaregård
 Åhléns, town centre
 Café, Nygatan
 Halmstad Airport
 Museum
 Folk Park Theatre
 Halmstad Theatre
 Nissatröms Kursgård
 Konsum City
 Pizzeria La Gondola

Halmstad Tourist Office RWC
tel: 035/10 93 45

Hylte

RWC:

Public library, Hyltebruk
 Job centre, Hyltebruk
 Färgaryd Church, Hyltebruk
 Parish hall, Hyltebruk
 Parish hall, Unnaryd
 Försäkringskassan bank,
 Hyltebruk
 Gunnars Konditori, Hyltebruk
 Sports centre, Hyltebruk
 Community council offices,
 Hyltebruk
 Konsum, Hyltebruk
 Landmannaföreningen, Torup
 Möbelcenter, Torup
 Torulund sports centre, Torup
 Torup Church, Torup

Jälluntofta camping site,
 Unnaryd
 Unnaryd Taverna, Unnaryd
 Unnevi, Unnaryd
 Vallsnäs camping site, Unnaryd

Hylte Tourist Office
tel: 0345/180 94, 180 00

Kungsbacka

Sights:

Tjolöholm Castle, built in
 English 16th century style with
 beautiful interiors. Motor
 museum and café. RWC

Activities:

Stättared outdoor activity
 centre at Frillesås.
 1.5 km of paths adapted for
 wheelchairs. RWC

Särö Västerskog is an attractive
 area with paths suitable for the
 physically handicapped. Tele-
 phone at the car park. RWC

Smarholmen bathing area,
 ramp. RWC

Aranäs indoor swimming pool,
 Kungsbacka RWC

Swimming pool and sports
 centre. RWC

Sports centre, Åsa. RWC

Lerkil bathing area. RWC

Frillesås bathing area,
 Torstensvik, ramp. RWC

RWC:

Särö Vårdshus
 Restaurant Tre Prinsar
 (Kungsmässa)
 Hotel Halland
 Library at the Town Hall
 Kungsmässan shopping
 centre
 Kungsbacka youth hostel

Kungsbacka Tourist Office
tel: 0300/346 19 RWC

Laholm**Sights:**

Sjöboholm, a ruined 16th
 century manor-house near
 Hishult. Visual text displays.

Lugnarohögen Bronze Age
 ship burial ground. The grave
 chamber can be reached by a
 rather inaccessible tunnel, but
 there is a model of the site for
 the visually handicapped.

Guided tours
 (tel: 0430/212 68). S

Guided walk among the
 sculptures in Laholm and
 Gamleby. The visually
 handicapped are encouraged
 to touch the sculptures. S

Skottorp Stengod pottery
 centre with workshop and
 sales shop. RWC

Vippentorpet, an old cottage in
 Ysby. Good parking, ramps and
 seating available.

Salmon hatchery, easily
 accessible for wheelchairs.

Guides will tell you all about
 salmon and salmon-rearing.
 Visual displays for the hard of
 hearing. Information on
 0430/138 10. H

Activities:

Hasslöv outdoor recreation
 area at Hallandsås with some of
 the marked paths accessible
 for wheelchairs. Seating is
 available along the paths. RWC

Swimming at Mellbystrand and
 Skummelöv, RWC
 a stretch of sandy beaches
 almost 10 miles long. Some
 parts accessible for cars.

Hökafält nature reserve at
 Norra Mellbystrand. Specially-
 prepared paths for the
 physically handicapped in
 wheelchairs.
 Parking available. RWC

Swimming in heated salt-
 water pool at
 Skummelövsbadet. RWC

RWC:

Statoil Taverna, Snapparp E6
 Veinge Church
 Konditori Centrum, Skottorp
 Restaurant Surf Side
 Konsum, Knäred
 Konsum, Genevad
 Geva, Genevad
 Maxi shopping centre,
 Mellbystrand
 Town Hall, Laholm
 Kungsbygget skiing area
 Restaurant Träffpunkten,
 Edenberga

Handicapped information on:
0430/154 50

Laholm Tourist Office RWC
tel: 0430/154 50, 152 16

Varberg

Sights:

Ringhals nuclear power station, 25 km north of Varberg. RWC

Varberg Fortress, accessible by road. There is a lift for access into the museum. RWC

Traditional market with a lively atmosphere held in the main square on Wednesday and Saturday mornings. RWC

Getterön nature reserve, set in parkland with a cafeteria and art museum. RWC

Activities:

Asphalted beach promenade.

Swimming at Getterön from beaches numbered 1, 3, 4 and 5. RWC

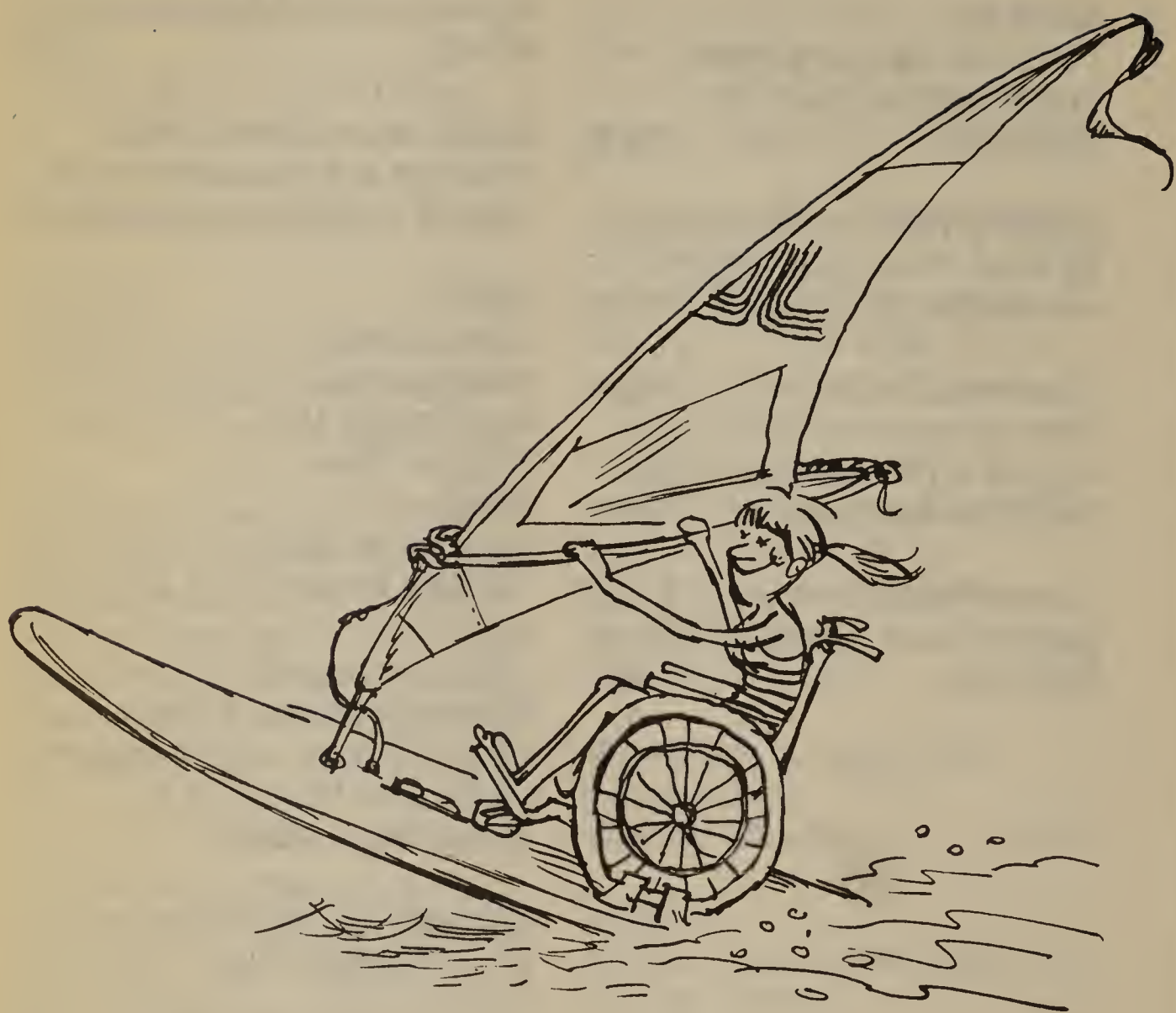
Good swimming also at Äpelviken, Björkäng and Kärra, all with RWC

Åkulla leisure centre with activities and footpaths for the visually handicapped. RWC, S

RWC:

Public Library
Musikenshus
Nya Folkets Hus
Harbour kiosk
Kvantum
Sara Hotel, Statt
Varberg Museum (up a flight of stairs)
Tofta community centre
Föreningsgården Träslöv
Hästen indoor swimming pool
Väröbacka Vårdshus
Swimming stadium

Varberg Tourist Office
tel: 0340/887 70



Accommodation:

Hotels:

Falkenberg, Hotel Vita Hästen 0346-800 20	HR 3	S	H	A 2 (carpets)	
Falkenberg, Värdshuset Hvitan 0346-820 90		S			
Falkenberg, Skrea Motell 0346-502 01		S			
Falkenberg, Grand Hotell 0346-144 50	TR 12	S			
Falkenberg, Strandbadens Fritidshotell 0346-171 22, 174 10		S			
Halmstad, Grand Hotel 035-11 91 40	HR 3	S			
Halmstad, Hotell S:t Kristoffer 035-10 43 00	HR 2 HRA 1	S		A 4	
Halmstad, Norre Park Hotell 035-11 85 55				A 1	
Halmstad, Scandic Hotell Hallandia 035-11 88 00	HR 3	S			X
Halmstad, AB Hotell Mårtensson 035-11 80 70	HR 4	S			
Halmstad, Nya Hotel Tylösand 035-305 00	HR 6	S		A 6 (accessible swimming pool)	

Varberg, Sara Hotel Statt
0340-161 00

S H A 5

Varberg,
youth hostel Fästningen
0340-887 88, 887 70

S
(no assistance available
in dining-room)

Varberg, Apelviken
0340-887 70

HR 2
500m from beach

Chalet villages:

Halmstad, Villa Pollut
035-10 50 24

HR only for NHR members

Camping:

Åsa Station, Åsa
0340-517 74

asphalted path

Åsa, Kuggavik
0340-510 44

showers/toilets

Björkäng, Två åker
0340-421 34

shower

Falkenberg, Olofsbo
0346-920 35

chalet, shower, asphalted path

Halmstad, Gullbrannagård
035-421 80

shower, asphalted path
A 18 chalets, A24 room,
showers/toilets

Halmstad, Tylösand
035-305 10

asphalted path to sea

Halmstad, Vilshärad
035-531 15

shower, asphalted path

Halmstad, Hagön
035-12 53 63

shower, asphalted path

Mellbystrand, Olles
0340-271 57

chalet, shower
showers/toilets, other areas

Unnaryd, Vallsnäs
0371-602 33

shower

Unnaryd,
Jälluntofta camping
0371-720 10, 26 och 69

ramp to laundry and kitchen can be
arranged

Varberg, Träslövsläge
0340-700 80

shower

Varberg, Getterön
0340-168 85

A 3 chalets

Varberg, Espevik
0340-220 22

shower, asphalted path

Varberg, Björkäng
0340-421 34

shower, asphalted path



HÄLSINGLAND

Alfta/Edsbyn (Voxnadalen)

Sights:

Linneas Doll Museum, Alfta, exhibition and sales of dolls of all kinds.

Skålsjögården with the Finnskog Museum (open May-October) commemorating the occupation by the Finns between 1592 and 1632. RWC

Activities:

Brattskure, well-known summer farmstead. Footpaths and cross-country skiing trails.

Sports centre, Edsbyn, with a gym and bowling. RWC

RWC:

Community office, Edsbyn
Public library, Edsbyn

Alfta Tourist Office RWC
tel: 0271/116 61
(15 June-15 August)

Edsbyn Tourist Office
tel: 0271/200 22
(15 June-15 August)

Voxnadalen Tourist Office
tel: 0271/227 50

Bjuråker

Sights:

Bjuråker homestead. RWC

Avholsberget mountain, with a beautiful view over the Dellen lakes. Access by car or cycle. RWC

RWC:

Bjuråker Gästis
Dellenbaden youth hostel

Bollnäs

Sights:

Hambo Week, with barbecues, "Music on Ljusnan" and many other events. Ask at tourist offices for more information.

Arbrå, exhibition of quality products at the "Träslott" (Wooden Castle). RWC

Växbokvarn and Trolldalen, flax and mill museum, exhibition of handicrafts. RWC

Rehstedskagården, motor museum and craftsmen at work. RWC

Activities:

Fishing in the Lillsjön lake in Arbrå.

RWC:

Sörängskvarn

Bollnäs Tourist Service RWC
tel: 0278/244 50

Arbrå Tourist Office
tel: 0278/414 13

Delsbo

Sights:

Delsbo homestead. RWC

Delsbo community museum. RWC

Activities:

Dellenborg recreation and rehabilitation centre is owned by DHR. Activities include swimming and special entertainment, and physiotherapy is available. Facilities include a solarium and pub. Information on 0653/152 90.

Delsbo swimming pool, heated outdoor pool. RWC

RWC:

Folkets Hus
Astrids Matsalar

Delsbo Tourist Office
tel: 0653/104 40

Forsa

RWC:

Storberget Ofärne
Forsa old homestead, Fränö

Harmånger

Restaurant Sjömärket RWC

Hudiksvall

Sights:

Hälsingland area museum describes the ancient history

of the area. Assistance may be needed to get round the museum. RWC

Tre Bocka glassworks where you can see the glassblowers at work, as well as other crafts RWC

Köpmanberget, excellent viewpoint. RWC

Näcken gallery. RWC

Activities:

Raft tour for fishing or a picnic. Ring Hudiksvall Tourist Office for information.

RWC:

Restaurant Kajkanten,
V. Tvärkajen
Parkhyddan, Köpmanberget
Malnbaden
Stadshotellet
Domus, Storgatan 24
Sparbank, Djupegatan 47
Railway station
Bus station, Stationsgatan
Folkets Hus
Värdshuset GladaHudik
Café Strand, Hamngatan 11
Hotel Hammering
Restaurant Charlie
"Guldsmeden"

Handicapped information available at the Tourist Office

Hudiksvall Tourist Office RWC
tel: 0650/139 20

Community council office RWC
tel: 0650/190 00

Iggesund

Sights:

Iggesund industrial museum, depicting the history of the local iron industry. RWC

Bodin fish-smoking plant, one of the largest in the north of Sweden.

RWC:

Gatuköket Fyrklövern, just by road E4
Folkets Hus
Iggesund swimming pool

Järvsö

Sights:

Stenegård handicrafts centre.

Öjeberget, with a fine view over the Ljusnan valley. RWC

Svedbovalalen, with working summer farmstead.

Järvsö Church. RWC

RWC:

Järvö motel
Kramsta Gästgård, road 83
Harsagården

Stenegård Tourist Office RWC
tel: 0651/403 06

Ljusdal

Sights:

Ljusdal Museum.

Ljusdal Church.

Ljusnan river with its many beautiful waterfalls.

Lasse Krog inn with traditional old workmen's hovels.

Gold mine in Ramsjö.

Activities:

Fishing at Abbortjärn at Färila near road 306 (Lafors-Ramsjö) and at Skålsjön lake on road 310. RWC

RWC:

Lasse Krog inn, Färila
Vallåsstugan, Färila
Ljusdal Fritidskontor

Handicapped information is available at Tourist Offices:

Färila Tourist Office
tel: 0651/205 75
(June-August)

Ljusdal Tourist Office RWC
tel: 0651/120 77
(June-August)

Nordanstig

Sights:

Mellanfjärden fishing village; boat trips leave from the jetty next to Restaurant Sjömärket. You can also take a guided tour round the village and see traditional crafts connected with the fishing industry still being practised.

Activities:

Hassela sports centre, which has an indoor heated pool with water-slide.

Älvåsen viewpoint.

Double ski tracks for the visually disabled. Open all winter.

Långtjärn, fishing from wheelchairs just south of Harmånger.

RWC:

Slöjd Café
Värdshuset Snäckan

Nordanstigs Tourist Office
Handicapped information:
tel: 0652/360 00

Söderhamn**Sights:**

Skärså old fishing village, with a cafeteria open during the summer. There is also an old village shop and an exhibition about the history of fishing in the area. RWC

Boat trip out into the beautiful archipelago on M/S Strömskär. Guided tours. RWC

Östra Berget, with Oscarsborg viewpoint tower. Mini-golf and refreshments available. RWC

Exhibitions at the old mill. RWC

Churches at Norrala and Söderala. RWC

Parish hall. RWC

Ulrika Eleonora Church. RWC

Jacob Larsgården, exhibitions and cafeteria. RWC

Ranbogården in Mo, where coffee and cakes are served at the old manor-house during the summer. RWC

Activities:

Ljusne heated outdoor swimming pool. RWC

Swimming at Rosenvallsbadet and Vågbro. RWC

Hällåsen indoor swimming pool. RWC

Swimming in the sea at Stenö. There is an asphalted access road to the water and a jetty. RWC

Fishing at the mouth of the Ljusnan river at Trålbryggan and Tullbryggan jetties in Ljusne. Also at Nykajen in Skärså.

RWC:

Tönnebro Vårdshus
Folkets Hus

Söderhamn Tourist Office
tel: 0270/753 53, 54

Accommodation:

Hotels:

Alfta/Edsbyn, Skålsjögården 0271-520 40	TR 2 RWC shower in corridor			
Bollnäs, Stagården 0278-136 82	TR 16	S	H	
Bollnäs, Norrlandsporten 0278-540 00	TR 2			
Delsbo, Dellenborg Hotell 0653-152 90	HR 72	S		A 15
Färila, Värdshuset Lasse krog 0651-850 30	HR 1	S		
Färila, Färila Gästgifveri 0651-200 80	TR 2			
Gysinge, Gysinge Vårdshus 0291-212 00	HR 4			
Iggesund, Timmerstocken 0650-212 81	TR 4	S		A4
Hudiksvall, Stadshotellet 0650-150 60	TR 3	S		A 2
Hudiksvall, Hotell Hudik 0650-150 40	HR 1	S		A 1 X
Hudiksvall, Hotell Hammering 0650-244 20	HR 3	S	T	
Hudiksvall, Motell Glada Hudik 0650-937 25				A 2

Järvsö, Kramsta Gästgård HR 4 S
0651-411 50

Ljusdal, Hotell Ljusdal
0651-160 80 TR 46

Ljusdal,
Hotell Gyllene Hästen HR 3 S A
0651-140 00

Los, Vårdshuset Lokatten HR 6 S
0651-104 00

Nordanstig, Hassela Sport
och Konferens HR 2 A20
0652-406 90 (RWC+shower in (chalets)
corridor)

Söderhamn, Stadshotellet HR 4 S A 1
0270-114 10 TR 48

Söderhamn, Scandic Hotel HR 1 S
0270-180 20

Chalet villages:

Forsa, Camp Hälsingland A 2
0650-237 20

Söderhamn,
Moheds Fritidsområde HR 2
0270-452 33

Söderhamn,
Stenö Havsbad HR 2
0270-600 00

Camping:

Bjuråker,
Blodmyra Camping shower
0653-260 75

Bollnäs, Vevlingestrand
0278-126 84 A2 chalets

Hudiksvall, Malnbaden 0650-132 60	shower, cafeteria
Hudiksvall, Hölicks Camping 0650-650 32	asphalted path
Iggesund, Ankarmon 0650-205 05	shower, asphalted path A1 chalet
Järvsö, Järvsö Camping 0651-406 00	HR1 chalet A1 chalet
Ljusdal, Ljusdals Camping 0651-129 58, 180 79	A 1 chalet
Los, Tandsjö 0250-821 20	shower
Söderhamn, Stenö Havsbad 0270-600 00	shower, asphalted path other areas
Söderhamn, Moheds Fritidsområde 0270-452 33	asphalted path, reception showers/toilets



HÄRJEDALEN

Funäsdalen

Sights:

Family evenings in Fornminnespark, Sweden's oldest open-air museum, with special activities. RWC

Market every Wednesday during July.

See the the traditional "thin bread" being baked at Bruksvallarna.

Evening entertainment on Funäsberget, access by cable-car.

Helicopter tours.

Härjedalsfjälls Tourist Office
tel: 0684/214 20 RWC

Lofsdalen

Sights:

"Sörvattensvallarna", one of the few traditional working farmsteads in Sweden. Guided tours. Visitors in wheelchairs need assistance. S

Högvålen, Sweden's highest village.

Rombovallen, a pilgrims' burial ground.

"Thin-bread" baking at the village hall. Entertainment in

the village hall during the summer.

Activities:

Ski-carting in the Lofsdalen mountains. Ski-carts can be hired after instruction and obtaining a licence. Information from Sport- och Skidservice on 0680/411 85.

RWC:

Värdshuset Lofsen

Lofsdalen Tourist Office RWC
tel: 0680/412 33

Sveg

Sights:

Sveg homestead museum with about 20 old buildings. Open daily, with handicraft demonstrations on Wednesdays. RWC

Lillherrdal homestead museum, open from Midsummer. Guided tours between 1pm and 3pm daily.

Market days in Lillherrdal, every Saturday in July from 9am to 1pm.

Älvros farming community, with old church from the 17th century.

Ängersjö with its old workmen's settlement.

RWC:
Folkets Hus

Härjedalsporten Tourist Office
tel: 0680/107 75

Vemdalen

Sights:
Åldergården homestead
museum, handicraft
demonstrations on six
Wednesdays during July and
August, plus family evenings.

Vemdalia House.

Market days on six Tuesdays
during July and August.

Vemdalen Tourist Office
tel: 0684/302 70



Accommodation:

Hotels:

Funäsdalen, Hotell Funäsdalen 0684-214 30 Day excursions with guide	HR 2 TR 27	S	H A 2 (separate part of dining-room)
Funäsdalen, Eriksgården 0684-219 95, 210 06	HR 2		
Sveg, Mysoxen Hotell & Rest. 0680-112 60	HR 2		
Tänndalen, Skavruets Fjällhotell 0684-221 11		S	
Tänndalen, AB Tänndalens Fjällgård 0684-220 20	TR 24	S	
Vemdalen, Vemdals skalets Högfjällshotell 0681-310 00	HR 2 (shared bath)	S	

Chalet villages:

Lofsdalsfjällen AB 0680-413 50	S	A
Lofsdalens Bokningscentral 0680-410 88		A
Lofsdalen, Allans Turistlogi 0680-410 37		A

Camping:

Hede, Hede Viken
0684-121 30

shower

Hede, Hede
0684-110 20

chalet, shower, asphalted path
A 2 chalets, showers/toilets

Sveg, Sveg
0680-108 81

HR 1

Vemdalen, Vemdals Camp
0684-301 22

A 3 chalets



JÄMTLAND

Åre

Sights:

The beautiful Tännforsen waterfall on the Indalen River, 38 metres high. Easily accessible.

Activities:

Årevidden Hotel recreation and rehabilitation centre owned by DHR. Activities and entertainment; facilities for boating, canoeing, fishing etc. 24-hour service. Special theme weeks covering many different activities, including wheel-chair dancing, white-water rafting, riding, exercise, shooting, amateur radio etc. For more information ring 0647/321 00.

Åre cable car (the only one in Sweden), which takes you to the top of the Åreskutan mountain.

Åre Tourist Office
tel: 0647/512 20

Backe

Sights:

Fjällsjö Church, altar-piece and reredos from the early 16th century. RWC

Activities:

Bakery where you can bake your own "thin bread".

RWC:

Församlingsgård
Hotel Fjällsjögården
OK
Backe Hospital
Backe camping site

Backe Tourist Office
tel: 0624/105 43

Bräcke

Sights:

Torpet Bräcke, an outdoor museum with old wooden buildings and open-air dance floor. RWC

Pilgrimsstaden, an ancient well used in about AD 1000 by pilgrims travelling along the traditional route to Trondheim.

Åbrobacken, an outdoor museum at Hällesjö with old wooden houses.

Gustavsnäs mill, a newly-restored 19th century watermill.

Hucksjöåsen, home of the well-known butterfly collector Harald Eriksson.

Boddas chapel, site of the original home of Christianity in the area.

Håsjö old church, with a 13th century clock which is still in use.

Hällesjö church, an original octagonal-shape building dating from 1853 and a bell tower built in 1781.

Kålarne State fisheries research centre
(tel: 0696/400 29). RWC

Sidsjö, a 120-year-old sawmill driven by water.

Activities:

Gimån, popular fishing waters, especially for various species of trout. Seasonal fishing for whitefish during the migration period between 10 October and 30 November.

Fishing at Båthällan.

Fishing jetty at Långtjärn between Stavre and Gällö along the E75 road (5 km south of Gällö or 15 km north of Bräcke). Perch and pike.

Mickelbacken activity centre at Gällö. Artificially-lit exercise tracks, double ski-tracks and footpaths. RWC, S

Camp Viking at Gällö. Canoe trips with guides for the hard of hearing and the visually and physically handicapped. Information on 0693/203 60, 203 90.

Scooter excursions to Vålsjön are organised by Camp Viking for the handicapped the first weekend in April for fishing and other outdoor activities.

Bräcke Tourist Office
tel: 0693/110 70, 100 00.

Gällö Turist Office RWC
0693-203 60, 206 90

Gäddede

Sights:

Hällingsåfallet, the largest canyon in northern Europe, located not far from Ströms Vattudal. The canyon is 600 metres long and is accessible by wheelchair.

Homestead museum with refreshments, a water-mill, Lapp wooden house and bakery.

Ankarede, a Lapp church settlement with chapel and church-tents.

Stekenjokkvägen, a 20 km road through the mountain massif. The snow stays well into the summer.

Activities:

Programme available from Frostviksfjäll on 0672/105 00.

RWC:

Gäddede camping site
ICA, Gränsbua
Gäddede hospital
Strömsund community office

Frostviksfjäll Tourist Office
tel: 0672/105 00 RWC

Hoting

Sights:

Tåsjöberget mountain, with an interesting flora and the Fjällsikten restaurant from which there is a magnificent view towards the Norwegian mountains. RWC

RWC:

Folkets Hus

Hoting Tourist Office
tel: 0671/101 55

Järpen

Activities:

Excursions for the disabled are arranged in the area. Camping trips are arranged every summer in the Anarisfjällen area. Groups wanting tailor-made arrangements should ring 0647/105 40 as early as possible.

Åre Tourist Office
tel: 0647/512 20

Mörsil

RWC:

Brinkebocks Wårdshus (on the E75)

Östersund

Sights:

Jamtli outdoor museum with about 60 old timbered buildings which are not accessible by wheelchair

because of their high thresholds. Also children's museum and restaurant.

Provincial museum shows the cultural, archaeological and religious history of the area. The museum's most remarkable exhibit is the 900-year-old Överhogdal tapestry. RWC

Town Hall with its 18th century clock-tower and characteristic cupola.

Frösö Church, Sweden's most popular church in which to get married. By tradition all marriages solemnised here will be happy ones because, according to legend, when the bride comes out of the church and sees the beautiful view she is lost for words.

"Arnljotlägden", once described as the world's most beautiful opera stage. Every summer there are performances of Wilhelm Peterson-Berger's opera "Arnljot". Parts of the area are not easily accessible by wheelchair.

Frösö Zoo, with 500 species of animal, the most famous being the mini-horse which is the size of an Alsatian dog.

Badhusparken, a pleasant park with mini-golf and cafeteria. RWC

Frösö tower, a good viewing point. RWC

Boat trips on Storsjön Lake on the S/S Thomee, Scandinavia's oldest steamship still in regular service.

Östersund Tourist Office RWC
tel: 063/14 40 01, 02, 03

Ragunda

Sights:

Döda Fallet (the Dead Falls), which once drained the Ragunda lake. At the Vildhussen inn there is RWC

The 13th century Ragunda church. The nearby parish hall has RWC

Activities:

Hammarstrand leisure area. Mountain viewpoint with slalom course, pistes and footpaths.

RWC:

Bispgården, Fors Vårdshus
Hotel Gullbacken,
Hammarstrand
Vårdshuset Vildhussen,
Hammarstrand

Rossön

Sights:

Homestead museum. RWC

Bakery, where you can bake your own "thin bread" (two flights of stairs).

Gothic-style church with font by the artist Erik Gnista. RWC

"Bärgaren", a raft-boat which takes you on a tour of the local waterways and on beaver safaris.

Activities:

Fishing at Rösön camping-site.

RWC:

Församlingsgård
Folkets Hus
Refreshment bar

Rossön Tourist Office RWC
tel: 0624/200 30

Strömsund

Sights:

Homestead museum and village museum. RWC

Geological garden.
Strömsund church. RWC

Dunder market. RWC

Activities:

Open-air swimming pool, admission free. RWC

Strömsund camping site, with mini-golf, pedalos, canoeing, cycling etc. RWC

RWC:

Folkets Hus
Strömsvallen sports centre
Clinic
Kommunhuset
EFS guest-house

Grand Hotel
Village hall
OK supermarket
Konsum supermarket

Strömsund Tourist Office
tel: 0670/112 14

Undersåker

RWC:
Ottsjöbockens Vårdhus



Accommodation:

Hotels:

Åre, Hotell Årevidden (DHR) 0647-321 00	HR 108	S	H	A 17 (dining-room)
Bräcke, Hotell Jämtkrogen 0693-109 36	HR 2	S		
Gäddede, Jormliens Fjällgård 0672-200 06		S	H	A 10
Gäddede, Gäddede Turisthotell 0672-104 20	HR 3	S		
Gäddede, Björkvattnets Vandrarhem 0672-230 24		S		A 2
Gäddede, Fjällpensionat Jormsjöstugan 0672-201 47		S		
Östersund, Mitt-In 063-12 76 60	HR 1	S		
Östersund, Scandic Hotel 063-12 75 60	HR 1	S		
Östersund, Sara Hotel Winn 063-12 77 40	HR 3	S		(no assistance available to get to room)
Östersund, Hotell Östersund 063-11 76 40		S		X
Östersund, Hotell Zäta 063-11 78 60	HR 1	S		
Rossön, Motell Båvern 0624-200 30	HR 1			A 1

Stora Blåsjön,
Blåsjöns Fjällhotell
0672-210 40

S

A 2

Undersåker, Fjällsätra
08-51 62 24 booking

A 12

(only for members of RMA)

Undersåker, Köja Fjällhotell
0647-331 40

S

Vålådalen,
Vålådalens Turiststation
0647-351 10

S

Camping:

Åre, Sää
0647-321 22

showers/toilets

Backe, Backe Camping
0624-100 14

chalet, shower

Frösön, Frösö Camping
063-432 54

A 5 chalets, showers/toilets

Gäddede, Gäddede
Camping & Stugby
0672-100 35, 105 00

asphalted path, S, H
A1 chalet, showers/toilets, other
areas

Gällö, Camp Viking
0693-203 60

chalet, shower, asphalted path,
bath, fishing
A 10 chalets

Hammerdal, Hammerdal
0644-100 86

chalet, shower, asphalted path
A 2 chalets, showers/toilets, other
areas

Hoting, Hoting
0671-102 48

HR 1 chalet
A 1 chalet, showers/toilets, other
areas

Lit, Lit Camping
0642-102 47

A 6 chalets, showers/toilets, other
areas

Lit, Österåsen
0642-220 38

showers/toilets

Östersund,
Östersunds Fritidsby

HR 2 chalet, asphalted path, large
toilet with shower

063-11 37 06

A 2 chalet, showers/toilets



NÄRKE

Askersund

Activities:

Swimming at Hagabadet and Husabergsudde (both RWC) and Hargebaden on the Närke "Riviera".

RWC:

Harbour shop

Askersund Tourist Office

tel: 0583/108 70

(June-August)

Garphyttan

Activities:

Ånnaboda outdoor activity centre (tel: 019/986 60).

Fishing jetties with ramps and asphalted paths round the Ånnaboda lake.

RWC

Suttarboda open-air activity centre.

RWC

Hallsberg

Sights:

Railway station, a listed building.

RWC

Activities:

Alléhallen, swimming pool and sun terrace.

RWC

Beach by Lake Tisaren. Jetty with railings, special swimming area for physically handicapped with lifts etc. RWC

Bäcksjö swimming area, Bäcksjön lake.

RWC:

Folkets Hus

Hallsberg library

Centrumhuset

Församlingsgård,

V Storgatan 26

Försäkringskassan,

V Storgatan 9

Handicapped centre,

V Storgatan 5

Baptist hall, V Storgatan 12

Mission hall, Trädgårdsgatan 7

Public toilets, V Storgatan

Service House

Kullängen, Långängsvägen

Sparbanken, V Storgatan 9

Domus, Trädgårdsgatan 6

Railway station

Central taxi kiosk

Filadelfia hall, Hjortkvarn

Pålsboda:

Library, Norra Bangatan 9

Folkets Hus, Skolgatan 1

Church hall

Försäkringskassan,

Köpmangatan 3

Pålsboda church,

N Storgatan 8

Filadelfia hall, Norrgatan 11

Serv. Sköllergård,

Kyrkogatan 3-5

Handelsbanken,

Köpmangatan 3

Sparbanken, Köpmangatan 3

Sköllersta:

Library, Skolvägen 5

Larslund Church,

Erstorpsvägen 22

Post Office, Klockarvägen 22

Konsum

Vretstorp:

Service House, Grängsgatan 8

Östansjö:

Library, Rosengatan 4

Folkets Hus, Lönngatan 6

Viby mission hall,

Hallsbergvägen

Handicapped information

tel: 0582/800 00

Hallsbergs Tourist Office

0582-105 93

(June-August)

Hampetorp

Activities:

Fishing centre at Hampetorp

(tel: 019/530 15). Jetty with

railings and asphalted paths.

Boats and fishing tackle can be
hired. RWC

Kumla

Sights:

Kumla Church.

RWC

Hardemo Church and St Olov's
Chapel. RWC

St Olov's well.

The 19th century Sannahed
officers' mess and military
museum.

Activities:

Swimming at Djupadalabadet.

Cafeteria. RWC

RWC:

Hotel Närke

Kumla Tourist Office

tel: 019/604 80

Laxå

Sights:

Ramundeboda monastery
ruins on road E4 between Laxå
and Finnerödja. RWC

Glassworks in Laxå on the E3
road.

Activities:

Swimming at Revelbadet on
road 205 between Laxå and
Askersund. Asphalted paths
and jetty adapted for
wheelchairs.

Changing rooms. RWC

Laxå Tourist Office

tel: 0584/130 24

(June-August)

Örebro

Sights:

Brunnsparken park with
asphalted footpaths.

Restaurant "Svalan". RWC

Karlslund manor-house, a one-
time royal estate with
workmen's cottages, a power
station, cafeteria and various
exhibitions. RWC

Agricultural museum. RWC

Provincial museum. RWC

"Svampen" water tower viewing platform. Ramp to the balcony can be erected on request.

Medborgarhuset, RWC, S, H with Hjalmar Bergman's theatre. Some performances with interpretation for the deaf and some with facilities for the visually handicapped.

The Concert Hall has been recently renovated and is completely accessible for the physically handicapped. RWC

Central Station, newly renovated and completely accessible. RWC

Wadköping outdoor museum with many old buildings and shops, some from the 16th century. Cafeteria. RWC

City park, with magnificent displays of plants and flowers, plus rose garden. Asphalted paths. RWC

Örebro Castle, one of Sweden's most beautiful old castles, parts of which date back to the 13th century. Entrance from the south-west tower. RWC

Wärdshuset Sommarro, asphalted paths. Open during the summer. 2RWC

Örebro provincial technical museum, including a vintage sewing machine. RWC

Activities:

Swimming at Eyrabadet. Water-slide. RWC

Swimming at Gustavsvik. RWC

Sports centre. RWC

Eyravallen football ground. RWC

Winter stadium. RWC

RWC:

City park

Stora Holmen

Medborgarhuset,

Drottninggatan 42

Public library,

Näbbtorgsgatan 12

Akropolis

Domus, Kungsgatan

High School

OBS, main shopping centre

Marieberg

B & W supermarket

Krämaren department store

Järntorget

Bus station, Järnvägsgatan

Concert Hall

Örebro Town Hall (entrance from Köpmangatan)

(For additional facilities, see handicapped guide available at the Tourist Office)

Örebro Tourist Office

tel: 019/13 07 60

Accommodation:

Hotels:

Askersund, Askersunds Vandrarhem 0583-107 93	HR 1	S (no guide dogs permitted)	
Askersund, Scandic Hotel 0583-120 10	HR 1 TR 21	S (no assistance available in dining-room)	A (separate part of dining-room)
Finnerödja, Finngårdens Vårdshus 0584-206 95	HR 1	S	
Finnerödja, Sandbäckens youth hostel 0584-400 74	TR		
Garphyttan, Ånnaboda kursgård 019-986 60	HR 4		
Hallsberg, Hotell Stinsen 0582-139 20	HR 2	S	A 6
Laxå, Scandic Hotel 0584-115 40	TR 15	S	A 5 (separate part of dinin-room)
Örebro, Good Morning Hotel 019-17 07 07	HR 2		
Örebro, Hotell City 019-10 02 00	HR	S	A 3
Örebro, Grand Hotell 019-15 02 00	HR 10	S	A 2
Örebro, Stora Hotellet 019-12 43 60	HR 2	S	

Örebro, Hotell Gullvivan 019-11 90 35	S	A 20 (separate part of dinin-room)
--	---	--

Örebro, Scandic Hotel 019-13 04 80	HR 1 TR 211	S
---------------------------------------	----------------	---

Örebro, STF's youth hostel 019-24 09 20	TR	
--	----	--

Chalet villages:

Laxå, Revelbadet 0583-630 30	HR 1	
---------------------------------	------	--

Camping:

Askersund, Husabergsudde 0583-114 35	shower	
--	--------	--

Garphyttan, Ånnaboda 019-986 60	shower, asphalted path showers/toilets	
------------------------------------	---	--

Hallsberg, Tisarstrand 0582-250 79	chalet, RTC	
---------------------------------------	-------------	--

Hallsberg, Camping 0582-250 52	shower, asphalted path, RWC	
-----------------------------------	-----------------------------	--

Örebro, Gustavsvik Kronocamping 019-19 69 50, 19 69 19	completely accessible	
--	-----------------------	--



NORRBOTTEN

(Northern Lapland)

Älvsbyn

Sights:

Storforsen, Europe's largest waterfall. Accessible by wheelchair. Nearby is the forestry museum, which is partly accessible.

RTC

Älvsbyn Tourist Office RWC
tel: 0929/172 00, 171 05
(June-August)

Arjeplog

Kraja chalet village (tel: 0961/106 75) has coach with lifting platform for the physically disabled. Tours of the local area can be arranged. RWC

Sights:

Silver Museum with unique collection of Lapp silver, as well as "Naturum" collection of Arctic flora and fauna.

Arjeplog Church, dating from the 17th century.

Jäckvik chapel and the Leastadius stone.

Laisvall mine, the largest lead mine in Europe; a coach takes you into the workings.

The Silver Trail, an excursion along the Silver Road to Rognå.

Rowing-boat competitions around Arjeplog.

Activities:

See the fishermen using the old traditional methods of drawing in their nets. Fishing festival in the Krajagården inn every Thursday after the nets have been pulled in.

Walks round Arjeplog's beautiful rivers and streams, rich in fish.

Fishing trips by boat (minimum 5 participants).

Exercise tracks.

For information on flights contact Kraja direct on 0961/106 75.

Arjeplog Tourist Office RWC
tel: 0961/112 20

Björkliden

Restaurant Gammelgården RWC

Boden

Sights:

Cultural centre: collection of typical Norbotten buildings from the 19th century. Coffee and light refreshments (traditional local specialities in the summer). RWC

Klusåberget, excellent mountain viewpoint from which to see the Midnight Sun. Accessible by road.

Garrison museum, showing the development of the defence forces over the past 400 years. Exhibits include a vintage cannon and a unique collection of uniforms.

Town hall, with Sven Utterström's prize collection. RWC

The birthplace of Eyvind Johnson, winner of the Nobel Prize for Literature.

Boden power station and aquarium.

Activities:

Fishing in Edefors nature reserve. RTC

RWC:

Domus, Kungsgatan 42
Hospital bar
Cultural centre, Norrigården
Ming Palace, Färgatan 7
Hantverk Restaurant,
Slipvägen 11
Lasses Taverna,
Björkelundsvägen
Max Hamburger Restaurant
Oscar II:e, Drottninggatan 49
Kungsterassen, Lulevägen 2

Boden Tourist Office
tel: 0921/624 10
(June-August)

Gällivare

Sights:

Mining museum showing the history of mining over the centuries.

Visit to the Malmberg mine (not for children under 12).

Homestead museum in the same building as the Tourist Office. RWC

Ettöre church, Gällivare.

All Saints' Church, Malmberget. RWC

Björnfällan Restaurant at Dundret mountain. Nature reserve. Accessible by road 97 during the summer. The Midnight Sun can be seen from June 2 to July 12.

Activities:

Game-fishing at Noulajärvi. Jetties provided.

Gällivare Tourist Office RWC
tel: 0970/166 60

Gammelstad

Margaretas Wärdshus (on route 97 towards Boden) RWC

Haparanda

Sights:

Haparanda church, a controversial building which you'll either love or hate. RWC

Sundholmen, the most easterly point on the Swedish mainland. RWC

Activities:

Seskarö, a leisure paradise ideal for walkers and nature-lovers. RWC

Sandskär, one of the most fascinating areas of Haparanda.

Kukkolaforsen, the original site for catching whitefish, with fishing museum. RWC

RWC:

ICA Maxi

ICA Innala

Public library

Customs building

Kukkolaforsen Restaurant

Haparanda Tourist Office RWC
tel: 0922/150 45
(June-August)

Jokkmokk Region

Sights:

Akkat hydro-electric station and aquarium, about 5 km from Jokkmokk.

Old church.

New church.

Gamla Apoteket

(The Old Pharmacy), exhibition centre. RWC

A'jtte mountain and the Lapp museum, opened 1989. RWC

Activities:

Fishing in Lake Talvatis in the centre of Jokkmokk. Jetties and roads round parts of the lake.

Serri nature reserve, with picnic sites. Located about 18 km east of Jokkmokk. Take the road to Porjus for about 6 km, then the road to Messaure for about 10 km. Signposted to "Slakka By Brygga". RTC

Arctic Circle fishing camp on road 88 towards Älvsbyn. Suitable area for those with allergies.

Ligga national nature reserve, about 25 km from Jokkmokk. Take road 88 towards Porjus for about 18 km, then the road to Messaure. Route accessible in summer. Area for camp-fires with wind-shield and foot-bridge to cold springs. RTC

Porjus

Sights:

Porjus Expo, a permanent exhibition depicting the harsh conditions which faced the pioneers who opened up this area. RWC

The old and new Porjus power stations. RWC

Porjusberget mountain, which has extensive views of the area, including the Stora Lulevatten lake.

Vuollerim

Archaeological exhibition in the Folkets Hus, describing the history of the area over the past 6,000 years. RWC

RWC:

Folkets Hus
Hotel Jokkmokk
Jokkmokk sports centre
Gullan bar
STF mountain station,
Kvikkjokk
Turistservice, Kvikkjokk
Kvikkjokk Service House
Änglamark leisure centre,
Vuollerim

Jokkmokk Tourist Office RWC
tel: 0971/121 40, 172 57

Vuollerim Tourist Office
tel: 0976/101 65

Jukkasjärvi

RWC:

Jukkasjärvi Wärdshus (road 98)

Kalix

Sights:

Kamlunge rapids,
where you can try your hand at
fishing or watch the village
fishermen using their
traditional methods. RWC

Hyttgården Töre, restored
craftsmen's settlement with
homestead museum. RWC

Kalix museum, with exhibits
from the Stone Age. RWC

Ryssgraven, a mass burial
ground for Swedish, Finnish
and Russian soldiers who died
during the war in 1809.
Located in the centre of Kalix.

Kalix Tourist Office RWC
tel: 0923/651 22, 650 00

Luleå

Sights:

Luleå old town with its unique
wooden buildings, church and
outdoor museum which shows
how local farmers used to live
in the tough environment of
the Far North. You can also see
traditional old crafts, with an
armourer's workshop where
you will be shown how a rifle
barrel was fashioned.

Luleå area museum, RWC
which depicts the history of the
region and of the Lapp people.

Activities:

Swimming at Lulsunds-
badet. RWC

Ormberget outdoor activity
centre, with swimming pool.
Refreshments available. RWC

RWC:

Tempo, Storgatan
Domus, Storgatan
Mjölkudden church
Cathedral
Church house (rear entrance)
Le Bistro Petit Maxim

Luleå Tourist Office RWC
tel: 0920/937 46, 938 29

Överkalix

Sights:

View from Brännaberget. RWC

RWC:

Parish hall

Sports hall

ICA

Konsum

Folkets Hus

Hotel Laxen

Nilles Bar, Svartbyn

Överkalix Tourist Office RWC
0926-103 92
(June-August)

Övertoneå

Activities:

Fishing in Onkijärvi,

Puhkunjärvi and Saarijärvi

(fishing-huts available). RWC

Leisure centre

tel: 0927/108 50

Övertoneå Tourist Office RWC
tel: 0927/105 35
(June-August)

Pajala

RWC:

Folkets Hus Smedjan

Pajala Tourist Officer RWC
0978-100 15, 111 30

Piteå

Sights:

"Blood bread" baking at
Strömlidastugan.

Tannery at Bölebyn which still
uses the traditional methods.

The church in Öjebyn, a
historic village founded in the
13th century.

Activities:

Fishing at Holsträsket. RWC
Information on 0911/500 80.

Swimming at Hamträsk and
Piteå Havsbad, where ramps
are available. RWC

Piteå Tourist Office RWC
tel: 0911/933 90

Accommodation:

Hotels:

Älvsbyn, Hotell Sparta 0929-177 40	HR 3 TR 54	S	H	A 1
Älvsbyn, Nyfors Kursgård 0929-105 27	HR 3 TR 5	S		A 7 (separate part of dining-room)
Arvidsjaur, Lapoina Hotel 0960-108 80	HR 2 TR 2	S		A 2
Gällivare, Hotell Vassara 0970-110 20	HR 2	S		
Haparanda, Stadshotellet 0922-114 90	RWC	S		
Haparanda, STF's youth hostel 0922-111 71		S		A 1 (separate part of dining-room)
Jokkmokk, Hotell Jokkmokk 0971-113 20	HR 3 TR 3	S		A 16
Kalix, Grytnäs Herrgård 0923-102 19	HR 3 TR 1	S		A 3 (separate part of dining-room)
Kalix, Hotell Vallhall 0923-121 90	HR 3	S	H	
Kiruna, Hotell Ferum 0980-186 00	HR 4	S		
Luleå, Max Hotel 0920-202 20	HR 3 (no assistance available to get to room)	S	H	A 1 (separate part of dining-room)
Luleå, Hotell Nordkalotten 0920-893 500	HR 2 TR 114	S	H	A 65 (separate part of dining-room)

Luleå, SAS Globetrotter Hotel 0920-940 00	HR 2	S		A 3	
Pajala, Hotell & Rest. Smedjan 0978-108 15	HR 2		H	A 2	
Piteå, Hotel Christofer 0911-190 70	TR 15	S			X
Piteå, Hotell Larus 0911-322 00		S	H	A	
Piteå, Stadshotellet 0911-119 20	HR 8	S		A 3	
	(no assistance available to get to room)				
Vidsel, Vårdshuset Renkronan 0929-302 00			S	H	

Chalet villages:

Arjeplog, Kraja stugby/camping 0961-106 75	HR 19	S	H	A 2	
Harads, Vårdshuset Vita Renen 0928-106 41	HR 1 TR 1	S		A 4	
Jokkmokk, Polcirkelns Fiskecamp 0971-111 14				A 1	
Jokkmokk, Jokkmokk Turistcenter 0971-123 70	HR 1 TR 9			A 5	
Jokkmokk, Årrenjarka Semesterby 0971-230 18, 230 16	TR			A 12	
Lillkorsträsk, Älvsbyn Lillstrands EFS ungdomsgård 0929-200 66, 211 90	HR 2				X

Gällivare, Dundret
0970-145 60

HR 6 S

Svanstein,
Idrottslägret Svanstein
0927-201 30

HR 21 S

Camping:

Älvsbyn, Selholmen
0929-111 70

A 1 chalet

Älvsbyn, Nyfors
0929-105 27

chalet, shower, asphalted path,
room, no public RWC
A 10 chalets, other areas

Arjeplog,
Kraja stugby/camping
0961-106 75

19 chalets, shower, asphalted path
A 2 chalets, showers/toilets

Boden, Bodens Camping
0921-624 07

shower, asphalted path

Gällivare, Gällivare Camping
0970-180 00

shower, asphalted path

Haparanda, Sundholmen
0922-118 01

shower

Harads, Harads Camping
0928-101 67

shower, asphalted path
showers/toilets

Jockfall, Jockfall
0926-600 33

chalet, no public RWC

Jokkmokk,
Jokkmokks Turistcenter
0971-123 70

chalet, asphalted path
A 5 chalets, showers/toilets

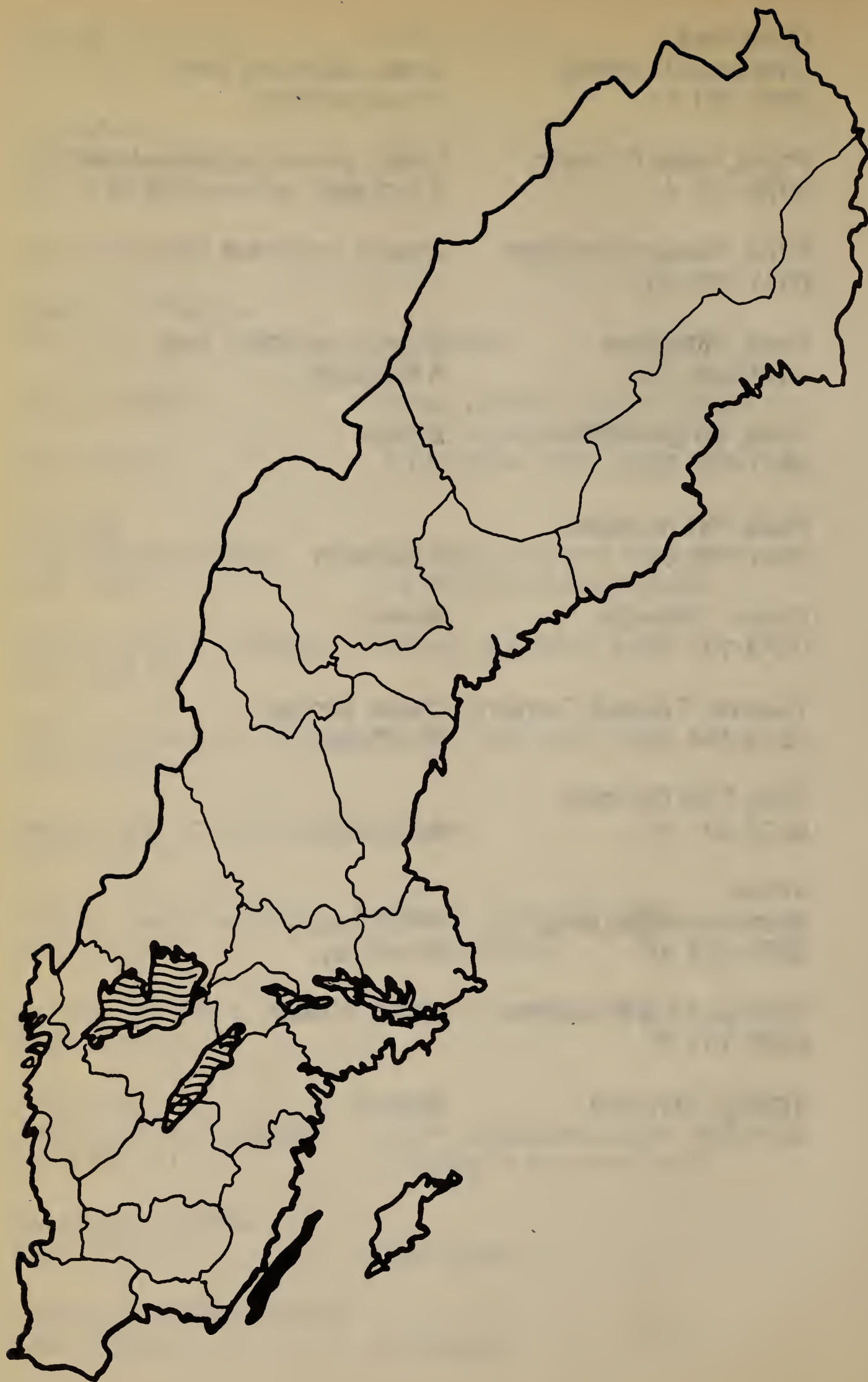
Norrfjärden, Ladrike
0911-502 50

other areas

Överkalix, Bränna Camping
0926-103 92

A 2 chalets

Övertoneå, Övertoneå Camping 0927-101 41	chalet, asphalted path showers/toilets
Pajala, Pajala Camping 0978-108 11	chalet, shower, asphalted path A 2 chalets, showers/toilets
Piteå, Norrstrandsbaden 0911-155 90	shower, asphalted path
Piteå, Pitholmen 0911-320 74	shower, asphalted path A 6 chalets
Piteå, Borgarudden 0911-535 18	shower
Piteå, Pite havsbad 0911-322 00	A 2 chalets
Porjus, Solberga 0973-102 22	shower
Tärendö, Tärendö Camping 0978-204 29	chalet, shower A 1 chalet
Töre, Töre Camping 0923-401 24	A 2 chalets
Vidsel, Storforsens Camping 0929-310 49	HR 2 chalets A 1 chalet
Vittangi, Nedre Soppero 0928-101 67	chalet, shower
Vittangi, Idivuoma 0981-231 12	shower



ÖLAND

Sights:

Jordhamn mill, where you can buy newly-ground flour between 15 June and 4 August on Saturdays and Sundays (also on Wednesdays during July).

Borgholm castle ruins with special activities and concerts. By the kiosk there is RWC

Restored prehistoric village at Eketorp. RWC

Öland aquarium at Borgholm.

Öland Zoo.

Öland glassworks at Borgholm.

Motor and Railway Museum at Borgholm.

Gettlinge burial ground. RWC

Solliden, the Royal Family's summer residence (access difficult).

Activities:

Swimming at Klintagården and Köpingsvik; ramps and special chairs.

Haga Park bathing beach; road and jetty to the sea. RWC

Öland sailing school at Grankullavik. Courses for the physically disabled. All paths are asphalted.

RWC:

Löttorp Bar and Restaurant
Sandvik mill

Solkatten, Borgholm

Gårdby bar, Gårdby

Eketorp village

By Öland bridge (both ends)

Träffpunkt Öland (Öland meeting point)

Sjöstugan, Byxelkrok

Hotel Hornsjön, Löttorp

Borgholm square, service building

Träffpunkt Öland (Öland meeting point)

RWC

tel: 0485/345 60

Borgholm Tourist Office RWC

tel: 0485/123 40

Accommodation:

Hotels:

Borgholm, Strand Hotell 0485-110 20	HR 1	A 2
Byxelkrok, Solö Vårdshus 0485-283 70	TR 6	
Färjestaden, Ölands Skogsby STF's youth hostel 0485-383 95, 380 32	TR 4	S
Kastlösa, Kastlösa Stiftsgård 0485-421 75	HR 2	
Köpingsvik, Stiftelsen Klintagården 0485-722 40	TR 6	S H A 21 (no guide dogs permitted)
Lofta, Loftagården 0485-264 00	HR	

Chalet villages:

Köpingsvik. Lundegård 0485-723 41	A 4
Stora Frö, Haga Park 0485-360 30	HR 2

Camping:

Borgholm, Ekerum 0485-551 90	HR 2 chalets A 4 chalets
Byxelkrok, Böda Sand 0485-221 95	A 2 chalets, showers/toilets
Färjestaden, Eriksöre 0485-361 87	shower, asphalted path A 1 chalet

Färjestaden, Mällstorp
0485-311 65

A 1 chalet, showers/toilets

Köpingsvik,
Klintagården
0485-722 40

shower, asphalted path,
fishing, swimming
room, showers/toilets, other areas

Köpingsvik, Grönhag
0485-721 16

shower, asphalted path

Löttorp, Löttorp
0485-232 70

chalet, asphalted path

Löttorp, Bödagården
0485-220 59

shower

Löttorp, Sandbybadet
0485-203 22

showers/toilets



ÖSTERGÖTLAND

Borensberg

Göta Hotel

RWC

Outdoor museum, Old Linköping, with well-preserved buildings from the 17th to the 19th century. RWC

Hov

Sights:

Bird-watching at Lake Tåkern, a paradise for ornithologists. Best time to go is spring and autumn. The hide tower is adapted for the physically disabled (for information telephone 013/12 92 00 or 042/430 70).

St Lars Church.

T

Linköping Cathedral.

T

Vreta abbey church.

RWC

Bjärka Säby Castle.

RWC

Boat trip on Sweden's "blue ribbon", the Göta Canal, between Berg and Borensberg.

RWC

Kinda Area

Activities:

Fishing at Pinnarp chalet village on the Övre Fölingen lake.

Trädgårdsföreningen, park in the centre of town, with entertainment on Thursday evenings in summer.

RWC:

Tolvmannabacken
Rimforsa Kinda Hotel

Activities:

Swimming at Ljungsbrobadet, Glyttingebadet and Hinna-badet, all of which have RWC

Kisa Tourist Office
tel: 0494/122 60

RWC

Swimming also at Tinnerbäcksbadet, Sweden's largest artificial lake. Lift and ramps. RWC

Linköping

Sights:

Area museum with a wide variety of collections, including a unique Egyptian section. Adapted for the hard of hearing. RWC, T

Vidingsjö outdoor activity centre. Exercise track for the visually handicapped and the wheelchair-bound. RWC, S

RWC:

Cafe Krouthén
Berg locks
Sättravallen outdoor centre

Aviation museum, with many unique aircraft on display. RWC

Skäggetorp centre (road 36)

Linköping Tourist Office RWC
tel: 013/20 68 35, 20 60 50

Motala

Sights:

The point where the Göta Canal flows into Lake Vättern. In the guest harbour, there is a café, special shops open during the summer and RWC

Motala Folk Park, one of the most attractively-located in the whole of Sweden. RWC

Motala museum/Charlottenborg castle.

Medevi Brunn, Sweden's oldest health spa.

Motala radio museum. Assistance needed. RWC

Activities:

Mariebergssbadet, five swimming pools heated to 26 degrees. RWC

RWC:

Domus
Folkets Hus
Åhléns department store

Motala Tourist Office RWC
tel: 0141/252 54, 252 50

Norrköping

Sights:

The Town Museum, Västgötagatan 19-24, with displays depicting the history of the town and its textile industry. The old machinery can be seen in authentic surroundings. Information on 011/18 77 00. RWC

Himmelstalund Park, with rock carvings dating back 3,000 years.

Karl Johan's Park, with noted cactus display.

Kolmården Zoo just outside Norrköping, with a large safari park, dolphinarium and many other attractions. Rather hilly site but physically handicapped can obtain a permit to tour the area by car. No permits issued in July. For further information ring 011/951 00.

Boat trip on the Göta Canal from Norsholm to Söderköping on the M/S Göta Lejon.

Activities:

RTP recreation centre at Mon on the St Anna archipelago. Sailing, canoeing, swimming, accommodation available (tel:011/12 15 67).

RWC:

Domus, Linden and Spiralen department stores, Drottninggatan 37-59

Repslagaregatan 3 (coin-operated)
Palace Gourmet
Nya Torget
Kristina school, Drottninggatan
Arkösund Reningsverk (coin-operated)

Norrköping Tourist Office
tel: 011/15 15 00

Ödeshög

Östgöta picnic site. RWC

Ödeshög Tourist Office RWC
tel: 0144/114 63, 110 10

Söderköping

Sights:

Boat trips on the Göta Canal on the M/S Svea Lejon from Söderköping to Arkösund through the beautiful archipelago. RWC

Boat trips on the Göta Canal on the M/S Göta Lejon from Söderköping to Norsholm.

Watch the boats going through the Göta Canal locks at the Söderköping canal shop. RWC

Söderköping Tourist Office
tel: 0121/129 40, 181 60

Vadstena

Sights:

Handicrafts shop at the town hall. RWC

Vadstena Abbey.

St Birgitta's Church. RWC

Hospital museum; displays in basement depict the old methods of treating the mentally handicapped.

Vas Vitreum glassworks. RWC

Randel lace museum and Svenska Spetsar lace shop.

Activities:

Swimming at Vätterviksbadet. RWC

RWC:

Restaurant Munkklostret
Kungs Starby Vårdshus
Stures Gatukök
Public toilets, Röd Tornet
Raststugan, old harbour
warehouse near the castle.

Vadstena Tourist Office RWC
tel: 0143/102 50

Omberg Tourist Office
(Naturum nature reserve)
tel: 0144/332 45
(April-August)

Valdermarsvik

RWC:

Restaurant Gyllene Nyckeln
Fyrudden lightship, Gryt
Ringarums Vårdshus,
Ringarum
Träffpunkt Blå Kusten, Kårtorp

Valdermarsvik Tourist Office
tel: 0123/300 94 RWC
(September-May)

Ydre Area

Sights:

Hultgren Museum,
photographic museum at the
district library. RWC, T

Information on access at
sightseeing attractions or
activity centres is available from
the Östergötland Regional
Tourist Office
(tel: 013/10 76 00).

Medieval church at Torpa.

RWC:

Ydre Wårdshus

Ydre Tourist Office
tel: 0381/603 30
(June-August)

Accommodation:

Hotels:

Åby, Getå Turist och Konferens Hotell 011-620 50	TR 11	S	H	
Åtvidaberg, Stallet 0120-119 40	HR 2	S	H	
Finspång, Hotell De Geer 0122-131 50	HR 2	S		A 1
Kisa, Kisa Gästgivarhotell 0494-120 80				A 1
Linköping, Baltic Hotell 013-12 90 00	HR 2 (2 flights of stairs to lift)	S		X
Linköping, Hotell Ekoxen 013-14 60 70	HR 4	S		
Linköping, Frimurarehotellet 013-12 91 80	HR 3			
Linköping, Motell Filbyter 013-12 93 25	HR 2			
Linköping, Gudmundsgårds youth hostel 013-17 64 58 013-10 21 60 Booking	TR 3 (no shower)	S (no assistance available in dining-room)		
Linköping, Brask Hotell 013-13 02 00	TR 30			X
Linköping, Scandic Hotell 013-17 10 60	HR 2	S		
Linköping, Stora Hotellet 013-12 96 30	HR 11 TR 11	S		

Mjölby, Mjölby Stadshotell 0142-132 50, 150 30	HR 4	S			
Motala, AB Medevi Brunn 0141-911 00	HR 9	S		A 5	
Motala, Palace Hotell 0141-166 60	TR 3	S	H		X
Norrköping, Grand Hotel 011-19 71 00	HR 6	S		A 4	
Norrköping, Lagerlunda youth hostel 011-10 11 60	HR TR	S			
Norrköping, Scandic Hotel Norrköping 011-10 03 80	HR 1	S			
Norrköping, Standard Hotel Sara 011-12 92 20	TR	S			
Norrköping, President Hotell 011-12 95 20	HR 4	S		A 1	
Norrköping, Vildmarkshotellet 011-15 71 00	HR 3	S		A 2	
Norrköping, Södra Hotellet 011-18 99 90		S			
	TR 2				
Ödeshög, Motell Vida Vättern 0144-400 54, 400 58	TR 12 (1 flight of stairs)	S	H		
Ödeshög, Hotell Lysing 0144-115 10		S			
	TR 1				
S:t Anna, Wass Pensionat 0121-510 12, 0123-202 89	TR 5	S			
				(no guide dogs permitted)	

Söderköping, Söderköpings Brunn 0121-109 00	HR 4	S	A 12 (separate part of dining-room)
---	------	---	---

Vadstena, Vadstena youth hostel 0143-103 02		S	A 1 (separate part of dining-room)
---	--	---	--

Chalet villages:

Boxholm, Malexanders chalet villages 0142-300 62, 013- 10 76 03	HR 4		A 2
---	------	--	-----

Kisa, Pinnarps Chalet and Conferens villages 0494-430 88, 430 21	HR 9 TR 4	S	
--	--------------	---	--

Kolmården, Bodaviken 011-921 42	HR 4 , väg A 4, övriga utrymmen		
------------------------------------	------------------------------------	--	--

Motala, Varamons Chalet villages 013-10 76 03, 0141-252 54	HR 4 HR 2		
--	--------------	--	--

Norrköping, Helmarksgården RTP's rekreationsanl. 011-12 15 67	HR 24 beds 3 chalet A 24		
---	-----------------------------	--	--

Sturefors, Sättra Fritidsgård 013-400 19	HR 3 (specially equipped chalet)	S	H
---	-------------------------------------	---	---

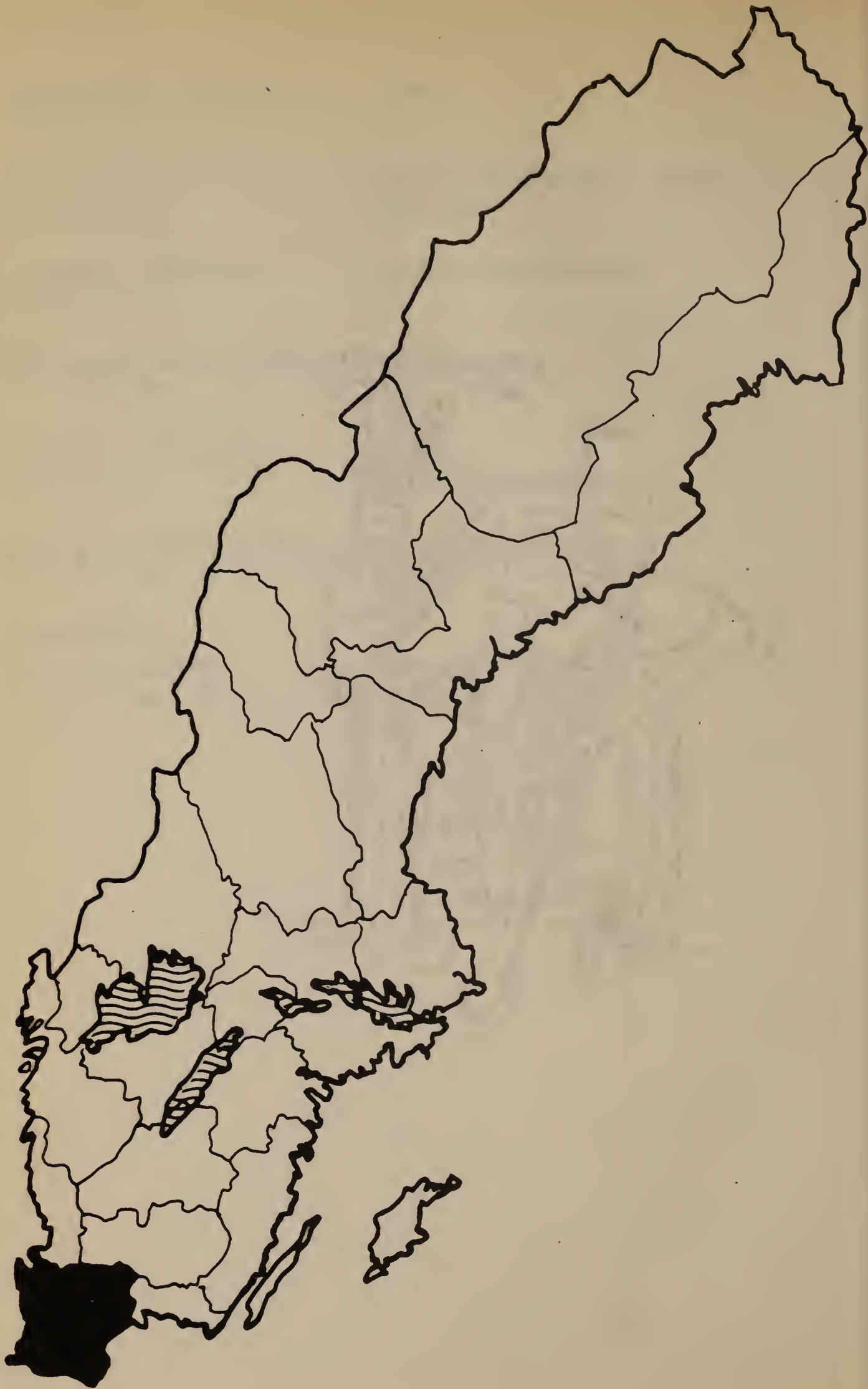
S:t Anna, Tyrisköt chalet villages 0121-125 46	HR 2 A 2		
--	-------------	--	--

Valdemarsvik, Ämtö chalet villages 013-10 76 03	HR 2		A 2
---	------	--	-----

Camping:

Borensberg, Strandbadet 0141-403 85	shower
Kisa, Pinnarp 0494-430 88	chalet, asphalted path, fishing A 9 chalets
Linköping, Glyttinge 013-17 49 28	shower, asphalted path
Norrköping, Himmelstalund 011-17 11 90	asphalted path
Sturefors, Sättravallen 013-400 19	shower A 1 chalet, other areas
Vadstena, Vätterviksbadet 0143-127 30	asphalted path, shop
Valdemarsvik, Grännäs Camping 0123-114 44, 110 73	HR 1 chalet A 1 chalet





SKÅNE

Åhus

Sights:

Studioglasshyttan, small glassworks, shop (tel: 044/24 16 28).

Åhus main square and church, the ruins of St Anna's Church, the historic Kungstugan house and other old parts of the town.

Activities:

DHR summer home, Villavägen 52. Ramp to pool. RWC

RWC:

Kantarellen Hotel and Restaurant

Åhus Golf Restaurant

Åhus church hall

Åhus Gästgivaregård

Folkets Park

Åhus Tourist Office RWC
tel: 044/24 01 06, 24 32 46

Ängelholm

Sights:

Trips (3 a day) on the tourist boat Laxen June-August.

Park with old buildings, zoo and refreshments. RWC

Activities:

DHR's "Sommarsol" centre (tel: 0431/534 20). Recreation and rehabilitation. Personal service round the clock. Swimming in the salt water of the Kattegatt

or in two heated indoor pools. The centre has its own bus for excursions to the Halland hills, Denmark or other parts of Skåne. Many other activities and entertainment.

Dancing at Ekebo, 10 miles outside Ängelholm. RWC

Fishing at Skåne Marina, Skälderviken, from a specially-adapted ramp.

Swimming in the sea from Ängelholm beach. RWC

Ängelholm swimming pool. RWC

RWC:

Råbocka camping site

Margretetorps Gästgivaregård

Restaurant Paletten

Brännborn department store, Klippanvägen

Ähléns department store, Storgatan

Restaurant Klitterhus

Restaurant Skälderviken

Domus, Storgatan

Public library and Moment gallery, Storgatan

Folkets Hus, Doktorsgatan 2-6

Ängelholm town hall,

Östravägen

Ängelholm airport

Public toilets, Järnvägsgatan

Åvalla assembly hall, S

Kyrkogatan 3

Barkåkra church

Barkåkra assembly hall

A handicapped guide is available on request from the Tourist Office

Ängelholm Tourist Office
tel: 0431/821 30

Denmark

If you want to travel over to Denmark you can either take the hydrofoil from Malmö to Copenhagen or the car ferry from Helsingborg to Helsingör. If you take the car ferry you can stay in your car during the crossing, which takes only about 20 minutes. NB: There is no space for cars on the hydrofoil and you may also need assistance.

Åstorp

Checkpoint Sweden.
Information on Sweden, exhibitions, shop, picnic area, rest rooms etc.
(tel: 042/555 55). **RWC**

RWC:

Försäkringskassan,
Esplanaden 9
Kommunhuset, Storgatan 7
Police station, Torggatan 19
Post Office, Esplanaden 19
Public toilets, Nya Torget
Sparbanken, Storgatan 12
Rågenhallen sports centre,
Hagagatan 1
Mission hall, Pilgatan
Parish hall, Kyrkogatan
Restaurant Hörnan, N
Storgatan 4
Bäcksgården, Vramsvägen
OJ, Pilgatan

Hyllinge:

Public library, Ågatan 20
Folkets Hus, Örtgatan

Kvidinge:

Folkets Hus
21:an Taverna (road 21)

Handicapped guide
tel: 042/509 00

Båstad

Sights:

Norrviken, with its many and varied gardens, small glassworks, weaving centre and other crafts. Aviary and mini-zoo. Restaurant. **RWC**

Activities:

Beach is suitable for bathing. **RWC**

RWC:

Värdshuset Spisen, Förslöv
Grand Hotel Skansen
Hallandsås Motel
Margaretetorp Gästgivaregård
Pension Enehall
Restaurant Hjorten
Restaurant Rivieran
Hotel Kattegatt, Torekov
Restaurant Solsidan, Torekov
Parking area near the Tourist Office
Public library
Försäkringskassan
Kommunhuset
Police station
Boarp park
Hemmelöv manor-house
Restaurant Borgen
Restaurant Ludvig

*Handicapped guide
available at:*

*Båstad Tourist Office
tel: 0431/750 45*

Eslöv

Sights:

Trollenäs castle. RWC

Sjöhusgården, Trollsjön, May-
September.

Harlösa handicrafts centre,
Sjögården Vombsjön

Activities:

Karlsro swimming pool. Open-
air pool June-August, indoor
pool September-May. RWC

RWC:

Restaurant Family Gårdstånga
(on the E66)
Hotel Sten Stensson

*Eslöv Tourist Office
tel: 0413/100 41
(June-August)*

Hässleholm Area

Sights:

Hässleholm park with a small
zoo. RWC

Fårgården dairy. RWC

Norra Sandby, where you see
the manufacture of cheese
made from milk produced by
Friesian sheep and other
activities. Refreshments.
Information: 0451/330 75.

Tomaz pottery, Vanneberga,
Vinnslöv. Manufacture of lead-
free ceramics. Shop, refresh-
ments and exhibitions. RWC

Brönnestad

St Mary's Church, with 15th
century mural paintings and
the 13-metre-high clock tower
from the 17th century. RWC

RWC:

Town hall
Public library,
Första Avenyn 14
Public park (Åkaregatan
entrance)
Hässleholmsgården
Försäkringskassan,
Röingegatan 2
Kvantum, Kristianstadsvägen 3
OBS, Hövdingegatan 27
Snapphanen, Första Avenyn 7
Vänhem clinic,
Frykholmsgatan 29

Vinslöv:

Sports centre,
Vannebergavägen
Clinic, Vannebergavägen
Hedbergs Möbler, Storgatan

Vittsjö:

Sparbanken,
Hässleholmsvägen 27
Public library, Hårsjövägen
BrännbornsFavor,
Hässleholmsvägen 25
Medborgarhuset, Hårsjövägen

Bjärnum:

Anders Livs, S:a Vägen 1
Clinic, Algatan 12

Tyringe:

Tyrehallen,
Stenbocksgatan 10
Public library,
Hantverksgatan 17

Clinic, Malmövägen 15
Tyrs Hov, Paradisgatan 32

Sösåala:

Vanaröd school library,
Slottsgatan 1
Clinic/pharmacy,
Föreningsgatan 5

Håstveda:

Post office, Karlavägen 4

Stoby:

Clinic, Hässleholmsvägen 1

Information on access from the
social services office at the
town hall (tel: 0451/880 00).

*Hässleholm Tourist Office*RWC
tel: 0451/882 10, 141 50

Helsingborg

Sights:

Fredriksdal open-air museum.
Handicrafts week at the
beginning of June. RWC

Activities:

Plenty of swimming facilities,
including Rååbaden,
Filbornebadet, Råå Vallar,
Badhuset, Södergatan and
Kallbadhuset, all with RWC

RWC:

Hotel Horizont
Mollberg Restaurant
La Petite
LB ferry office
Första Sparbanken
Ramlösa Wårdshus
Råå Wårdshus
Restaurant Svarta Pannan
Restaurant Österns Pärla
Clock
Restaurant Domus

Grönatallriken
Tempo, Kullagatan
Tempo, Stattena
Restaurant Teaterkatten
Restaurant Chagall
Grand Hotel

*Helsingborg Tourist Office*RWC
tel: 042/12 03 10

Höganäs

Sights:

Maritime and ceramic
museum. RWC

Stengodsfabriken pottery
shop. RWC

Höganäs Tourist Office
042-497 93
(April-September)

Höör

Sights:

Skånes Djurpark zoo and old
village.
Beautifully located with 400
animals of 75 Scandinavian
species and a unique
reconstruction of a Stone Age
environment. RWC

Bosjökloster castle with the
castle church,
art exhibitions, park and
extensive gardens. RWC

Activities:

Frostavallen, Skåne's noted
leisure centre with footpaths,
swimming, fishing and canoes
for hire. RWC

Hörby

Sights:

Hörby radio station, technical museum with displays on communications, radio, air and sea travel. RWC

RWC:

Stora Hotel

Hörby Tourist Office
0415-181 80

Kåseberga

Sights:

Fish-smoking plants in the harbour. RWC

Kävlinge Area

Sights:

Barsebäck nuclear power station (exhibition).

Gillhög tumulus, viewpoint (no seats).

Activities:

Barsebäck, sea bathing. RWC

Järavallen golf-course, rambling area RWC

RWC:

Furuland:

ICA store, Kungsgatan 51
Vikenbadet pool

Kävlinge:

Föreningsbanken,
Mårtensgatan 20
Library, Kvarngatan 17
Billingshäll Service Centre

Löddeköping:

Checkers Restaurant
Norrehed Service Centre
Engelbrekt

Löddeköpings Tourist Office
046-70 57 14
(June-August)

Kivik

Sights:

Stenshuvud national park with varied wildlife. Excellent views from the Stenshuvud and Kortel headlands. Eel-fishing and swimming at Knivareboden. RWC

RWC:

Harbour

Klippan Area

Handicapped guide available for Klippan, Ljungbyhed, Östra Ljungby and Stinsvig.

Klippan Tourist Office
tel: 0435/282 00

Kristianstad

Sights:

Grönroos Silver Smithy (tel: 044/11 02 04). Assistance available.

Maria Börjesson Pottery (tel: 044/10 20 85).

Skepparlövs Mölla.
Traditional old windmill. Please
telephone in advance to check
opening times
(tel: 0450/506 57). RWC

Railway Museum. Large
collection of locomotives and a
typical station house (tel:
044/13 57 23). RWC

Bäckaskog Castle, with
beautiful park and excellent
paths. Restaurant in the old
stables. RWC

Holy Trinity Church, built in
1618-28, the finest
Renaissance building in the
Nordic countries.

Tyghuset, museum with
exhibits on the town's history.

RWC:

Restaurant Le Petit Paris
Square, adjoining Domus
Restaurant

CSK pharmacy,
Blekingevägen 17
Svanen pharmacy, V.
Storgatan 46

Föreningsbanken, Ö.
Boulevarden 32

Sparbanken,
Ö. Boulevarden 52

Main library, Föreningsgatan 4
Information office, Town Hall
Restaurant Lotus, Tivoliparken
Sommaro, Ö. Boulevarden 1B
Fenix Café & Restaurant,
Långebrog 54

Hotel Christian 4, V.
Boulevarden 15
Restaurant Kantarellen

Grand Hotel, V. Storgatan 15

*Handicapped guide available at
the Tourist Office:*

Kristianstad Tourist Office RWC
tel: 044/13 53 35, 12 19 88

Landskrona

Sights:

Town park,
with excellent paths round the
citadel. Art gallery. Nearby
square has RWC

Castle park and café. RWC

Water tower with viewpoint,
near the Seglar Pavilion. RWC

Art gallery open 1pm to 5pm
Tuesday-Sunday. RWC

Landskrona Castle. RWC

Borstahusen Chapel. RWC, T

Activities:

Citadel swimming pool open
May-August. RWC

Läktar swimming pool open
August-May. RWC

Information on exercise paths
and excursions available at the
Tourist Office or the
handicapped department in
the social services office (tel:
0418/790 00).

RWC:

Tyghuset, Kasernplan
Erikstorp exercise course

Åhléns department store
 Infartens department store
 Folkets Hus
 Town hall entrance
 Public library, Eriksgatan
 Lundåkra harbour
 Örenäs Castle

Landskrona -Ven Tourist Office
 tel: 0418/169 80

Lund

Sights:

Kulturen, one of Sweden's largest homestead museums. Some buildings accessible by wheelchair. Special entrance available on request.

Lund Cathedral. RWC
 A 12th century building with a fascinating crypt and a 14th century astronomical clock. Bell for those who may need help to enter the cathedral:

Several historic churches, including Kloster Kyrkan, St Hans Church, St Knut's Church, Helgeandskyrkan, Allhelgonakyrkan and St Thomas's Catholic Church. All with RWC

Lund Art Gallery. RWC

City Hall. RWC

The Botanical Garden with its famous magnolia trees. RWC

Mårtenstorget and Saluhallen. Outdoor and indoor food markets. RWC

Drotten church ruins. RWC

Art Museum, Finngatan 2, archive for the decorative arts. Ask receptionist for directions to RWC

Lund observatory and planetarium. RWC

Activities:

Skryllegården outdoor activity centre a few miles outside Lund.

Artificially-lit asphalted exercise track accessible for wheelchairs for 1250 metres. RWC

Habo Gård, just west of Lund. An old farm now used as a study centre.

Warm-water pool for rheumatics and suitable for those suffering from allergies as the water is free of chlorine. Open every day 7am - 10pm. Meals and snacks available if ordered in advance (tel: 040/41 13 07).

Torna Hällestad. Boklunde Restaurant sited just by the beautiful Trolls' Wood. Asphalted paths, accessible to the severely disabled. Meals and snacks can be ordered in advance (tel: 046/530 82). RWC

RWC:

Saluhallen, Mårtenstorget
 Fokus, Clemenstorget
 Town Hall, Stortorget 7
 Town Library, St
 Petrikyrkogatan 6

Carlssons Trädgård,
Mårtenstorget
Hospital, Getingevägen
Kurslokalen Fakiren,
Bredgatan 5
HCK

Lund Handikappförörening
Åhléns Restaurant, Stora
Södergatan 6

Brasserie Lundia, Knut den
stores gata 2

Eros Restaurant, Allhelgona
kyrkogatan 4

Finn Inn Restaurant, Dag
Hammarskjölds väg 2

Fyra Kök, Mårtenstorget 11

Grand Hotel, Bantorget 1

Lilla Carlsson,
Sandgatan 10-12

PetriPumpa,
St Petrikyrkogata 7

Pizzeria Romana, Bangatan 4

Restaurant Fiskaregatan, Lilla
Fiskaregatan 13

Restaurant Ideo, Ole Römers
väg 16

Restaurant Ming Palace, Lilla
Tvärgatan 19

Restaurant Pampas,
Mårtenstorget 9

Restaurant Sparta,
Tunavägen 39

Rauhrackl, Stora Algatan 5

Salladstugan, Stora
Fiskaregatan 15

Tandoor, Östra Mårtensgatan 6

Lund Tourist Office RWC
tel: 046/15 50 40

Malmö

Sights:

Malmö Art Gallery, St
Johannesgatan 7. RWC

Malmö museums in Malmöhus
Castle, Malmöhusvägen,
including Natural History
Museum and Art Museum. RWC

Maritime Museum and
Technical Museum,
Malmöhusvägen. RWC

Carriage Museum,
Drottningtorget. Assistance
needed RWC

Attractive large parks with
excellent paths are
Kungsparken and
Slottsparken. Pildammsparken
with the Margareta Pavilion and
Rörsjöparken in Döbelnsgatan
both have RWC

Torup Castle outside Malmö
with a park and café. RWC

Ugglarpsgården near
Björnstorp is an interesting
excursion for those interested
in handicrafts.

Malmö Concert Hall,
Föreningsgatan 35. RWC

Theatres:
Storan,
Ö. Rönneholmsvägen. RWC
Nyan, Amiralsgatan 35, special
entrance from Falsterbogatan.
Stairs to RWC, assistance
needed.

Activities:

Hylliekroken. Swimming with
jetties and lift; sauna; café;
common room with pantry and
open hearth. RWC

Ribersborg swimming pool,
Limhamnsvägen. RWC

Bulltofta recreation area; 1500-
metre exercise track with
several resting areas.

Tandem bicycles can be
borrowed at Parkmöllan
Service House (tel: 040/34 59
91) or Lindgården Service
House (040/34 59 80).

A guide to sporting and leisure
facilities for the handicapped in
Malmö can be requested on
040/34 25 78.

RWC:

Caroli City shopping centre
Jägersro centre
Mobilia shopping centre
Central Railway Station
Gallerian, Stora Nygatan
NK

Restaurant Översten
Restaurant Årstiderna
Restaurant Casa Mia
Restaurant City Garden
Restaurant Pers Krog
Restaurant Shanghai
Restaurant Sky Line
Restaurant Sturehof

Malmö Tourist Office
tel: 040/34 12 70

Mölle

RWC:

Kullagårdens Wärdshus
Grand Hotel

Nyhamnsläge

(road 112 towards Ängelholm)

Restaurant Rut på Skäret RWC

Örkelljunga

RWC:

24-an Bar and Restaurant
Drakabygget
Borgcrantz Café, Storgatan 2

Örkelljunga Tourist Office RWC
tel: 0435/504 77

Osby

Sights:

Brio Toy Museum depicting
the history of the famous
Swedish manufacturer of
wooden toys. Open early June
to mid-August daily between
10am and 4pm. At other times
group visits can be arranged
between 8am and 4pm (tel:
0479/190 00). RWC

Göingegården, a 16th century
farm building. Barbro and Lars
will serve you coffee and light
refreshments and will lay on
some unusual entertainment.
Shop with handicraft products
from the area. Visits must be
arranged in advance (tel:
0479/133 17). RWC

Boat trip on Osby Lake
departing from
Strandpavilongen (tel:
0479/103 26).

Osby Tourist Office RWC
tel: 0479/182 47

Röstånga

RWC:

Röstånga Gästgiveri (road 19)

Röstånga Tourist Office

0435/913 53

(June-August)

Sibbhult

Sights:

Boat trip on Lake Immeln,
subject of many strange myths
and legends

(tel: 044/960 40).

RWC

Simrishamn

Sights:

Gislöv old smithy and museum.
Beautiful wrought-iron
products

(tel: 0414/250 50)

RWC

RWC:

Restaurant Maritim

Lilla Vik, Vik

Kiosk by parking area behind
Stortorget

Kyhls Restaurant

Simrishamn Tourist Office

tel: 0414/106 66, 118 70

Sjöbo

Sights:

Hallsberg manor-house, with
an agricultural museum.

Brandstad vicarage, with 19th
century furniture and fittings.

Äsperöd railway museum,
depicting the development of
the railways in south-east
Skåne from 1865 to the
present day.

Activities

Outdoor recreation area round
Lake Snogeholm. At the
parking area there is an
exercise track with tables and
benches. Tours by horse and
cart. By the lakeside there is a
grill where you can cook your
freshly-caught fish. Book 10
days in advance

(tel: 046/111 86).

Near the parking area is a RWC

RWC:

Sjöbo Gästgivaregård
Punkten Café

Sjöbo Tourist Office

tel: 0416/272 01

Skånör

RWC:

Outer promontory by the
sailing club harbour.

Skärалid

RWC:

Swedish Touring Club (STF)
site near the restaurant
(road 19).

Skillinge

Harbour office.

RWC

Skurup

Sights:

Svaneholm Castle park. RWC

Johanna Museum with veteran cars, motor-cycles and old country shop. (tel: 0411/427 80, 409 50). RWC

Skurup Tourist Office
0411/415 30
(June-August)

Tomelilla

Sights:

Christinehof Manor Park. Safari park and walkways.

Tomelilla Sommarland Park. One of Sweden's largest theme parks, with activities and entertainment for all the family. RWC

Tomelilla art gallery.

Sandegård handicraft centre, Smedstorp.

Ingelsta turkey farm and shop, Smedstorp.

Övraby Pottery.

Hedeberga old smithy where lamps and lanterns are still made. Shop.

Nedraby bakery, where you can watch the traditional Skåne cake called Spettekaka being made -- and even bake your own cake!

RWC:

Main square, on the corner of Norregatan, Smedgatan and Jungmansgatan

Tomelilla Tourist Office RWC
tel: 0417/180 00

Vellinge

Hvellinge Gästgivaregård RWC

Ystad

Sights:

City Museum in the old Greyfriars Monastery. RWC

Art Museum. RWC

The lavishly-decorated Maria Church. RWC

Walk along Åfåran and get a back-door view of medieval Ystad.

Bäckahästen coffee house, an oasis in the medieval town centre. RWC

Activities:

East of Saltsjöbaden by the first jetty, ramp to bathing jetty.

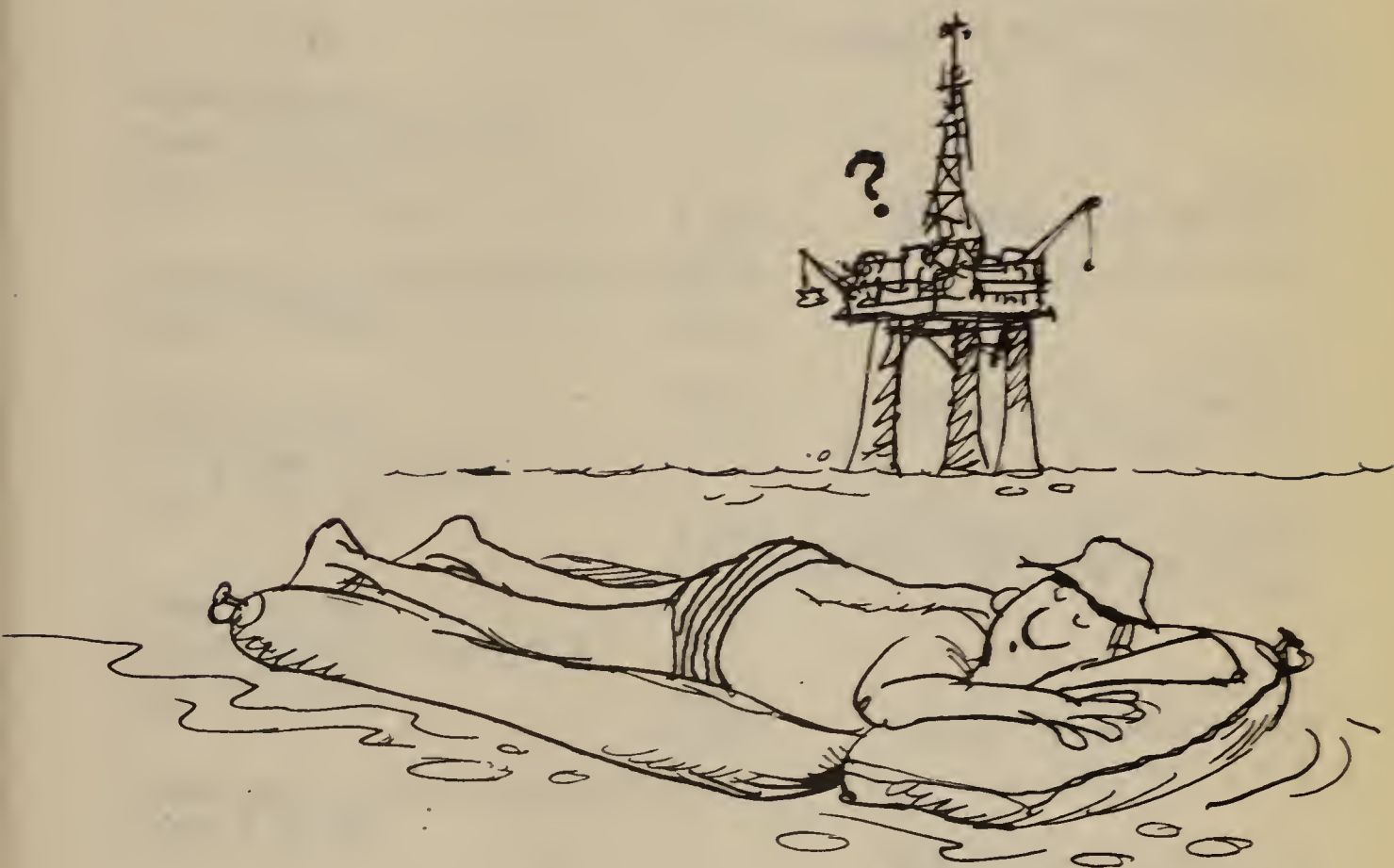
RWC:

Taxi rank
Norra Promenaden Restaurant
Folkets Park
Surbrunn Park
Försäkringskassan
Post Office
Public library
Åhléns department store
Österporthallen

Bornholmstrafiken terminal
Leisure centre swimming pool
Lödderup beach

Ystad Tourist Office
tel: 0411/772 78

RWC



Accommodation:

Hotels:

Åhus, Åhus youth hostel 044-24 85 35	HR 4			
Ängelholm, STF's youth hostel 0431-117 27	HR 6 (shower in nearby building)	S	A 6 (separate part of dining-room)	
Ängelholm, Hotell Paletten 0413-822 80	HR 1		A 1	
Arlöv, Scandic Hotel (Malmö) 040-43 36 20	HR 1 TR 28	S	H	
Båstad, Grand Hotell Skansen 0431-720 50	HR 2			
Båstad. youth hostel Drivan 0431-759 11	HR 2			
Båstad, Hemmelövs Herrgård 0431-700 32	TR 15	S	H	
Bromölla, Hotell Iföhus 0456-271 07		S		
Eslöv, Hotell Sten Stensson Sten 0413-160 10	HR 2	S		
Eslöv, Billingham 0413-423 30	TR			
Fjälkinge, Bäckaskogs Slott 044-532 50	HR 3			
Glumslöv, Örenäs Slott 0418-702 50	HR 4	S		X
		(no assistance available in dining-room)		

Hässleholm, Stadshotellet 0451-890 00	HR 5	S		A 5
Hässleholm, Motel Mackomaten 0451-103 15	HR 1	S		
Hässleholm, Hässleholmsgårdens youth hostel 0451-882 34	HR 7			A 7 (separate part of dining-room)
Helsingborg, Hotel Hälsingborg A/L 042-12 09 45		S		
Helsingborg, Hotel Kärnan 042-12 08 20	TR 1	S		X
Helsingborg, STF's Villa Thalassa 042-11 03 84		S (no guide dogs permitted)		A 2 (separate part of dining-room)
Helsingborg, Hotell Magnus Stenbock 042-12 62 50	TR 1			
Helsingborg, Hotel Horizont 042-14 92 60	HR 7	S	H	A 7
Helsingborg, Hotel Anglais 042-12 61 20		S		
Helsingborg, Scandic Hotel 042-15 15 60	HR 1	S	H	
Höör, Backagården 0413-253 22	HR 12 TR 36	S	H	
Höör, Frostavallen 0413-220 60	HR 12 TR 57	S		

Kävlinge, Kävlinge Vårdshus 046-73 49 80	HR 1			
Kristianstad, Stadshotellet 044-10 02 55	HR 12 TR 31	S		
Kristianstad, Grand Hotel 044-10 36 00			A 8	
Landskrona, Hotell Öresund 0418-290 00	HR 4	S		
Landskrona, Hotell Kronan 0418-162 25	HR 1		A 2	
Lund, Hotell Concordia 046-13 50 50	TR	S		
Lund, Grand Hotell 046-11 70 10		S	H	
Lund, Hotel Lundia 046-12 41 40	HR 4 TR 10	S		X
Ljungbyhed, Spångers Gästgiveri 0435-400 04, 406 66	TR 22			
Malmö, Atlas Hotel 040-12 19 77, 12 27 66	TR 3	S	A 5 (separate part of dining-room)	
Malmö, Scandic Hotel 040-18 01 20	HR 2 TR 127	S		
Malmö, Noble House 040-10 15 00	HR 4	S		
Malmö, Scandic Crown Hotel 040-10 07 30	HR 1	S	A 1	

Malmö, Garden Hotel 040-10 40 00	TR 80 (shower in corridor)	S	
Malmö, SAS Royal Hotel 040-23 92 00	HR 4		
Malmö, Skyline Hotel 040-803 06	HR 2 TR 270	S	A 34
Malmö, Sara Hotel Winn 040-10 18 00		S	
Örkelljunga, Hotell Åsljungagården 0435-603 80	HR 1	S	A 2 (separate part of dining-room)
Örkelljunga, Scandic Motel 0435-514 42		S	
Örkelljunga, Motell Skånes Fagerhult 0435-302 60	HR 1	S	
Simrishamn, Hotell Simrishamn 0414-117 20	HR TR	S	H
Tomelilla, Stora hotellet 0417-100 13	HR 1	S	H
Tyringe, Tyringe Kurhotell 0451-509 10	HR 4 TR 50	S	A 4
Vejbystrand, Sommarsol 0431-534 20	HR 100		
Ystad, Hotell Continental du Syd 0411-137 00	HR 1 TR 40	S	A 1
Ystad, Ystads Saltsjöbad 0411-136 30	HR 2	S	

Chalet villages:

Ängelholm, Klitterbyn 0431-171 80	HR 10	S (no assistance to get to room)
--------------------------------------	-------	--

Kristianstad, Degeberga Semesterby 044-13 53 35, 12 19 88 0450-500 87	HR 3	A 1
--	------	-----

Landskrona, Borsthussens semesterby 0418-169 80	HR 4	
---	------	--

Ystad, Sandskog Nya Stugby 0411-772 78, 772 79	HR 6 (ramp down to sea)	
--	----------------------------	--

Camping:

Åhus, Åhus 044-24 89 69	shower, asphalted path
----------------------------	------------------------

Ängeholm, Råbocka Camping 0431-105 43	shower, asphalted path
---	------------------------

Båstad, Norrvikens Husvagnscamp. 0431- 705 50	adapted for physically handikapped
---	------------------------------------

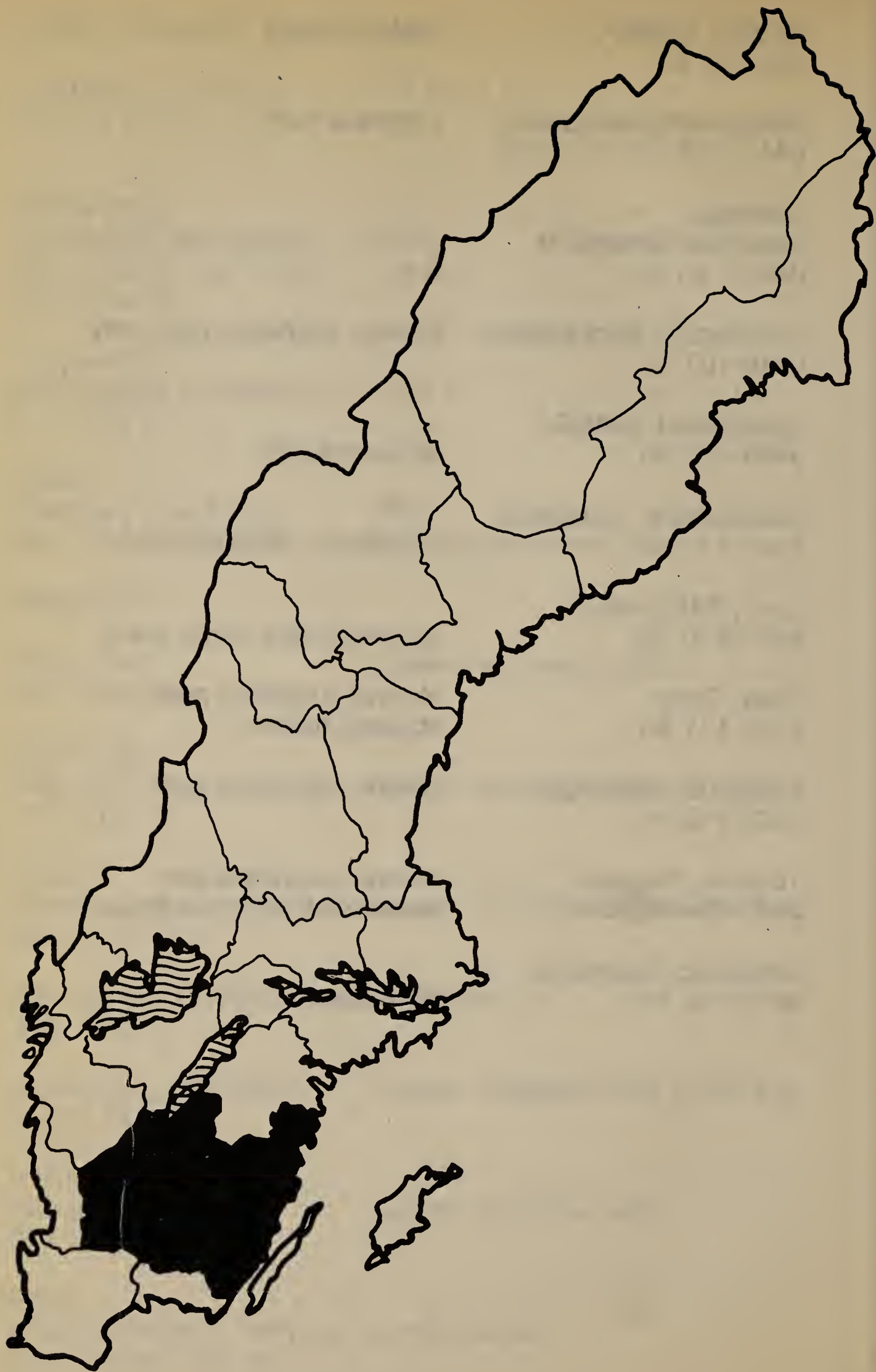
Hässleholm, Tykarpsgrottan 0451-350 87	asphalted väg
---	---------------

Helsingborg, Råå Vallar 042-26 06 85	shower, asphalted path, swimming
---	----------------------------------

Helsingborg, Stenbrogården 042-29 06 00	shower, asphalted path
---	------------------------

Höör, Skånes Djurparks Camping 0413-226 60, 201 14	service house
--	---------------

Klippan, Elfdalen 044-570 87	asphalted path
Kristianstad, Kristianstad 044-11 07 67	asphalted path
Kävlinge, Barsebäck Saltsjöbad 046-77 63 55	A 4
Landskrona, Borstahusen 0418-107 37	shower, asphalted path, jetty
Ljungbyhed, Skärålid 0435-421 20	showers/toilets
Löddeköping, Barsebäck 046-77 63 55	A4 chalets, showers/toilets
Lund, Källbybadet 046-15 51 88	showers/toilets, other areas
Osby, Osby 0479-111 35	shower, asphalted path showers/toilets
Röstånga, Röstånga 0435-910 64	shower, asphalted path
Torekov, Torekov 0431-632 98	shower, asphalted path showers/toilets, other areas
Trelleborg, Dalabadet 0410-149 05	A2 chalets



SMÅLAND/Jönköping

Eksjö

Sights:

The old town with its cobblestoned squares.

Activities:

Fishing in the Hunsnäsen and Gyesjön lakes. For information ring the Tourist Office.

RWC:

Stora Torget
Ullinge Vårdshus

Eksjö Tourist Office RWC
tel: 0381/133 05, 143 40

Gislaved

Activities:

Swimming in Gislebadet, RWC
50-metre heated outdoor pool.

Mini-golf.

Hörsjöbadet pool.

RWC:

Gisleparken, Gröna Vägen 37B

Gislaved Tourist Office
tel: 0371/145 16

Gnosjö

Sights:

High Chaparral, a
reconstructed Wild West town,
with daily shows from June to
August. RWC

Stora Mosse National Park, a
magnet for ornithologists.

Nesting site for many birds and
stopping place for migrants.
Paths, beautiful views and a
tower hide with lift.

Hylten Industrial Museum
depicting the metal industry
around the turn of the century.

Tolltorp open-air museum. The
only industrial museum in
Sweden where you can see
old manufacturing methods still
being practised. Open May-
September (tel: 0370/920 00).

RWC:

Götarps Brunn Vårdshus
Bernth Ottossons Konditori
Hotel Haga, Hillerstorp
Tölltorpshallen
Restaurant Diligensen, High
Chaparral

Gnosjö Tourist Office RWC
tel: 0370/920 00

Gränna

Sights:

The Andree Museum, RWC
with relics of the 1897 balloon
expedition to the North Pole.
The museum also depicts the
history of the Gränna area.

Gränna Berg outdoor
museum. RWC

Röttle Museum; watermills from the 13th and 16th centuries. Only partly accessible. RWC

Gränna polkagris factories. Watch the local equivalent of Blackpool rock being manufactured and buy it at the Axel or Fransson factory. Axel--tel: 0390/113 84; Fransson--tel: 0390/103 69.

RWC:
Ribbagården,
Ribbagårdsgränd

Gränna Tourist Office RWC
tel: 0390/110 10

Habo

Sights:
Habo Church, a picturesque wooden building from the early 18th century, with unique paintings. Church hall, just across the road, has RWC

Huskvarna

Sights:
Dr Skora's Waxworks (the only waxworks in Sweden). RWC

The 18th century Smedby village, populated by many artists and craftsmen and also the home of the Huskvarna Arms Museum which depicts the history of the 350-year-old local arms industry. It also has a display of motor-cycles. RWC

Brunnstorp manor-house and gardens. Ramp on the southern wing.

RWC:
Folkets Hus, Vättergatan 10
Folkets Park, Stationsgatan
Brunstorps Vårdshus
Ramada Hotel

Jönköping

Sights:
Stadsparken (City Park), one of Sweden's most beautiful parks with a fantastic view over the southern part of Lake Vättern. Asphalted paths. RWC

The Match Museum, on the site of the original match factory founded in the 19th century.

A6-centre, shopping centre plus tropical house with exotic animals, military museum and golf-course. RWC

Kabeland, an amusement park for children of all ages. RWC

RWC:
Café des Artistes
Dixie Taverna
Palermo Pizzeria
Hotel Portalen
Hotel Ramada
Smash In
Svarta Börsen
Åhléns Restaurant
Jönköping railway station
Borgmästarens Hatt
A6 shopping centre
Lillgården, Bankeryd

Statoil Taverna, Hyltena

Jönköping Tourist Office RWC
tel: 036/10 50 50

Sweden Info Center/ RWC
Info A6 Center
036/16 60 00

Nässjö

Sights:

Homestead museum with park,
fire-fighting museum,
an old signalman's cottage and
café. RWC

Kulturhuset (Culture House)
museum, with changing
exhibitions. RWC

Konsthantverkargillet craft
centre with exhibitions and
shop. RWC

August: "Barkerydsfesten",
traditional folk festival with
entertainments and
procession.

Activities:

Lövshult outdoor recreation
area about 5 km from Nässjö,
cafeteria and chapel. RWC

RWC:

Skogsvallen sports centre
Hotel Stinsen, Stortorget 1

Nässjö Tourist Information RWC
tel: 0380/780 60

Sävsjö

Sights:

Vallsjö rune-stone south-west
of Vallsjö church and visible
from the road.

Drakaröret Bronze Age
monument.

Eksöhovsgården castle ruins.
Nearby inn has an
entertainment programme
every Tuesday. It also has RWC

Wood carvings with religious
motifs by Eva Spångberg, who
is on hand to describe them to
you. The carvings are large and
the visually handicapped are
encouraged to touch them.
Located on road 30 between
Växjö and Jönköping just north
of the youth hostel.

Norra Ljunga church, which
has some interesting
paintings.

G:m Hjelmseryd Church with
services every day including
Laudes at 7pm and Compline
at 8.30pm.

RWC:

Domus, Sävsjö
Vallsjö swimming pool (summer
only)
Rörviks Taverna, Rörvik

Sävsjö Tourist Office RWC
tel: 0382/177 32
(June-August)

Tranås

Sights:

Adelöv local market, held on the first Thursday in September.

Boat trips on Lake Sommen on the M/S Strömholmen or the vintage steamship S/S Boxholm II.

Eriksberg, art gallery and school museum. RWC

Fur manufacturing, contact the Tourist Office for information.

Activities:

The Tranåsbaden centre is owned by DHR (the Swedish National Association for the Disabled). The hotel offers 24-hour service, and organised activities include canal trips, visits to the glassworks and evening entertainment. Special theme weeks are arranged throughout the year.

RWC:

Pharmacy, Ågatan 21
Föreningsbanken,
Storgatan 34
Jönköpings Läns Sparbank,
Storgatan 41
Gårllins Blommor, Storgatan 50
Persson & Borg El,
Mjölbyvägen 27
Tojans Köks-Center,
Missionsgatan 2
Stures Färghall, Storgatan 36
Anns Modeshop, Storgatan 22
Folkets Park, Gillesgatan

Lingmerths Resebyrå,
Storgatan 12
Eklidens Festvåning, Ekliden
Telebutiken, Storgatan 34
Hättabaden camping site

*Handicapped guide available at the Tourist Office or the social services office
(tel: 0140/681 36).*

*Tranås Tourist Office
tel: 0140/683 33*

Värnamo

Sights:

Apladalen valley, an attractive country park. RWC

Småland art archives, housing the provincial art collection.

Ohsbruk-Bor vintage railway.
Ohsbruk station has RWC

RWC:

Värnamo Hospital,
Doktornsgatan
Sten Stures Gatukök,
Lasarettsgatan 6

*Värnamo Tourist Office RWC
tel: 0370/123 46
(June-August)*

Vetlanda

Sights:

Lindshammar glassworks, where you can see the glass-blowers at work and pick up some attractive bargains. RWC

Ekenässjön glassworks, which specialises in engraved glass.

Fröderyd Church and Lina Sandell's house, with a 300-year-old ash tree under which Linda Sandell's statue is sited.

Illhargen nature reserve, with many rare plants and a rich variety of bird-life.

Activities:

Swimming and fishing at Östanå.

RWC

RWC:

Östanå Vårdshus, Östanå

Vetlanda Tourist Office

tel: 0383/974 14

(June-August)

Lindshammar Tourist Office

tel: 0383/211 41

(June-August)

Visingsö

Sights:

Visingsö is an island in the middle of Lake Vättern reached by ferry from Gränna.

Touring by traditional horse and cart.

Visingsö baroque garden, with 400 different herbs and plants.

Visingsö Tourist Office RWC
tel: 0390/401 93
(May-August)

Accommodation:

Hotels:

Bankeryd, Sjöåkra Kursgård 036-780 35	HR 2 TR 8	S	H	A 4	
Eksjö, Stadshotellet 0381-130 20	HR 3	S			X
Gränna, Scandic Hotel Gyllene Uttern 0390-108 00	HR 1	S		(no assistance available in dining-room)	
Gränna, Mellbyro 0390-117 63	HR 36	S			
Huskvarna, Ramada Hotel 036-14 24 00	HR 4	S			
Jönköping, Scandic Hotel 036-11 91 60	HR 1	S			
Jönköping, Hotel Portalen 036-11 82 00	HR 4	S		A 1 (separate part of dining-room)	
Jönköping, Klosterkungen 036-10 08 00	HR 7	S			
Jönköping, Tord-Center 036-16 10 16	HR 2				
Jönköping, John Bauer Hotel 036-10 05 00	HR 3				
Lekeryd, Sunds Herrgårdsp 036-820 06	TR 10	S			X
Norrhammar, Kursgård Spånhult 036-614 88, 614 19	HR 4	S		(no guide dogs permitted)	

Nässjö, Högland Sara Hotel S
0380-131 00

Sävsjö, STF's youth hostel HR 2 S A 1
0382-116 00 (only guide dogs)

Tranås, Badhotellet HR 16 S H A 16
0140-141 20 (no guide dogs permitted) (separate part of dining-room)

Tranås, STF's youth hostel S
0140-151 66

Tranås, Tranåsbaden HR 62 S A 5
0140-180 25 (separate part of dining-room)

Värnamo,
Sara Hotel (Stadshotel) TR S X
0370-115 30

Vetlanda, Hotell Njudung HR 4 S H
0383-147 00

Vrigstad,
Granbackens Pensionat S A 2
0382-300 27 (no guide dogs permitted) (separate part of dining-room)

Vrigstad, Vrigstad Vårdshus HR 2 S
0382-307 10

Chalet villages:

Hestra, Isabergstoppen HR 13 S A 8
0370-357 00

Camping:

Eksjö, Movänta chalet
0381-300 28

Gränna, Grännastranden chalet, shower
0390-107 06 A2 chalets, showers/toilets, other areas

Gränna, Vätterleden
036-521 67

A 1 chalet

Tranås, Hättebaden
0140-174 82

A5 chalets

Värnamo, Prostsjön
0370-166 60

chalet
showers/toilets

SMÅLAND/Kalmar

Emmaboda Area

Sights:

Famous Boda glassworks with opportunity to see glass being blown and for shopping.

Johansfors glassworks and crystal museum.

Emmaboda Church.

The Gold-diggers' Cottage at Långasjö, a copy of a traditional Klondyke log cabin from the days of the gold rush. RWC

Åfors glassworks run by Bertil and Ulrika Vallien.

Klasetorpet in Långasjö, the "Korpamoen" from the film "The Emigrants".

Traditional village play in Visselfjärda at Midsummer.

Activities:

Indoor swimming pool. RWC

Sports stadium. RWC

Pool at Boda glassworks, mini-golf. RWC

Canoeing trail along the Lyckeby river.

RWC:

Skoga Wårdshus, Eriksmåla Parish Office, Algustsboda Emmaboda taxi rank

Emmaboda parish hall
Leisure centre
Public library
Folkets Hus
Försäkringskassan bank
Konditori Emmagården
Patrongården, Boda
Hotel Amigo
Långasjö taxi rank
Klintagården, Långasjö

Emmaboda Tourist Office
tel: 0471/181 17, 181 00

Boda Tourist Office RWC
tel: 0481/241 38

Eriksmåla Tourist Office RWC
tel: 0471 411 60
(June-August)

Långasjö Tourist Office RWC
tel: 0477/504 25

Visselfjärda Tourist Information
tel: 0471/201 04

Kalmar

Sights:

Municipal gardens, a beautifully-landscaped area right in the middle of the town. It includes Kungsgård, a house dating back to the days of Gustav Wasa and the Government Plant Laboratory with many unusual tropical plants and exotic birds. Refreshments available. RWC

Kalmar provincial museum, with relics of the medieval battleship Kronan.

The Town Park, which houses a sculpture exhibition in the summer where the visually handicapped can touch the sculptures. RWC, S

The 17th century cathedral on the main square, fitted with a ramp.

Churches like St Birgitta, St Johannes, Vasa and Västerport, all with RWC

Activities:

Värnsnäsgråden outdoor activity centre and indoor pool. RWC

Swimming at Koudden.

RWC:

Domus Restaurant
Kopparkällaren
Airport restaurant
Rasta Motel
Restaurant Rederiet
Zorbas Kebab Bar
OBS Restaurant
Wilmas Café
Kalmar Hamnkrog
Baronen shopping centre
China Restaurant, Railway Station
Water tower, Klunkens Backe
New Library
Folkets Hus
Berga Centrum shopping centre

Kalmar Tourist Office
tel: 0480/153 50

Mönsterås

Activities:

Swimming at Danska Varvet at Timmernabben. Ramps and railings available. Asphalted paths. RWC

RWC:

Hotel Hwita Hästen,
Storgatan 30
Fliserydspensionat, Fliseryd
Motel Munken, E66

Mönsterås Tourist Office
tel: 0499/130 01, 111 70
(June-August)

Nybro

Sights:

Pukeberg glassworks, where you can see the glass-blowers at work and buy some of the products. RWC

Qvarnaslätt homestead museum, where you can sample home-made coffee and cakes. RWC
Several interesting churches, including Örsjö, Nybro and Hälleberga, all with RWC

RWC:

Käket, Torget 1
Domus Restaurant,
Storgatan 2
Swimming baths
Bowling alley
Chemist's shop
Sparbanken Kronan
Föreningsbanken
Kina Restaurant
Café Kringlan

Gränögården, Gränö

Nybro Tourist Offices RWC
tel: 0481/450 87 (*Långgatan*)
0481/450 85 (*Grönvägen 58*)

Orrefors

Sights:

World-famous Orrefors glassworks where you can see the glass being crafted and pick up some bargains in the shop. RWC

Gate Hald Museum and the 18th century smithy.

RWC:

Värdshuset Orren
Sports centre

Oskarshamn

Sights:

Döderhult museum, with unique wood-carvings of life in the area by a local artist. The Maritime Museum is located in the same building. RWC

Stensjöby village, an old Småland community where local folk traditions are still maintained.

Boat excursion to Blå Jungfrun (no landing)

Activities:

Swimming at Gunnarsö and Havslätt. RWC

RWC:

Domus Restaurant,
Postmästaregatan 11
Stadskällan,
Östra Torggatan 11
Restaurant Corallen
Saltsjöbad Restaurant

Oskarshamn Tourist Office

tel: 0491/881 88 RWC
(June-August)

Torsås

Sights:

Torsås Church. RWC

Gullabo,
former station now a library built in Wild West style. RWC

Activities:

Swimming at Dalskär and Fulvik. RWC

RWC:

Torsås main square
Möre shopping centre

Västervik

Sights:

Traditional local fish-market, where you can buy the day's catch. RWC

Båtmansstugorna, attractive old fishermen's cottages dating from 1740. RWC

Guided tour round the centre of old Västervik. Book through the Tourist Office (0490/887 00).

Viewpoint at Kullabacken,
where there is also a local
museum. RWC

Tours of the beautiful
archipelago, departing from
fishing harbour. Bookings on
0490/154 60.

Activities:

Fishing at the Lucerna deep-
water harbour.

Excellent walks at Gränsö.

Swimming at Lysingsbadet.

RWC:

Poseidon, Fiskaretorget
Tempo Restaurants
Svarta Katten, Folkets Hus
Slottsholmen summer
restaurant
Restaurant Roma
Onkel Fred

Västervik Tourist Office RWC
tel: 0490/887 04 and shower

Vimmerby

Sights:

Astrid Lindgren's village,
Sagobyen, modelled on
scenes from her children's
books like Pippi Longstocking.
You can travel round the village
in a train and the area is
adapted for wheelchairs.
Café. RWC

Gibberyd Rumskulla, attractive
area where some of the "Emil"
films based on Astrid Lind-
gren's books were filmed.

Vimmerby main street with
picturesque 18th century
wooden houses.

Stenfors old watermill. Café.

Pelarne Church, Sweden's
oldest wooden church, dating
from the 12th century and still
in use today.

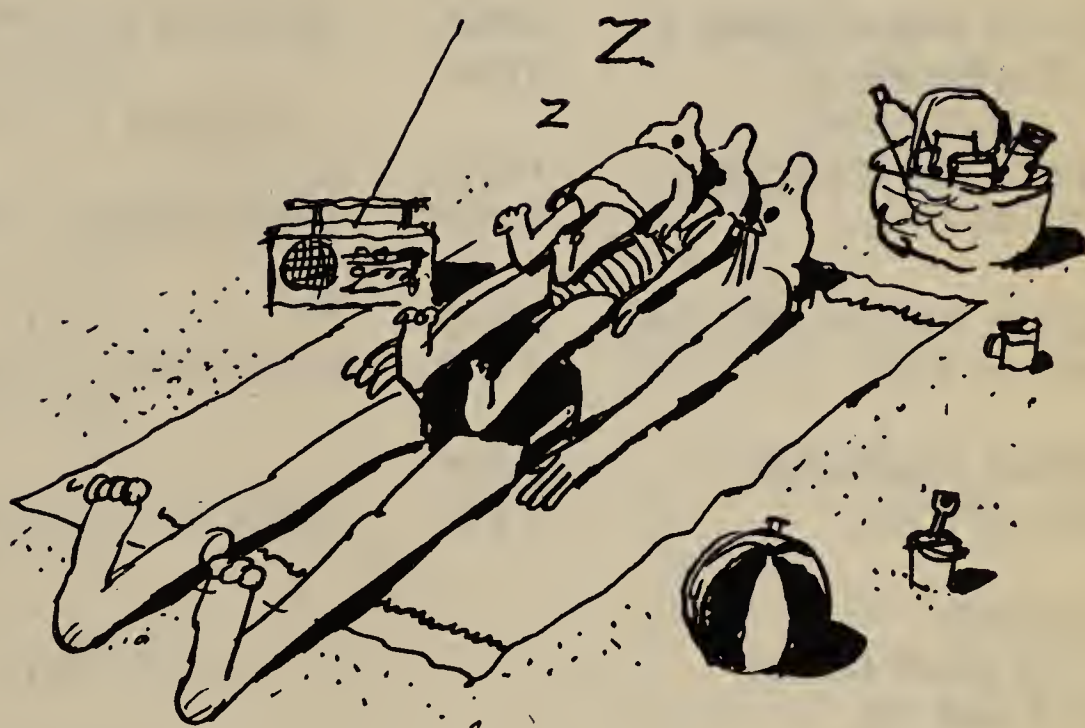
Djursdala Church, a wooden
18th century building with
paintings.

Frödinge Church, wooden
18th century building.

RWC:

Åhléns Restaurant
Domus Restaurant,
Norrtullsgatan 5
Restaurant Falconi,
Traktorgatan 2
City Köket, Rönnersgatan 23
G:a Frälsningsarmén,
Storgatan 25

Vimmerby Tourist Office RWC
tel: 0492/110 10, 123 03



Accommodation:

Hotels:

Boda Glasbruk, STF's youth hostel 0481-242 30	TR 5 (public shower)	A 5		
Emmaboda, Hotel Amigo 0471-125 50	TR 2	S		
Emmaboda, Hotell Linden 0471-108 65	TR 2	S		
Hultsfred, Hotell Hulingen 0495-121 50	HR 2 TR 9	S	A 9	
Kalmar, Stadshotellet 0480-151 80	HR 2 TR 4	S	H	X
Kalmar, Hotell Witt Sara 0480-152 50	HR 2 TR 20	S		
Kalmar, Kalmarsund Hotell 0480-181 00	HR 6	S	A 1	
Kalmar, Packhuset 0480-570 00	HR 2			
Långasjö, STF's youth hostel 0477-503 10			A 1	
Nybro, Turistgård (youth hostel) 0481-109 32	TR 10 (only guide dogs)	S	A 15 (separate part of dining-room)	
Oskarshamn, youth hostel 0491-880 00	HR 8 (no assistance available in dining- room)	S	A 20 (separate part of dining-room)	

Oskarshamn, Hotell Corallen 0491-100 22	TR 12	S	A 1
Oskarshamn, Sjöfartshotellet 0491-143 40	HR 2		
Silverdalen, Lönneberga youth hostel 0495-400 36	HR 3 TR 3		A 1 (separate part of dining-room)
Söderåkra, Möre Motell 0486-214 55	HR 5		A 3
Storebro, Fredensborgs Herrgård 0492-306 00 08-24 83 60 bookings	HR 11	S	H A 4 (separate part of dining-room)
Västervik, Stadshotellet 0490-131 00		S	
Vimmerby, Stadshotellet 0492-121 00	HR 4	S	A
Vimmerby, Youth hostel 0492-102 25	HR 11	S	

Chalet villages:

Oskarshamn, Gunnarsö Stugby 0491-880 00 0491-882 00 caretaker	HR 3		A 1
Oskarshamn, Figeholms Stugby 0491-311 30	TR 8		A 3

Västervik, Lysingsbadets Stugby 0490-887 13 0490-887 00, booking has asphalted footpaths	HR 8	A 2
Virserum, Virserum Stugby 0495-310 00	HR 9	A 17

Camping:

Fagerhult, Björkshult 0481-700 10	chalet, asphalted path	
Kalmar, Stensö 0480-836 00	shower	
Mönsterås, Oknö 0499-119 02	asphalted path	
Nybro, Joelskogen 0481-450 86	shower, kitchen showers/toilets	
Orrefors, Orranässjön 0481-304 14	shower	
Oskarshamn, Havslätt 0491-153 25	shower, asphalted path	
Västervik, Lysingsbadet 0490-887 13 0490-887 00, booking	chalet, shower, asphalted path,	

SMÅLAND/Kronoberg

Älmhults Area

Sights:

Linnés Råshult, birthplace of the great botanist Carl von Linné. The buildings are not accessible, but the grounds and herb garden are well worth a visit. RWC

RWC:

Ikea, Älmhult

Älmhult Tourist Office RWC
tel: 0476/121 60
(June-August)

Kronoberg handicapped guide
tel: 0470/250 00

Alvesta Area

Sights:

Hjärtenholm agricultural museum, just north of Alvesta on road 126, depicting the agricultural history of Småland. Entrance through the rear. Open weekdays 9am to 4pm; Saturday 11am-3pm; Sunday 1pm to 5pm.

Huseby manor-house and old industrial area. Between Salen and Åsnen on road 23. Set in beautiful park-land. Handicrafts shop. Open daily except Monday. Nearby inn Huseby Slottsvärdshus has RWC

Bjurkär nature reserve on the Tome-Urshult road 8 km south

of Tome. Richly-varied flora and bird-life.

Activities:

Hagaparken exercise track with seats at frequent intervals.

RWC:

Library, Alvesta
Library, Vislanda
Library, Mohede
Library, Grimslöv
Hembygdsgården
Wieselgrensgården, Vislanda

Alvesta Tourist Office
tel: 0472/152 50
(June-August)

Huseby Tourist Office RWC
tel: 0470/521 41
(June-August)

Lessebo Area

Hovmantorp, Västorp

Sights:

The Ox Museum, tracing the ancient history of the ox and how it was used traditionally in the Småland region. Tours by ox-cart. Musical entertainment if booked in advance. RWC

Bergdala Glassworks, founded in 1889, which preserves the old traditions of hand-made glass.

RWC:

Library, Hovmantorp

Folkets Hus, Hovmantorp
Church hall
Sandviken glassworks

Kosta

Sights:

World-famous Kosta glassworks, founded in 1742, where you can watch the craftsmen at work and buy near-perfect seconds in glassware at very reasonable prices in the factory's supermarket. Open weekdays 8.30am to 3pm. You can also see nearby traditional craftsmen's cottages. RWC

Sea glassworks in Kosta. RWC

Activities:

Pool with water slide, Kosta. RWC

Kosta Tourist Office RWC
tel: 0478/507 05
(June-August)

Lessebo

Sights:

Sweden's only hand-made paper-mill in Lessebo. You can watch the whole production process from the raw pulp to the finished product. Nearby is the "Sméraden", traditional workmen's cottages from bygone days. See Lessebo's maypole at Midsummer, decorated in paper.

Transjö, 5 km south of
Ekeberg church. Old industrial

settlement with water-wheel.
Accessible by car.

RWC:

Library
Folkets Hus
Sports centre

Ljuder

Sights:

Ljuder Church and Emigrants' Church. RWC

Skruf

Sights:

Skruf glassworks, where all the glass is blown in the traditional way. Known for the "Åskflaskan" barometer. Glassworks museum, with displays of local glassware going back 200 years.

RWC:

Library
Folkets Hus

Strömbergshyttan

Sights:

Lindbom glass-painting workshop, where you can see the craftsmen at work and try painting on glass yourself.

Strömbergshyttan Tourist Office
tel: 0478/117 31, 117 37
(June-August)

Ljungby

Sights:

Ljungby Motor Museum and industrial exhibition. RWC

Activities:

Sunnerbohallen sports centre with swimming, mini-golf and many other activities. RWC

RWC:

Sjöatorp, Tuaryd
Sara Gretas, Vittaryd
Värdshuset Hägern
Sunnerbogården

Ljungby Tourist Office
tel: 0372/134 04
(June-August)

Markaryd

Sights:

Fishing in Lake Jetesjön.

Markaryd Tourist Office
tel: 0433/111 66
(June-August)

Strömsnäsbruk

RWC:

Bergdala glassworks (close to E4)

Strömsnäsbruk Tourist Office
tel: 0433/214 33 RWC
(June-August)

Tingsryds Area

Sights:

Korrö craft centre and nature reserve, road 122. Preserved mill, dyeing plant and brewery cellars.

Museum and rest room. RWC

Södra Sandsjö church and craft centre, with craft shop and café where you can enjoy coffee with 19 different kinds of home-made cakes and biscuits. RWC

Siggamåla mill on road 119 towards Farabol. Information on 0459/803 74 or 803 10.

Kurrebo experimental gardens on Åsnen lake.

Linneryd Homestead. RWC

Rävemåla Homestead. RWC

Churches at Tingsryd and Urshult. RWC

Urshult Park.

Kärrasand Homestead.

RWC:

Hotel Tingsryd
Tingsryd Library
Motel Sjölundén, Ryd
Ryd Library
Rasta Värdshus, Väckelsång
Väckelsång Library
Café Rössvik, Urshult
Urshult kiosk
Fridafors Library
Dängelbo Library
Linneryd Library

Konga Library

Tingsryd Tourist Office RWC
tel: 0477/461 64, 65

Uppvidinge Area

Sights:

Lindshammar glassworks. RWC

Rosdala glassworks, where
glass for lighting is made.

Klavreström old ironworks and
museum. Nearby youth hostel
has RWC

Lindshammar Tourist Office
tel: 0383/211 41 RWC
(June-August)

Växjö

Sights:

Småland Museum, set in a park
and one of Europe's largest
glass museums. RWC

Near the Småland Museum is
the Emigrants' Museum
(Utvandrarnas Hus), depicting
the history of the mass
migration to the USA from
Småland in the 19th century
with archives from which you
can trace your Swedish
relatives. RWC

Teleborg castle with its
famous water tower and Echo
Temple. RWC

Boat trip on Lake Helgasjön,
starting from Evedal and
Kronoberg castle ruins.

Many interesting churches
including the cathedral
(Domkyrkan), Mariakyrkan,
Teleborgskyrka, Hemme-
sjökyrka, Nöbbelekyrka, Sjösås
old church at Braås, Söraby-
kyrka, Tolgskyrka, Uråsakyrka
and Vederslöv/Dänningelanda
kyrka. All with RWC

RWC:

Centre for the Disabled,
Kungsvägen 89
Library, Västra Espl. 7
Teleborg shopping centre,
Smedvägen 72 (keys available
at ICA and Konsum)
Växjö Airport
Kvantum OBS, Hejaregatan
Domus, Storgatan 10
Brasseri Börsen, Storgatan 36
Båtsmannen AB,
Båtmanstorget 1
Teaterkällaren, Nygatan 26
Dovhjorten, Renvägen 7
Gondola, Storgatan 32
Ärtan salad bar, Storgatan 33
Hong Kong, Storgatan 33
Carisma, Dackevägen 7
Scandic Österleden,
Sandviksvägen 1
Poon Palace, Kungsgatan 3
Royal Corner,
Lidbergsgatan 11
Tokyo City, Norra
Järnvägsgatan 10
Evedals Vårdshus, Evedal
Grillhöman, Braås
Örkensjöns Vårdshus, Braås

Växjö Tourist Office RWC
tel: 0470/414 10



Accommodation:

Hotels:

Älmhult, Ikea Vårdshus 0476-817 00	TR	S		A 1	
Alvesta, Scandic Hotel 0472-113 50	HR 2	S	H	A 3	
Kosta, Kosta youth hostel 0478-508 35	TR				
Lagan, Motell Lagan 0372-353 70	HR 2	S			
Ljungby, Hotel Terazza 0372-135 60	HR 1 TR 10	S			
Markaryd, Solhaga 0433-141 10 holiday center fo visually handicapped	HR 16				
Moheda, STF's youth hostel 0472-400 52, 121 60	TR 2	S		A 2 (separate part of dining-room)	
Nottebäck, Klavreström youth hostel 0472-409 44	TR 6 (shower in corridor)	S	H	A 15 (separate part of dining-room)	
Ryd, Motell Sjölundén 0459-801 90	HR 1	S			
Växjö, OK Motorhotell 0470-290 50	HR 2	S		A 3	
Växjö, Sara Hotel Statt 0470-134 00	HR 5	S		A 2	X
Växjö, Scandic Hotell 0470-220 70	HR 1	S			X

Växjö, Hotell Artisten
0470-104 40

HR 5 S

A 5

Camping:

Älmhult, Sjöstugan
0476-116 00

asphalted path

Lammhult, Lammhult
0472-608 20

asphalted path

Ljungby, Ljungby
0372-103 50

A2 chalets

Urshult, Urshults Camping
0477-202 43, 200 33

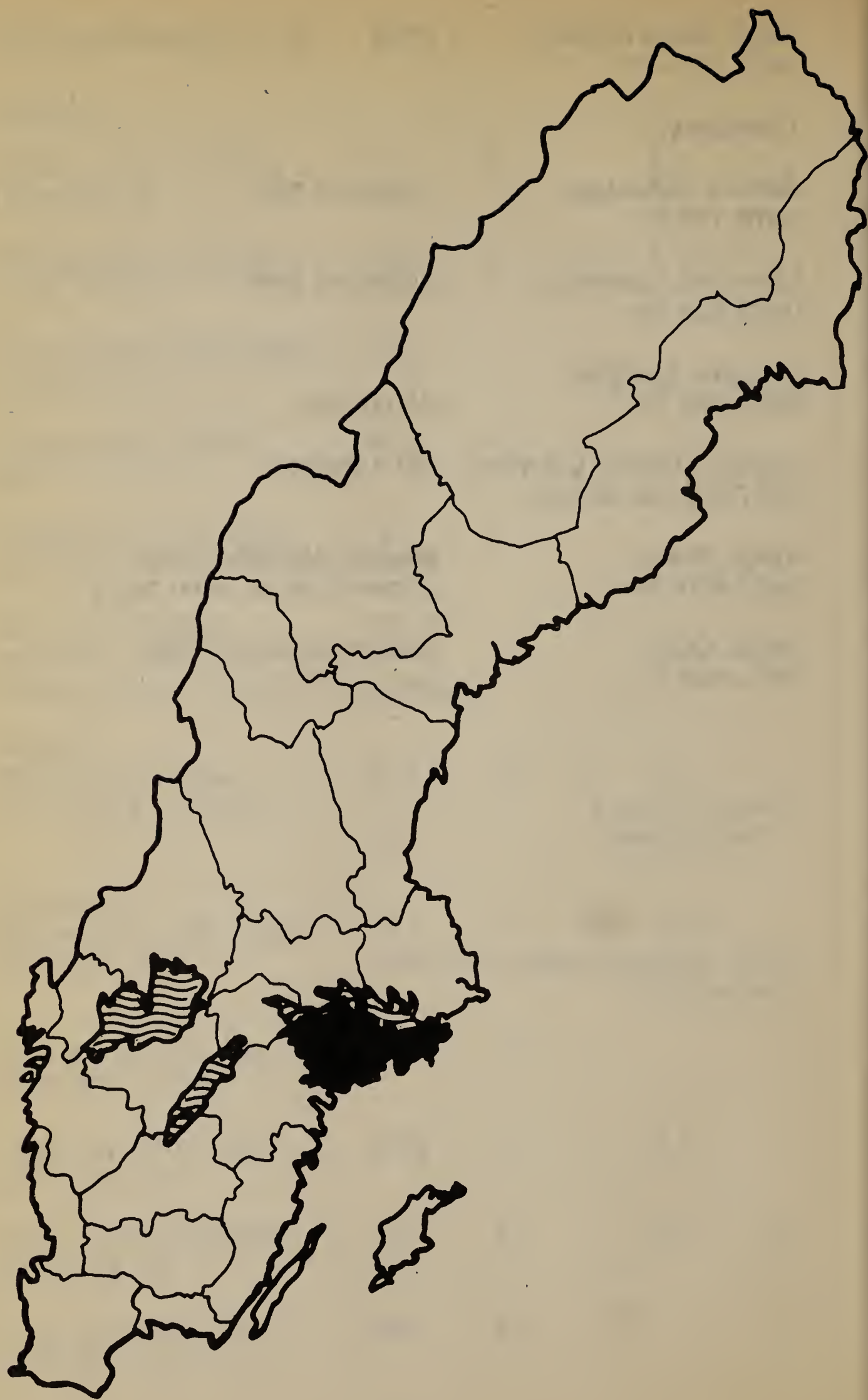
HR 4 chalets

Växjö, Evedal
0470-630 34

shower, asphalted path
showers/toilets, other areas

Växjö, Öjaby
0470-608 02

shower, asphalted path



SÖDERMANLAND

Åkers Styckebruk

RWC:

Folkets Hus
Textil/Skobörsen
Åkers Vårdshus

Botkyrka

Sights:

Tumba church just outside
Stockholm. RWC

Activities:

Swimming at Slagsta-
badet outdoor pool on Lake
Mälaren. RWC

Hågelbygård activity centre.

RWC:

Tumba station restaurant

Botkyrka Tourist Office
tel: 0753/621 00

Eskilstuna

Sights:

The Rademacher smithies, the
original birthplace of the local
metal industry. The steps at
the entrances to the buildings
are high. RWC

Art Museum, Kyrkogata 9 RWC

Factory Museum at
Faktoriholmarna, where there
is a Remington workshop,
steam engines and Sweden's
first fire-engine. RWC

Forskyrka and Klosterkyrka
churches, both with RWC

Parken Zoo, large zoo with
many animals, the valley of the
flamingoes and the Flower
Park. RWC

City Park, with entertainment
every Monday evening during
the summer.

Activities:

Vatten Palatset, lift to two
indoor pools and bubble
pool. RWC

RWC:

Fristadstorget
Town Library
21:an, Kungsgatan 21
Kronan pharmacy, Careligatan
Domus, Kribsensgatan 6
Åhléns, Kungsgatan 6-8
Tempo, Kungsgatan 6-8
Flaneur Restaurant,
Nygatan 21
Matbiten,
Rademachergatan 23
Hamnparken
Gallerian, Kungsgatan 12
China Empire, Central Station
Föreningsbanken,
Fristadstorget 4
PK Bank, Kungsgatan 10
Rekarne Sparbank,
Kungsgatan 5
Sparbank Mälardalen,
Kungsgatan 13
S-E Bank, Kungsgatan 17
Försäkringskassan,
Drottninggatan 8

Väpnaren pharmacy,
Kungsgatan 37

Handicapped guide:
tel: 016/10 11 00

Eskilstuna Tourist Office RWC
tel: 016/10 22 50

Katrineholm

Sights:

Julita Herrgård Museum, an old manor-house with a museum depicting Swedish life in bygone days. In the middle of the park is RWC

Floda Church.

Katrineholm doll and textile museum.

RWC:

Domus, Köpmangatan 19
Othello, Köpmangatan 24
Igelkotten Service House,
Hantverkargatan 24
Folkets Hus,
Drottninggatan 19

Handicapped guide:
tel: 0150/570 00

Katrineholm Tourist Office
tel: 0150/572 41
(June-August)

Mariefred

RWC:

Läggesta Vårdshus

Mariefreds Tourist Office
tel: 0159/102 07
(February-September)

Gripsholms castle
tel: 0159/119 06
(June-August)

RWC

Nyköping

Sights:

The Södermanland Area Museum and adjoining art gallery. RWC

Tovastugan, a good spot to enjoy coffee and cakes in a pleasant atmosphere. Side entrance from the gardens.

Arnö church,
Långsättersvägen. RWC

Franciscusgården,
Vildgåsvägen 6. RWC

Mariagården,
Mariebergsvägen 4. RWC

Hjortensberg church,
Runebergsgatan 51. RWC

Korskyrkan church,
Brunnsgatan 51. RWC

Nyköpings Hus, scene of the banquet where King Birger had his brothers thrown into the prison cells.

Slåbro, unique carvings dating back to 1500-500 BC.

RWC:

Main library, Slottsgatan 21
Oppeby library,
Regeringsvägen 21-23
Domus Restaurant, V.
Trädgårdsgatan 41

Restaurant Zum Löwen, V.
Kvarngatan 13
Bus station by Teaterparken
Town Hall at Stora Torget
Åhléns, Bagaregatan 46
Scandic Restaurant,
Gumsbackevägen
OK Silles Krog, E4 near
Tystberga
Restaurant OBS,
Gustavsbergsgatan 4
Jehovah's Witnesses' hall,
Materialvägen

Nyköping Tourist Office RWC
tel: 0155/812 74
(June-August)

*Sörmlandskusten Tourist
Office, Nyköpingsbro* RWC
tel: 0155/584 00

Nynäshamn

Sights:

A car tour along the coast road,
Strandvägen, is highly
recommended.

Järflotta nature reserve. RTC

Moa croft; the buildings are not
accessible but the gardens
are.

Activities:

Käringboda nature reserve
near Grava. Paths suitable for
the handicapped, swimming
and tables and benches at all
the good viewpoints.

RWC:

Stadshuskrogen Ankaret
Folkets Hus

China Restaurant
Nynäshamn assembly hall
Boat harbour
Gotland ferry terminal
Parish hall, Ösmo
Lövhagen café

Nynäs Tourist Office
tel: 0752/145 90

Oxelösund

Sights:

St Botvid's Church,
built as a navigation mark for
sailors. RWC

RWC:

Färjeläget, Strandvägen 3
Library, Järntorget 7
Church hall, Skolgatan 3
Oxelökrog, Järntorget 5-7

Oxelösund Tourist Office
tel: 0155/337 43 RWC
(June-August)

Salem

Activities:

Swimming at Möllebadet. RWC

Ice rink. RWC

Sports centre with
indoor pool. RWC

Södertälje

Sights:

The old part of Södertälje at
Torekälleberget where you can
see craftsmen at work. Also
display of old fire engines. Not
all the houses are accessible
by wheelchair. RWC

Fort Apache Wild West show,
Enhörna. For information ring
0755/442 09.

Taxinge-Näsby Castle, open
during the summer. RWC

Tullgarn Castle, Hölö. RWC

Saab-Scania Motor Museum.
Guided tours at 11am, 1pm
and 3pm between mid-June
and mid-August. Closed on
Mondays.

Luna-huset, library and art
gallery. RWC

Södertälje Tourist Office RWC
tel: 0755/188 99

Strängnäs

Sights:

Strängnäs Museum. RWC

Strängnäs Cathedral. RWC

Olivihäll Church. RWC

Grassagården, with outdoor
musical and theatrical
entertainment in the summer.
In the Tourist Office (200
metres) there is RWC

Teletext information,
Televerket, Trädgårdsgatan
29.

Activities:

Fishing in Holmsjön lake and
Åkers Styckebruk (jetty for
game-fishing).

RWC:

Library, Eskilstunavägen 2
Mikaelgården,
Finningevägen 38
Rogge library, Roggeborgen
Thomasbadet indoor pool,
Regementsgatan
Bowling alley,
Regementsgatan 10
Soldathemmet,
Regementsgatan
Bistro, Trädgårdsgatan 16
Knäppinge, public toilets

Strängnäs Tourist Office RWC
tel: 0152/181 43
(June-September)

Trosa

Sights:

Trosa mill and pottery.
Information on 0156/127 97,
166 04.

Garvargården handicrafts
museum and café.

RWC:

Fin Fisker Restaurant at the
harbour
Library, Östra Långgatan 40

Trosa Tourist Office RWC
tel: 0156/161 70
(June-August)

Accommodation:

Hotels:

Eskilstuna, Hotell Eskilsgården 016-12 02 45	TR 2	S		
Eskilstuna, Sara Hotell 016-13 72 25	HR 2 TR 180	S		
Eskilstuna, Hotell Smeden 016-13 76 90	TR 88	S		
Eskilstuna, Kursgård Sundbyholm 016-962 85	HR 1	S		A 2
Eskilstuna, Hotell City 016-137425				A
Eskilstuna, Country Hotel 016-11 04 10	HR			
Katrineholm, Stadshotellet 0150-504 40	HR 3 TR 6	S	H	A 3
Nyköping, Scandic Hotel 0155-890 00	HR 1	S		
Nyköping, Stiftelsen Jogersöhem 0155-811 17	HR 8			
Nyköping, Hotell Kompaniet 0155-880 20	HR 2	S		A
Nyköping, Hotell Blommenhov 0155-680 00	HR 2	S		A 1
Nyköping, Stadshotellet 0155-690 60	HR 2	S		A 2

Nynäshamn, Hotel Nynäshamn 0752-111 20	HR 7	S	
Oxelösund, Hotell Ankaret 0155-330 20	HR 3	S	A 1
Sjärnhov, Solbacka Kursgård 0158-411 00	HR 7 TR 4	S	A 4 (separate part of dining-room)
Strängnäs, Club Jägmästaren 0152-119 96	HR 1	S	
Strängnäs, Hotell Rogge 0152-134 50		S	
Strängnäs, O'Henrys Hotell Mälaren 0152-180 00	HR 1	S	
Södertälje, Hotel Skogshöjd AB 0755-326 70	HR 5	S	
Södertälje, Scandic Hotel 0755-342 60	HR 1	S	
Södertälje, Stadshotellet 0755-340 00	HR 3 TR 6	S	H A 25 (separate part of dining-room)
Trosa, Bohmans Hotell 0156-132 20	HR 1	S	X (no guide dogs permitted)
Trosa, Stadshotellet 0156-170 70	HR 2		A 2

Camping:

Eskilstuna, Vilsta 016-13 62 27	chalet, shower, asphalted path A15 , showers/toilets, other areas
------------------------------------	--

Katrineholm, Djulö 0150-572 42	shower
Nyköping, Strandstuviken 0155-978 10	shower, asphalted path
Nynäshamn, Nickstabadet 0752-127 80	A4 chalets, showers/toilets
Oxelösund, Jagersö 0155-328 94	asphalted path, large toilet with shower
Södertälje, Farstanäs 0755-502 15	shower, asphalted path
Trosa, Havsbadet 0156-124 94	asphalted path, large toilet with



STOCKHOLM

The timetables of SL, which operates Stockholm's underground railway network (T-banan), indicate which stations are fitted with lifts. Carriages in which animals cannot be taken are marked. Information on 08/23 60 00.

Sights:

Architectural Museum at Skeppsholmen, tracing developments in architecture over the past 100 years. RWC

Army Museum at Riddargatan 13, showing weapons and uniforms used by Swedish soldiers over the past 500 years. RWC

Ethnographical Museum, Djurgårdsbrunnsvägen 34, a famous collection depicting third-world peoples and cultures. RWC

Historical Museum, Narvavägen 13-17. Houses priceless gold and silver treasures but also depicts the everyday life of ancient man. RWC

Liljevalch Art Gallery, Djurgårdsvägen 80. Noted displays of Swedish art. See advertisements in daily newspapers. RWC

Medelhavsmuseet, Fredsgatan 2. Houses the

world's largest Egyptian collection. Not easily accessible.

Modern Art Museum, Skeppsholmen. Regular exhibitions by famous international artists. RWC

The Wasa, the restored 17th century flagship of the Swedish Navy which sank in Stockholm harbour on its maiden voyage. Now housed in new purpose-built museum opening in June 1990. RWC

Skansen, a large outdoor homestead museum with restored buildings from the various regions of Sweden, where you can see the old crafts being practised. There are also a number of species of Nordic animals on show. The area is hilly and a map is available at the entrance showing which paths are suitable for wheelchairs. Parking is available at the Solliden restaurant. RWC

Hologram Museum, Drottninggatan 100, unusual art museum with three-dimensional pictures. RWC

National Museum, Blasieholmen. Paintings and sculptures by great masters from the 16th to the 20th century.

Natural History Museum at Frescati near Stockholm University: 14 million plants and animals, large and small, from all over the world.

Tobacco Museum at Gubbhyttan, Skansen, where you can see cigars and cigarettes being made in the traditional way.

Maritime Museum, with a fascinating collection depicting all aspects of life at sea. Film shows during school holidays and on Saturday and Sunday. Tuesday evening lectures on seafaring, shipbuilding etc.

Technical Museum, Museivägen 7, with model of an entire mine, complete with winding gear and shaft. RWC

Stockholm Royal Castle. Lift available, but only certain parts accessible by wheelchair. Ask the attendants for assistance.

Livrustkammaren, the Royal Armoury in the cellar of the Royal Castle, and the Treasury with the Swedish Crown Jewels and many other remarkable exhibits. RWC

Kaknäs TV tower at Djurgården. Lift to the top, from which there are spectacular views over Stockholm and the archipelago. Lift also to restaurant on the 28th floor.

Culture House (Kulturhuset) at Sergels Torg. Exhibitions, newspapers available, café. A good place to take a breather. RWC

Gröna Lund amusement park. RWC

Stockholm City Hall, Hantverkargatan 1, with its Golden Hall, where the Nobel Prize banquet is held in December each year.

Shopping at: Fältöversten RWC

Gallerian Åhléns City,

Klarabergsgatan 50 RWC

Pub, Hötorget RWC

NK, Hamngatan RWC

Park Theatre, programme of summer performances obtainable from the Tourist Centre in Sweden House.

Vaxholm, the old archipelago town, is well worth visiting and is easily accessible. Concerts in the church and the Bogesund Chapel.

Trips by Strömma Kanal boats from the quay adjoining the City Hall to Drottningholm with its park and Chinese Castle. RWC

Boat trips by M/S Viktoria weekends and public holidays to Strängnäs. Weekdays to Björkö.

Waxholmsbolaget boats depart from Strömkajen quay opposite the Grand Hotel. The boats have RWC and are easily accessible. Sailings to Möja, Ingarö - Husarö, Finnhamn - Husarö, Stafsnäs - Sandhamn.

Information for the handicapped available at the HandikappCenter, Kungsgatan 32. Exhibition of technical aids which you can try out for yourself.

Activities:

Stora Sköndal, outdoor leisure centre for the handicapped with pools and bathing beach. RWC

Utö, tandem cycles for hire.

Walking trail for visually handicapped, starting from the "Kina Slott" on Lovön. S

RWC:

Widely available in restaurants and at public toilets. Ring Tourist Offices or 08/789 20 00 for information.

Tourist Centre RWC
Sweden House
(Sverigehuset),
tel: 08/789 20 00

Vaxholm Tourist Office RWC
tel: 0764/314 80
(May-September)

Hotellcentralen
(hotel booking office)
Central Station
tel: 08/24 08 80

Tourist Office City Hall RWC
tel: 08/51 21 12
(May-September)

Accommodation:

Hotels:

Älvsjö, Royal Star Hotel 08-99 02 20	HR 1 TR 100	S		
Arlanda, SAS Arlandia 0760-618 00	HR 3 TR 111	S	H A 1 (separate part of dining-room)	
Barkarby, Welcome Hotel 08-760 25 20	HR 4			
Bromma, Hotel Bromma 08-25 29 20		S		
Bromma, Merc Hotell 08-26 26 00		S (no assistance available in dining-room)		
Hägersten, Hotell Kungs Hatt 08-18 01 40	HR 3	S		
Huddinge, Scandic Hotel Kungens Kurva 08-710 04 60	HR 2			
Johanneshov, Alfa Stockholm Motel 08-81 06 00, 86 60 00	HR 1	S	H	
Norsborg, Slagsta Motell och Vårdshus 0753-888 00		S (no guide dogs permitted)		
Saltsjöbaden, Grand Hotel Saltsjöbaden 08-717 00 20		S	A 2	
Saltsjö-Boo, Lännersta Gästhem 08-715 11 58 (Salvation Army)	HR 1	S	H A 6 (separate part of dining-room)	X

Solna, Scandic Hotel/Järva Krog 08-85 03 60	HR 6 TR 6	S	A 3
Stockholm, Hotel City 08-22 22 40	HR 7	S	A 3
Stockholm, Hotel Continental 08-24 40 20	HR 1	S	
Stockholm, Eden Hotel 08-22 31 60		S	
Stockholm, Grand Hotel 08-22 10 20, 22 17 20	HR 1 (goods entrance)		X
Stockholm, Hotell Lidingöhus 08-767 91 20	HR 4	S	
Stockholm, Hotel Malmen 08-22 60 80	HR 2	S	X
Stockholm, Hotel Oden 08-34 93 40	TR 5	S	
Stockholm, Palace Hotel 08-24 12 40	TR 35	S	
Stockholm, Park Hotel 08-22 96 20		S	
Stockholm, Sara Hotel Amaranten 08-54 10 60	HR 8	S	
Stockholm, Sara Hotel Reisen 08-22 32 60	HR 2 TR 2	S	
Stockholm, Sheraton Stockholm 08-14 26 00	HR 7	S	

Stockholm, STF's youth hostel 08-20 25 06 (Skeppsholmen)	HR 4			A 46 (separate part of dining-room)
--	------	--	--	---

Stockholm, Hotel Stockholm 08-22 13 20		S		
--	--	---	--	--

Stockholm, Hotel Wellington 08-67 09 10		S		
---	--	---	--	--

Stockholm, Hotell Kom 08-23 56 30	HR 1			
--------------------------------------	------	--	--	--

Stockholm, Hotell Mornington 08-63 12 40	HR 3			
--	------	--	--	--

Stockholm, Sergel Plaza 08-22 66 00	HR 4			
--	------	--	--	--

Sollentuna, Star Hotel 08-92 01 00	HR 7	S	H	A 1
---------------------------------------	------	---	---	-----

Täby, Scandic Hotel 08-768 05 80	HR TR 120	S		A 1
-------------------------------------	--------------	---	--	-----

Upplands-Väsby, Scandic Hotell 0760-931 00	HR 2			
--	------	--	--	--

Waxholm, Waxholms Hotell 0764-301 50		S		
---	--	---	--	--

Stugby:

Härjarö, Härjarö Stugby HR 2
0171-821 52

A 1

The village is run by the local authority and is located on Lake Mälaren halfway between Uppsala and Enköping.

Fishing jetties and ramp for swimming are available, and the whole complex is open to the public

Utö, Utö Vårdshus HR 8 S
0750-571 00

Camping:

Vaxholm, Eriksö Camping
0764-311 94 A2 chalets



UPPLAND

Älvkarleby

Activities:

Älvkarleby salmon-fishing camp, RWC, showers and transport.

Älvkarlebyfallen Tourist Office
tel: 026/727 00 RWC
(June-August)

Älvkarlen Tourist Office
tel: 026/751 64 RWC, shower
(June-August)

Enköping

Sights:

The 12th century Church of Our Lady.

One of Sweden's oldest churches still in use. RWC

Härkeberga Church, with well-preserved 15th century paintings by Albertus Pictor. RWC

RWC:

Domus
Sports centre
Kryddgården Service House

Enköping Tourist Office RWC
tel: 0171/392 68

Norrtälje

Sights:

Roslag Museum, with temporary exhibitions on the

ground floor and in the Zetterstenska House.

Norrtälje Church. RWC

Frötuna Church, just outside Norrtälje. RWC

Norrtälje Art Gallery, Lilla Brogatan. RWC

Activities:

Norrtälje swimming pool. RWC

Vigelsjögård, asphalted exercise track.

Borgmästarholmen asphalted exercise track.

RWC:

Library, Stora Brogatan 10A
Bus station
Social services office
Kommunhuset
Roslagen Hospital
Norrtälje Hospital
Vigelsjö Clinic
Rödakorsgården
Eneberg Service House
Grind Service House
Police station
Tingsrätten
Scandic Hotel, Roslagen
Stadshotellet
Flygfuren department store
Domus department store
Bergstugan Café

Norrtälje Tourist Office
tel: 0176/137 00

Öregrund

Sights:

The whole town, founded in 1491, is well worth exploring. A preserved lightship is a reminder of its early importance as a port.

RWC:

Ferry terminal

Öregrund Tourist Office

tel: 0173/305 55

(June-August)

Österbybruk

Sights:

Manor-house with park, exhibition of Bruno Liljefors' works every summer. Walloon smithies. RWC

RWC:

Clinic

Österbybruk Tourist Office

tel: 0295/214 92

(June-August)

Östhammar

Sights:

Typical medieval small town well worth exploring.

Frösåker handicrafts centre, partly accessible by wheelchairs.

RWC:

Guest harbour (old fire station)
New fire station

Stadshotell, Östhammar
Handicapped guide available at the Tourist Office

Östhammar Tourist Office

tel: 0173/175 37

Sigtuna

Sights:

The old town area, a reminder that Sigtuna was once the capital of Sweden. Its history goes back to AD 1000. Accessible by wheelchairs.

Sigtuna Tourist Office

(Drakegården)

RWC

tel: 0760/514 32

Skutskär

Sights:

Upplandsleden, a specially-prepared walk for the visually handicapped and the mildly physically disabled. The path is about 2 km long and starts north of Gropholmarna. For information telephone local leisure services office on 026/793 70. S

Skutskär Tourist Office RWC

tel: 026/830 00

Tierp Area

Sights:

The Karlholm Lancashire smithy with its unique machinery dating from the 1880s.

Lövstabruk, unique former ironworks settlement with manor-house, a church with the famous Cahman organ, Sweden's oldest maltings, carriage museum and inn. Guided tours, concerts and exhibitions every summer.

RWC:

Scandic Vägkrog, E4 at Gryttjorn
Konsum bar, Söderfors
Söderfors manor-house
Lövstabruks Wårdshus
Konsum cafeteria, Tierp

Tierp Tourist Office
tel: 0293/501 41
(June-August)

Leufsta Tourist Office RWC
tel: 0294/310 70

Uppsala

Sights:

Uppsala Cathedral, one of Sweden's finest buildings and seat of the Archbishop of Sweden. RWC

Uppland Museum, S:t Eriksgränd 6, depicting the history and crafts of the area. RWC, T, S

Lennakatten, Sweden's longest preserved vintage railway. The physically handicapped will have to be lifted on board the trains.

Bror Hjort's House, Norbyvägen 26. RWC

Disagården, Old Uppsala. RWC

Botanical gardens, Villavägen 11. RWC

Carolina Rediviva, University Library.

Ekemanska House, S:t Larsgatan 2

Linné's garden, Linnégatan 6

Activities:

Central swimming pool, S:t Persgatan 4. RWC

Gottsundabadet pool, Valthornsvägen 13. RWC

RWC:

Restaurant Hallen
Orvars Krog
Fyrisbadet pool
PK Bank, Svarbäcksgatan 8
Uppsala Sparbank,
Kungsgatan 40
Central Station
UTK-hall, Tennisvägen 1
Ice rink, Råbyvägen
City library, Ö. Ågatan 19
Tele, Bangårdsgatan 7
Baptist Church,
Dragarbrunnsgatan 54
Bio medical centre,
Husargatan 3
Flustret Svandammen
Catholic Church,
Slottsgränd 2A
Church house,
Sysslomansgatan 4
Cemetery, Stillheten Chapel
Mission Church,
S:t Olofsgatan 40
Pingst Church, S:t Persgatan 9

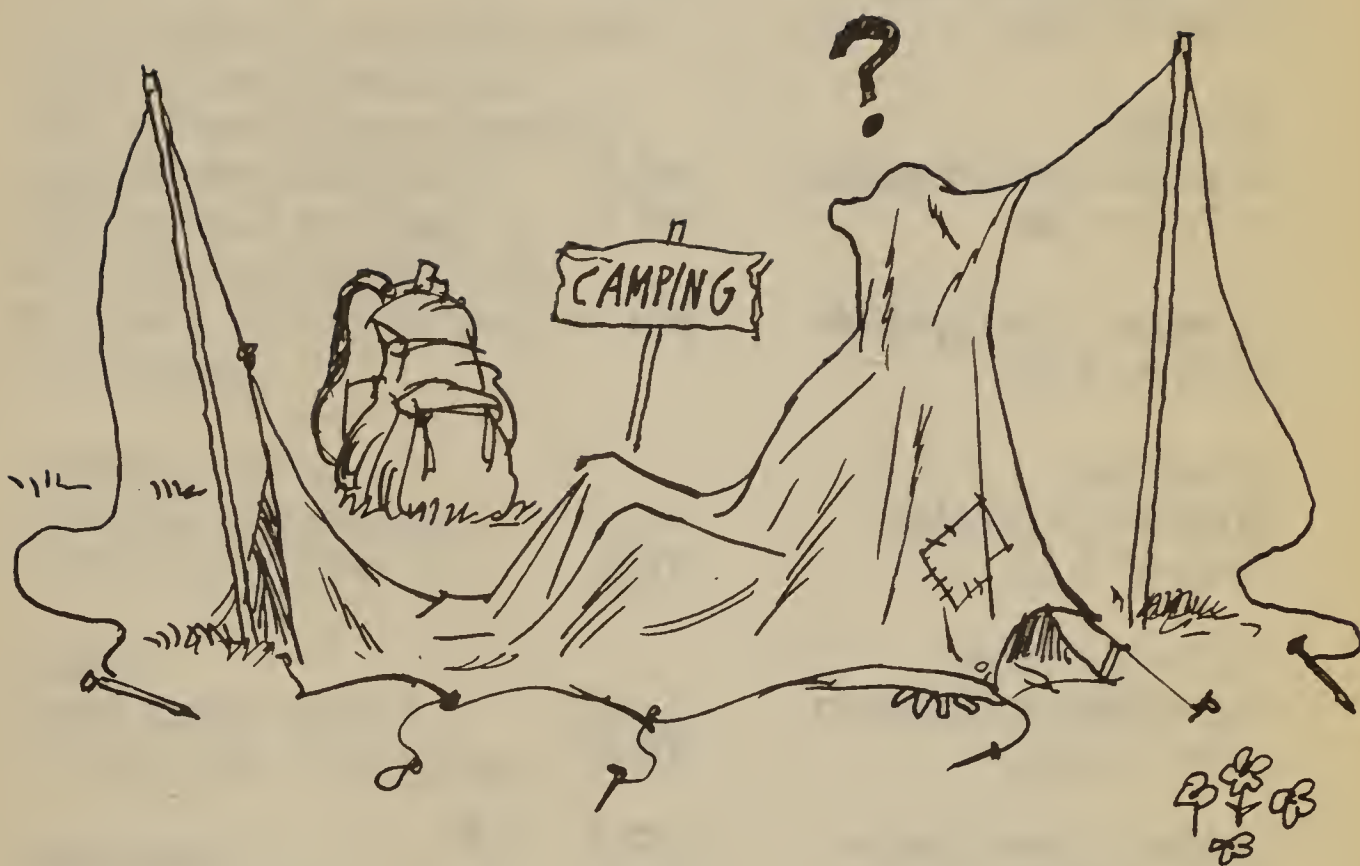
Saluhallen, S:t Erikstorg
Post Office,
Vaksalagatan 10-12

Handicapped guide available at
the Tourist Office

Uppsala Tourist Office
(*Gamla Torget*) RWC
tel: 018/11 75 00, 16 18 25

Väddö

Sights:
Maritime museum,
Kaplansbacken, Älmsta. RWC



Accommodation:

Hotels:

Älvkarleby, Hotell Älvkarlen 026-752 50	HR 6	S	H,T	A 1
Enköping, Park Astoria 0171-384 20	HR 1 TR 13	S		A 3
Enköping, Stadshotellet 0171-200 10	HR 3 TR	S		
Norrtälje, Stadshotellet 0176-170 00	HR 2	S	H	
Norrtälje, Scandic Hotel Roslagen 0176-171 80	HR 5 TR 3	S	H	A 4
Norrtälje, Åkerögården 0176-410 62	HR 14			
Söderfors, Söderfors Herrgård 0293-313 14	TR 1			
Tierps kommun, LeufstaBruks Gästhem 0294-311 22	TR 6			
Uppsala, Hotell Geijer 018-14 92 60	HR 2	S		
Uppsala, Gillet Sara Hotell 018-15 53 60	HR 4	S	H	A 3
Uppsala, Hotell Höman 018-13 93 80		S		
Uppsala, Hotell Linné 018-13 92 60	HR 3			A 25
Uppsala, Samariterhemmets gästhem 018-10 22 60 ank. 316		S	H	

Uppsala, Scandic Hotel HR 1 S
018-10 02 80

Uppsala, Hotell Uplandia HR 3 S H
018-10 21 60 TR 2

Chalet villages:

Älvkarleby,
Sågarbo Stugby HR 3 A 1
026-793 70, 860 46

Härjarö, Härjarö Stugby HR 2 A 1
0171-821 52

The village is run by Stockholms
authority and is located on
Lake Mälaren halfway between
Uppsala and Enköping.
Fishing jetties and ramp for
swimming are available, and
the whole complex is open
to the public

Enköping, STF's
youth hostel Bredsand HR 2
0171-800 66, 336 14

Rimbo,
Finsta Lantbruksskola HR 3
0175-605 00 21 jun-5 aug

Camping:

Älvkarleby, Laxfiskecamp HR 2 apartments
026-727 92

Enköping, Härjarö shower, asphalted path
0171-821 52 A1 chalet

Öregrund, Gräsöbaden shower, asphalted path
0173-331 90

Skutskär, Rullsand asphalted path, 2 RWC, 2 showers
026-860 46



VÄRMLAND

Årjäng

Activities:

Elk safari in Glaskogen nature reserve.

RWC:

Årjäng trotting course

Årjäng Tourist Office RWC
tel: 0573/105 08, 110 10

Arvika

Sights:

Klässbol linen-weaving centre.
Open weekdays 8am-4pm;
Saturday 10am-3pm. Also
open Sunday 10am to 3pm in
June, July and August.

Sågudden handicrafts and
open-air museum. Not all the
buildings are accessible by
wheelchair. For three weeks in
July there is access to RWC

Activities:

Glaskogen nature reserve.
Easily accessible RWC
available at Lilla Remmingen,
Kalleboda House,
Lenungshammar and
Herrgårdsbacken.

RWC:

Gate Gästgiveri, Gate
Folkets Park Hall, Vik
NTO-Salem, Magasinsgatan 17
KFUM-gården (YMCA),
Högåsvägen 19
Town Hall, Storgatan 20

Kvarteret workshops,
Fabriksgatan 5 (Monday-Friday
daytime only)

Central railway station
Konsum supermarket,
Styckåsgatan 37
Stjärnhallen, Storgatan 36
Main square, Arvika
Smedberg Service House,
Tingsgatan 15
Hospital, main entrance
Swimming pool and sports
centre, Skolgatan
Ingestrand camping site
Trefaldighets Church,
Cisterngatan
Assembly hall
Fågelsången,
Kastanjugatan 9-11
Lundsholmsgård

Handicapped guide available at
the Tourist Office

Arvika Tourist Office RWC
tel: 0570/135 60, 136 60

Arvika Information Office
tel: 0570/160 40

Degerfors

Sights:

Sveafallen nature reserve,
walkway to the "witch's
cauldron".

Degerfors Tourist Office
tel: 086/442 79
(June-August)

Eda

RWC:

Värdshuset Morukulien

Edane

Skutboudden

Sights:

Gammelvala traditional craft centre at Brunskog. Guided tours every day. Special entertainments last week in July.

RWC

RWC:

Brunskog Homestead
Skutboudden
Brunskog Church

Ekshärad

Sights:

Ekshärad homestead museum.

Open June-August.

RWC

Ekshärad Church.

RWC

St Olof's Chapel.

RWC

Activities:

Ekesbadet pool.

Sports centre, Högborgen

RWC:

Filadelfia assembly hall,
Klarälvsvägen 34
Försäkringskassan,
Postvägen 1B
Q8 petrol station,
Klarälvsvägen 15

ICA-Hallen, Torsbyvägen 1
Klarälv Church, Älvbrinken 8
Community centre,
Klarälvsvägen
Post Office, Postvägen 1A
Domus

Ekshärad Tourist Office RWC
tel: 0563/404 95

Filipstads Area

Sights:

Nils Ferlin statue, Stora Torget.

Brattfors foundry.

RWC

Mill museum, with special exhibitions.

Filipstad Church.

Lesjöfors Church.

Activities:

Swimming in Brattfors at
Ångsågen (RWC) or Stora
Tjärn.

Swimming at Lesjöbyn.

RWC:

Library, Stora Torget 3
Folkets Hus, Viktoriagatan 8
Försäkringskassan,
Viktoriagatan 10
Långbans Gästgiveri

Filipstad Tourist Office RWC
tel: 0590/147 40

Grums Area

Sights:

Ed Church.

RWC

Borgvik foundry ruins. RWC

Borgvik Church. RWC

Glass museum, Liljedahl.

L M Ericsson's memorial,
Värmskog.

Former silver mines, Vegerbol.

Edsholm castle ruins.

RWC:

Community council offices

Library

Folkets Hus, Grums

Folkets Hus, Slottsbron

Folkets Hus, Segmon

Cemetery authority offices

Sem assembly hall

Solberga Church

Församlingsgården

Strandgården, Slottsbron

Assembly rooms/district

nursing practice, Segmon

Borgvik parish room

Mission Church, Grums

Pingst Church, Slottsbron

District clinic

Indoor swimming pool

Motorcross track

Restaurant Kungskvarnen,
Borgvik

Nyängens Vårdshus, Grums

OK, Grums

Liljedahl guest harbour

Grums Tourist Office

tel: 0555/116 94

RWC

Hagfors

Sights:

Ruins of Gustavfors foundry,
limited access. RWC

Höglandsstuga. RTC

Church. RWC

Activities:

Värnultsåsen slalom; ski-bob
available for the physically
handicapped. RWC

Bowling alley,
Geijersholmsvägen 5. RWC

Sports centre,
Geijersholmsvägen 5. RWC

Valhall ice-rink. RWC

Skiing centre,
Görsjövägen RWC

Swimming at Älvstrandsbadet,
Geijersholmsvägen 5. RWC

RWC:

Pharmacy, Skolgatan 6

Arbetsförm, Köpmangatan 3

Library, Geijersholmsvägen 5

Blinkenberg Church,

Filarevägen

Fire station

DHR, Sätrevägen 7

Fasaden, Dalavägen 23

Folkets Hus, Folkets Väg 1

Folktandvården, Dalavägen 14

Försäkringskassan,

Köpmangatan 3

Nya Wermlands Tidn.,

Storgatan 7

Police station, Dalavägen 6-8

Social services office,
Dalavägen 15
Svedlunds Bil, Hedvägen 7
Sv. Bilprov.,
Uddeholmsvägen 61
Värmlandsgården, Upplund
Geijersholmsvägen 5
OK petrol station,
Blomvägen 2
Hospital, Sjukhusvägen

Hagfors Tourist Office RWC
tel: 0563/115 15

Karlskoga

Sights:

Alfred Nobel's home,
Björkborn. The world's only
Nobel Museum. Accessible,
except for the upper storey.

Karlskoga Church, parts of
which date from 1526. RWC

Knappfors,
an old quarter of the town
complete with shop, mill, locks
and the well-known royal oak in
Bergsmansgården. RWC

Activities:

Lunedet outdoor leisure
centre, tracks of various
lengths, some suitable for
wheelchairs. Fishing jetty.

Strandbadet indoor pool,
completely adapted for the
handicapped. RWC

RWC:

Viktorias
Library

Karlskoga Tourist Office RWC
tel: 0586/563 48

Karlstad

Sights:

Östra Bron, Sweden's longest
stone bridge.

Mariebergsskogen, an area
with an amusement park,
homestead museum, water-
mill, zoo, restaurants and a
theatre. Rather hilly. RWC
available in the restaurant,
Holken dance-hall, theatre and
zoo.

Kvarteret Almen, 18th century
buildings opposite the Town
Hall. Not accessible by
wheelchair. RWC

Alster manor-house,
with a museum devoted to
the Swedish poet Gustaf
Fröding. RWC

Värmland Museum. RWC

Boat trips on the river, Lake
Vänern and the Pråm Canal.
Physically handicapped can be
lifted on to the boats.

Activities:

Sundsta swimming pool and
sports centre. RWC

Skutberget outdoor leisure
area. RWC

RWC:

Folkets Hus, Karlstad
Folkets Hus, Edsvalla

Folkets Hus, Vålberg
Main library
Kronoparken library
Molkom library

Karlstad Tourist Office RWC
tel: 054/19 59 01

Kil

Sights:

August: Special Kil festival week.

Activities:

Slalom slope, Fryksta. RWC

Tennis courts, Stenåsen. RWC

Riding centre, Lökene. RWC

Ice rink,
Sannerudsvallen. RWC

Sports centre,
Sannerudsvallen. RWC

Kil Tourist Office RWC
tel: 0544/118 11

Köla

Activities:

Valfjället health-care centre. RWC

Kristinehamn

Sights:

Picasso sculptures.

Kristinehamn Church. RWC

Activities:

Boat-lift at Swahns Marina.

Handicapped guide available at:

Kristinehamn Tourist Office RWC
tel: 0550/881 87

Likenäs

Sights:

Rafting expeditions on the Klarälven river
(tel: 0564/403 00).

Norra Råda

Sights:

Kärnåsen homestead museum, limited access. RWC

Activities:

Sports centre,
Skogstavägen 11. RWC

RWC:

Björns Vårdshus,
Rådavägen 11
District nursing practice,
Åråsvägen 13
Airport, Råda Hed
Assembly hall, Rådavägen
Tingshuset, Rådavägen
Folkets Hus, Lakene

Ransäter

Sights:

Homestead Museum where special programmes are arranged throughout the summer. RWC

Ransäter Tourist Office RWC
tel: 0552/301 48

Säffle

Sights:

Olof Trätälja's grave-mound.

Old market huts in Värmlands
Nysäter (special events
arranged).

Säffle Tourist Office
tel: 0533/106 00, 815 00

Skillingsfors

Sights:

Childhood home of the author
Carl Almqvist.

Storfors Area

Sights:

Bjurbäcken locks on the
Bergslag Canal. RWC

Baksjön bird sanctuary, with
tower hide.

Activities:

Lungsund swimming pool. RWC

Baggtjärnen, jetties for fishing.

RWC:

Folkets Hus
Storfors Church
Försäkringskassan

Storfors Tourist Office
tel: 0550/619 54
(June-August)

Sunne

Sights:

Rottneros Manor House, with a
beautiful park full of sculptures
and flowers. In one part of the
park the flowers are planted at
a suitable height for the
wheelchair-bound. The herb
garden has information in
Braille. Open mid-May to mid-
September. RWC, S

Mårbacka, home of the novelist
Selma Lagerlöf. Ground floor
accessible for physically
handicapped. Guided tours.
Open mid-May to mid-
September. For bookings ring
Tourist Office.

Sunne Church, with ramp.
Assembly hall. RWC, T

Activities:

Kolsnäs activity centre,
with tracks of varying
lengths accessible by
wheelchair. Open during the
summer. RWC

RWC:

Lagerlöf Park, public toilets

Sunne Tourist Office RWC
tel: 0565/135 30

Sunnemo

Activities:

Sports centre. RWC

RWC:

Folkets Hus
Församlingshemmet

Sysslebäck

Activities:

Rafting expeditions on the Klarälven river. Special programme with museum visits and elk safari. Before midsummer and after the first week in August. Information on 0564/104 10.

Sysslebäck Tourist Office
tel: 0564/103 73

Accommodation:

Hotels:

Åmotfors

Norra Mons youth hostel HR 2 S
0571-301 46

Åmotfors,

STF's youth hostel HR 15 S H A 10
0571-220 08, 301 46 TR 15 (separate part of
dining-room)

Årjäng, Scandic Hotel

0573-110 70 HR 1 S

Arvika, Hotell Oscar Statt

0570-197 50 HR 2 S H A 2

Arvika, Lundsholms

Gård, Mangskog HR 2 S H A 2
0570-913 00 TR 10

Charlottenberg,

Gränsrasta Motell HR 1 S H A 2
0571-212 70 TR 2

Deje, Dömle Stiftsgård

0552-117 50 TR 2 S H A 6
(separate part of
dining-room)

Edane, Brunskog

youth hostel HR 3 A 3
0570-521 41 (separate part of
dining-room)

Ekshärad,

Wermlandia Hotell/hälsotell A 80
0563-405 50 (lacto-vegetarian)
(separate part of dining-room)

Filipstad, Scandic Hotell

0590-125 30 HR 1

Grums, Borgviks Turist och Konf. center 0555-742 00	HR 2				
Grums, Nyängens Vårdshus 0555-130 60	HR 6				
Hagfors, Hotell Jonte 0563-141 50	HR 4 TR 35	S	H	A 1 (separate part of dining-room)	
Hagfors, Brukshotellet Uddeholm 0563-230 18		S			
Höljes, Finkskoga Vårdshus 0564-201 07, 201 00	HR 3 TR 1	S	H		X
Karlskoga, Scandic Hotel 0586-504 60	HR 1	S		A 1	
Karlskoga, Rex Hotell Skotten 0586-501 60	TR 5	S			
Karlskoga, Karlskoga youth hostel 0586-567 80	HR 6	S			
Karlskoga, Hotell Alfred Nobel 0586-364 40	TR 2			A 6	
Karlstad, Grand Hotell 054-11 52 40		S			
Karlstad, Hotell Gustaf Fröding 054-13 10 00	HR 2	S	H	A 4	
Karlstad, Scandic Hotel 054-18 71 20	TR 2	S			

Karlstad, Hotell Wåknäs 054-16 00 80	HR 1 TR 4	S		
Karlstad, Sara Hotel Winn 054-10 22 20	HR 3	S		A 3
Köla, Eda Brunn Hotell 0571-220 80	HR 3	S		
Kristinehamn, Stadshotellet 0550-150 30	HR 3 TR 2	S		
Säffle, Scandic Hotell 0533-126 60	HR 2	S		
Skillingfors, Hälsöhemmet Alprosen 0571-401 15	HR 1 TR 2	S	H	A 2
Sunne, Hotell Selma Lagerlöf 0565-130 80	HR 13	S		
Sunne, Rottneros Motell och Camping 0565-602 45	TR 16 apartments			A 2 apartments
Sunne, Frykenstrand Turist- och konferenscenter 0565-133 00	HR 5 TR 41	S	H	A 30
Sysslebäck, Långbergets Hotell AB 0564-260 50	TR 12	S		A 1
Torsby, Hotell Björkarna 0560-120 10	HR 1	S		
Torsby, Vägsjöfors Herrgård 0560-311 77	HR 1 TR 6	S		

Chalet villages:

Eda, Morokuliens chalet villages 0571- 231 55	HR 2	S	
Ekshärad, Ekesberget 054-10 21 70	HR 1		
Hagfors, Långrösta 0563-421 80	HR 2 (limited access)		
Köla, Valfjället 054-10 24 20	HR 2 TR 5	S	
Munkfors, Munkfors chalet villages 0563-501 30	HR 2 (dining-room)	S	A 1
Norra Råda, Råda Strand 0563-602 10	HR 4		
Norra Råda, Björnbyn 0563-604 19	HR 4,swimming area not accessible		
Ransäter, Ransäters chalet villages 054-10 21 70	HR 2		
Sysslebäck, Långberget 054-10 21 70	HR 2 TR 15		
Sysslebäck, Nyskoga Turistcenter 054-10 21 70	HR 1		

Camping:

Ambjörby, Backebo 0564-420 33	A 2 chalets
Årjäng, Sommarvik 0573-120 60	chalet

Charlottenberg, Gränsrasta 0571-212 70	shower, asphalted path, room
Degerfors, Degemås Camping 0586-483 66	asphalted path, swimming, fishing, jetty A 1, showers/toilets, other areas
Filipstad, Munkeberg 0590-126 16	showers/toilets
Glava, Lenungshammar 0570-440 48	shower
Hagfors, Värmlandsgården 0563-910 22, 910 75	HR 4, limited access
Karlskoga, Lunedet 0586-151 91	fishing jetty
Karlskoga, Sandviksbadet 0586-378 60	showers/toilets
Karlstad, Skutberget 054-361 39	chalet, room
Kil, Frykenbaden 0554-109 74	shower
Kristinehamn, Kvarndammen 0590-171 12	showers/toilets
Molkom, Bäverland 0553-301 78	shower A 1 chalet, showers/toilets
Molkom, Mängenbaden 0553-203 40	shower, asphalted path
Morokulien 0571-231 55	chalet, shower, asphalted path
Munkfors, Storängen 0552-300 80	shower, asphalted path

Råda, Rådastrand
0563-605 15

chalet, shower

Säffle, Duse Udde
0533-143 05

HR3chalets,shower,asphalted path
A 5 chalets

Storfors, Badsta Camping
0550-607 66

shower, toilet

Sunne, Gurlitte
0565-920 50
0573-120 60

shower, asphalted path
showers/toilets



VÄSTERBOTTEN (Southern Lapland)

Ammarnäs

Sights:

The "Naturum" in
Ammarnäsgården.

RWC

Samegården.

RWC

Näsberget, mountain
viewpoint reached by chair-lift.

Activities:

Swimming pool in
Ammarnäsgården.

RWC

Ammarnäs Tourist Office RWC
tel: 0952/601 32
(June-August)

Åmsele

Activities:

Canoeing at the Vindelådalen
centre, where there are
transportable ramps for
wheelchairs which can be
taken on board the canoes for
excursions. Information on
0933/602 10.

RWC:

Åmsele camping site

Åsele

Sights:

Torvsjö mills, traditional local
buildings.

Activities:

Fishing in the stocked
Nordastjärn, where the jetty is
adapted for the physically
disabled.

RWC:

Åsele Wärdshus

Åsele Tourist Office
tel: 0941/109 02
(June-August)

RWC

Bjurholm

Sights:

Homestead area, large
collection of typical village
buildings from bygone days.

Öreälvsbron, 47 metres high,
Sweden's second highest
road bridge.

Activities:

Game-fishing 4 km from
Bjurholm.

RWC:

Community council office

Bjurholm Tourist Office
tel: 0932/107 79
(summer only)

Borgafjäll

Sights:

Mountain village on the "Seven Rivers" road. Unique local architecture, church and hotel with RWC

Byske

Sights:

Hållhäggen, display of handicrafts and shop. RWC

Activities:

Salmon fishing in the Byske river; jetty provided.

RWC:

Byske camping site

Byske Tourist Office
tel: 0912/108 50

Dorotea

Sights:

Church with sculptures by Carl Milles and Björn Martinus.

RWC:

Björnen camping site

Dorotea Tourist Office RWC
tel: 0942/112 06

Lycksele

Sights:

Gammplatsen, cultural centre with handicraft displays, church and museum depicting local history and the forestry industry. RWC

Lycksele Zoo, with musk-ox farm, aquarium and "Summerland" for children. Refreshments. RWC

Vormsele craft exhibition in July. RWC

Activities:

Brännlandstugan 15 km north of Lycksele. Fishing from jetty, swimming, mini-golf, boats for hire and barbecue area. RWC

Granselegården activity centre at Vindelgransele, with various types of outdoor activity. Fishing in the Vindelälven river. RWC

Ansia Badpark swimming area with heated pool, wave machine, water-slide etc. RWC

Lycksele swimming pool, with lift. RWC

Lycksele Tourist Office
tel: 0950/169 90

Malå

Sights:

Tjarnstanberget nature trail with viewpoints, wind-shields and the Nila wooden sculptures and Ättestupa from where, according to legend, the Lapps took their last journey into eternity with their reindeer. Exhibition of local minerals at the Tourist Office/camping site. RWC

Lapp village with traditional tents and store-houses.

Homestead area with Lapp and settlers' museum.

Activities:

Nölviken nature reserve and fishing area, with fishing-huts, jetties and barbecue area. Asphalted paths. Fishing season starts 18 June. RTC

RWC:

Malå Hotel
Service centre in the chalet village
Community council offices, Storgatan 13
Old community house, Storgatan 46

Malå Tourist Office RWC
tel: 0953/100 77

Norsjö

Sights:

Dahlbergsgården in Bastutjärn.

Gallejaur power-station.

Activities:

Swimming pool with lift. RWC

Norsjö Tourist Office RWC
tel: 0918/103 31

Robertsfors

Sights:

Glassworks where you can see the production process.

Industrial museum.

Activities:

Swimming pool with lift. RWC

RWC:

Centrumhuset building
Konsum
ICA-Diamant
HCK Centre

Robertsfors Tourist Office
tel: 0934/153 54 RWC
(June-August)

Skellefteå

Sights:

Nordanå cultural centre, with old shop, museum, etc. RWC

Skellefteå church village with old buildings from the 17th century.

Skellefteå provincial church, built in 1799 with a Madonna dating back to the 12th century.

Skellefteå terrarium, with some 60 species of snakes, spiders, lizards, crocodiles, apes etc. RWC

Lejonström bridge, Sweden's oldest traditional wooden bridge still in use.

Activities:

Vitbergsbadet heated pool with wave machine, bubble pool, hot-water pool etc. RWC

RWC:

Town hall, Trädgårdsgatan 8
Checkers

OBS Interiör

Skellefteå Tourist Office RWC
tel: 0910/588 80

Sorsele

Sights:

July: Throughout the month, displays of local handicrafts, demonstrations of "thin bread" baking etc.

Activities:

White-water rafting.
Fishing.

RWC:

Library
Swimming pool
Bus station
Folkets Hus
Grill Bar

Sorsele Tourist Office RWC
tel: 0952/109 00

Storuman

Sights:

Stensele Church, Sweden's largest wooden church, built in 1886. Guided tours can be arranged through Ruben Gustavsson
(tel: 0951/202 31). RWC

Församlingsgården, with 32 pictures illustrating John Bunyan's "Pilgrim's Progress". RWC

Activities:

Fishing from two stone jetties adapted for the physically handicapped.

RWC:

Storuman library
Taxi stand
Swimming pool
Grill E79:an kiosk

Storuman Tourist Office RWC
tel: 0951/105 00, 113 20

Tärnaby

Dialysis facilities for holidaymakers suffering from kidney complaints are available at the Tärnaby local clinic throughout the year. Contact the clinic in advance for information and bookings (tel: 0954/103 50).

Sights:

Kalfjället mountain, about 800 metres above sea level, reached by cable car; accessible for the partially disabled. Groups of handicapped visitors can be taken if bookings are made in advance (tel: 0954/301 20).

Lapp museum with displays of traditional arts and crafts.
Handicrafts shop.

Activities:

Klippen fishing camp along the "Blue Route"; some parts are accessible by wheelchair.
Game-fishing for sea trout and rainbow trout.

RWC:

Konsum

Folkets Hus

Affes Gatukök kiosk

Fjällvindens Hus

Tärnaby Tourist Office

RWC

*tel: 0954/104 50***Umeå****Sights:**

The Gammlia old-town area, with an outdoor museum showing the traditional old timbered buildings, plus museum which describes the history and industry of the area. Also skiing museum and art gallery. RWC

Soldattorpen at Brännland, showing how the conscripted farmer-soldiers of old used to live. RWC

Stornorrforsen hydro-electric dam with salmon ladder and salmon farm. RWC

RWC:

Sävars Vårdshus

Library

Wickes Bar & Cafeteria

OBS

Domus

Umeå Tourist Office

RWC

*tel: 090/16 16 16***Ursviken****RWC:**

Vårdshuset Disponenten

Vännäs**Sights:**

Pengsjö Immigrants' Museum, only partly accessible. Open May-August.

Exhibitions, fishing, boat hire etc at the Tourist Office. RWC

Activities:

White-water rafting

RWC:

Community council offices

Vännäs Tourist Office

RWC

*tel: 0935/207 82**(June-August)***Vilhelmina****Activities:**

Folkets Hus has facilities for swimming and bowling as well as a library. RWC

Fishing available near Vilhelmina with wind-shelter and jetty. For information please contact 0940/116 58.

RWC:

Hotel Saxnäsgråden, Marsfjäll

Vilhelmina Tourist Office RWC*tel: 0940/111 00***Vindeln****Activities:**

Fishing at Högkammen camping site. Ramps available.

Renforsen, with paths for the disabled round the Vindel River rapids, plus mini-golf, old mill, cafeteria and barbecue area. Assistance needed for those using wheelchairs.

White-water rafting.

RWC:

Community council offices
Värdshuset Mjölaren

Vindeln Tourist Office
tel: 0933/110 14



Accommodation:

Hotels:

Ammarnäs, Hotell Ammarnäsgården 0952-600 03	HR 3			
Åsele, Åsele Vårdshus 0941-112 55	HR 5	S	A 2	
Bjurholm, Wårdshuset Bävern 0932-105 10	HR 9			
Borgafjäll, Hotell Borgafjäll 0942-420 16	HR 1			
Dikanäs, Hotell Kittelfjäll 0940-810 20	HR 12	S	A 59 (separate part of dining-room)	
Dorotea, Hotell Dorotea AB 0942-108 10	HR 2	S	A 2	
Hemavan, Hemavan Vårdshus 0954-300 04	HR 2	S		
Hemavan, Centrumhuset 0954-304 10			A 1	
Hemavan, Högfjällshotellet 0954-301 50			A 3	
Lycksele, Hotell Lappland 0950-370 00	HR 5	S	A 2	
Lycksele, Park Hotel 0950-111 80, 111 81	HR 2		A 2	X
Malå, Malå Hotell 0953-107 00	HR 2	S	A 1	

Norsjö, Hotell Inlandia 0918-106 15	HR 2		A 2
Skellefteå, Hotel Malmia 0910-773 00	HR 3	S	A 2
Skellefteå, Hotell Aurum 0910-883 30	HR 2	S	A 2
Skellefteå, Stadshotell 0910-141 40	HR 4	S	A 2
Skellefteå, Scandic Hotel 0910-383 00	HR 4	S	A 20
Sorsele, Hotel Gästis 0952-107 20	HR 2	S	
Storuman, Hotell Toppen 0951-117 00	HR 3 TR 3	S	A 3
Umeå, Blå Dragonen 090-13 23 80		S	
Umeå, Sara Hotel Umeå 090-12 20 20	HR 4	S	
Umeå, Motell Björnen 090-13 71 10	HR 1	S	A 2
Umeå, Scandic Hotel 090-13 52 50	TR 2	S	A 2 (separate part of dining-room)
Umeå, Strand Hotell 090-12 90 20		S (no assistance available to get to room)	
Umeå, OK Hotell 090-13 24 00	HR 4	S	A 2
Umeå, Hotell Wasa 090-11 85 40	HR 3		A 3

Umeå, youth hostel Åliden
090-14 13 60, 19 43 00

S

Vännäs, Hotell Vingen
0935-109 30

HR 3

Vilhelmina,
Vilhelmina Kyrkstad
0940-117 31,
booking on 111 00

HR 3
TR 3

S

(no assistance available
in dining-room)

Vilhelmina,
Hotell Vilhelmina
0940-114 20

HR 4

S

A 4

Vindeln, Hotell Vindeln
0933-109 05

HR 1

Chalet villages:

Ammarnäs, Grundströms
Chalet villages
0952-600 10

A 1

Ammarnäs, Semesterby
0952-600 03

A 4

Ammarnäs, Vindelåforsens
chalet villages
0952-600 49

A 2

Ånäset, Stugbyn Lufta
0934-204 88

HR7chalets, shower, asphalted path
A 7 chalets

Lövånger,
Lövångers Kyrkstad
0913-102 59

HR 5

Lycksele, Granselegården
0950-820 82

TR 6 , no public RWC
A 1

Lycksele, Vormsele
chalet villages
0950-810 75

TR 2
A 2

Lycksele, Brännlandsstugan (DHR) 0950-160 44	HR 2 , no public RWC A 2
--	-----------------------------

Örträsk, Vackra Dalens Stugby 0932-300 00	TR 2 A
---	-----------

Tärnaby, Fjällvindens Hus 0954-104 25	HR 5 A 1
--	-------------

Umeå, Camping 090-16 16 60	HR 5 A 5
-------------------------------	-------------

Vilhelmina, Lundqvist Chalets & Rooms 0940-102 64	HR 8
---	------

Vormsele, Vormsele chalet villages 0950-810 75	TR 2 A 2
--	-------------

Camping:

Åmsele, Åmsele Camping 0933-602 10	shower
---------------------------------------	--------

Åsele, Camping 0941-109 04	shower A 2 chalet, showers/toilets
-------------------------------	---------------------------------------

Byske, Byske Havsbud 0912-108 50	shower, asphalted path A 2 chalets
-------------------------------------	---------------------------------------

Bjurholm, Angsjö 0932-520 44	shower
---------------------------------	--------

Dorotea, Björnens Camping 0942-102 38	HR 1 chalet
--	-------------

Granö, Camping 0933-400 56	chalet, asphalted path
-------------------------------	------------------------

Jörn, Jörn Camping 0916-210 66	shower
-----------------------------------	--------

Lycksele, Ansia Camping 0950-100 83	chalet, shower, asphalted path A 2 chalets, showers/toilets
Malå, Camping 0953-107 00	shower, asphalted path
Nordmaling, Rödsviken 0930-113 50	shower
Norsjö, Rännudden 0918-201 35	HR 1 chalet A 2 chalets, showers/toilets
Skellefteå, Skellefteå Camping 0910-188 55	shower, asphalted path
Sorsele, Sorsele Camping 0952-101 24	chalet, shower, asphalted path
Storuman, Storumans Camping 0951-106 96	asphalted path A 1 chalet
Storuman, Avesunds Fiskecamp 0951-103 45	shower, fishing, swimming
Tärnaby, Tärnaby Camping 0954-102 47	service house
Tärnaby, Tärnaby Husvagnscamping 0954-104 80	service house A 1 chalet
Umeå, Umeå Camping 090-16 16 60	HR 5 chalets A 5 chalets
Vilhelmina, Rasten-Saiva 0940-108 84	shower A 2 chalets, other areas
Vilhelmina, Volgsele 0940-440 32	A 5 chalets
Vilhelmina, Skansholm 0940-210 34	TR 2, shower, asphalted path, swimming, service house. A 1

Vormsele, Vormsele Camping

0950-810 75

showers/toilets

Vännäs,

Vännäs Camping

0935-100 09

A 1 chalet



VÄSTERGÖTLAND

Ale Area

Sights:

The whole area is rich in historical sites.

Jätteberget in Alvhem has some interesting rock carvings. RWC available at the Göta Älv Motel at Grönnäs (3 km away).

Carvings on an almost vertical rock wall at Skepplanda. RWC available at Texaco.

Nödinge Church with a wooden chest from the 11th century. RWC available at OK.

Glass museum in Surte.

Activities:

Go-carting at Ale Ring between Bohus and Nödinge. Adapted go-carts available. RWC

Fishing in the Abborrsjön lake, jetty for physically handicapped at Mosjön.

RWC:

Hotel Surte
OK, Nödinge
Nol service station
Texaco, Skepplanda

*Ale community council office
tel: 0303/300 00*

Alingsås

Sights:

Alingsås local museum. RWC

Guided tours of the town on Wednesdays during the summer. Accessible by wheelchair.

Nolhaga Zoo. RWC

Anten-Gräfsnäs vintage steam railway operates on Tuesday, Thursday and Sunday from late May to mid-August. One coach is accessible for wheelchairs. Attractive park at Gräfsnäs or station at Anten are suitable for a picnic. Castle park cafeteria at Gräfsnäs has RWC

Activities:

Fishing at Anten; jetties available. RWC

RWC:

Café Lygnared camping site

*Alingsås Tourist Office RWC
tel: 0322/752 00*

Borås

Sights:

Borås Zoo, with a wide variety of animals. Wheelchairs are available on loan. RWC

Knalleland, seven of Sweden's largest mail-order houses. Ellos och Josefsson has RWC

Art gallery.	RWC	Mösseberg Zoo, asphalted paths. Specialises in Swedish indigenous animals.	
Cultural centre (Kulturhuset).	RWC	Parking by the Bredablick Restaurant.	RWC

Activities:

Swimming at Almenäs. Ramps fitted.	RWC	Gliding Museum at Ålleberg.	RWC
------------------------------------	-----	-----------------------------	-----

Stadsbadsparken pool, special wheelchairs for swimming available on loan.	RWC	Redberga, display of artistic works of Harald Wiberg, 5 km from Falköping on road 47 towards Vara/Trollhättan.
---	-----	--

Borås Tourist Office
tel: 033/16 70 87

Falköping Tourist Office RWC
tel: 0515/131 95

Essunga Area

Sights:

Nossebro market last Wednesday of every month except December. Parking available. Community centre (Kommunhuset) has RWC

Activities:

Nossebro swimming pool, heated pools. RWC

Essunga Tourist Office
tel: 0512/506 76
(June-August)

Falköping

Sights:

Stora Bjurum, on road 47 between Skara and Falköping, where the migrating cranes perform their courtship dance in April.

Hornborgasjön bird reserve. Tower hide with lift available by the information centre. RWC

Götene

Sights:

Kinnekekullagården, with beautiful views over the surrounding countryside. Restaurant and cafeteria. Road to the viewpoint and viewing tower; key to the road barrier can be borrowed at Kinnekekullagården. Information: 0510/440 23. RWC

Falkängen craft centre, with exhibitions of Swedish handicrafts and a sales shop, as well as a carriage museum. During the summer you can see craftsmen at work. Cafeteria. Information: 0510/400 85. RWC

Centrumhuset, museum and cafeteria. RWC

Götene Tourist Office
(Centrumhuset)
tel: 0511/592 10

Grästorp

Sights:

Picturesque walks along the Nossan river to see the beautiful waterfalls. Gravel path, assistance needed.

RWC:

Grästorps Wårdshus

Grästorp Tourist Office

tel: 0514/110 51

(June-August)

Gullspång

Sights:

Boat-fishing on Lake Vänern, either individually or in groups of up to 15. Assistance available. Bookings through the Tourist Office.

Gullspång Tourist Office

tel: 0551/200 21

Hjo

Sights:

Lake Vättern aquarium, displaying all the different species that live in the lake. Open 15 May-31 August from 10am to 6pm.

Guldkroken glassworks, where you can see glass being made and buy the products at the Röda Boden shop. RWC

Town park is a reminder of the days when Hjo was a spa resort.

The steamship S/S Trafik, built in 1892, sails on pleasure trips on Lake Vättern during the summer. RWC

Hjo Tourist Office

tel: 0503/114 40

RWC

Karlsborg

Sights:

Boat trip on part of the Göta Canal. M/S Sandön sails to Töreboda from mid-June till mid-August. RWC

Forsvik, the oldest lock on the Göta Canal. Cafeteria.

Karlsborg fortress, where a guide is available to tell you about the building's fascinating history.

Activities:

Fishing at Brosundet, between Forsvik and Uddenäs. RWC

Granvik nature reserve, 10 km north of Karlsborg. Asphalted paths and jetties. RWC

State fishery in Tiveden with two adapted jetties. Permits available at Granviks Herrgård.

Karlsborg Tourist Office

tel: 0505/121 20

Lerum

Sights:

Nåås Park with exhibitions and handicrafts shop. Open May-June. RWC

Activities:

Nature trail at Nääs. RWC

Lerum Tourist Office, Nääs
tel: 0302/343 66
(summer only)

Lerum Tourism RWC
tel: 0302/505 80

Lidköping**Sights:**

Rörstrand Porcelain Museum, depicting the 250-year history of the famous local porcelain factory. Products of the factory can be bought in the sales shop. Open Monday-Friday 10am to 5pm; Saturday, 10am to 2pm. Information: 0510/220 30. RWC

Maritime and craft museum. RWC

Art gallery.

Boat trip on Lake Vänern on M/S Magnus Gabriel, starting daily during the summer from Läckö Castle, 20 km north of Lidköping.

Activities:

Swimming at Framnäsbadet, open during the summer. RWC

Swimming pool, open during the winter. RWC

RWC:

Restaurant Magnus Gabriel
Åhléns, Sveagatan 23

Restaurant Krikelin, Nya Stadens Torg 4
OBS-Interiör,
Ängshagsgatan 1
Orionhuset,
Nya Stadens Torg 5
Särnmarkshuset,
Mellbygatan 8
Folkets Hus
Folkets Park

Handicapped guide available at the Tourist Office

Lidköping Tourist Office
tel: 0510/835 00
(June-August)

Mariestad**Sights:**

Boat trips on M/S Evert Taube during the summer on the Göta Canal and into the Lake Vänern archipelago. RWC

Sjötorp coffee-house. Good spot for light refreshments while you watch the boats sailing into Lake Vänern from the Göta Canal. Entertainment arranged some summer evenings. RWC

Guided tours through the 17th century old-town area with its cathedral.

Canal museum in Sjötorp.

Activities:

Ekudden heated swimming pool, near the camping site.

Ekudden camping site, canoes for hire.

RWC:

Café Holmen, Karlsholme Folkets Park

Café Backen, near Ekudden camping site

Vårdhuset Rattugglan, on E3

Mariestad Tourist Office RWC
tel: 0501/100 01

Mark/Kinna

Sights:

Kyftenäs Kulle nature reserve, with excellent road along the beautiful Öresjöarna lakes. You can drive to the top of a hill or take the bus to enjoy the magnificent view. Picnic tables and barbecue area. RWC

There are also excellent views over another lake system if you take the road from Hyssna (the old church is worth visiting) to Liagärde. Viewpoint adjoins a parking area.

Viskardalen nature reserve area, Två Skyttlar, with an excellent aquarium. RWC

Several places in the so-called "Weaver's Country" where you can buy textile goods. For information ring the Tourist Office.

Rydal museum, depicting the history of the local spinning industry since the 19th century. You can watch the craftsmen at work.

Activities:

Swimming and canoeing at Hanatorpets Bad. RWC

Mos beach at Örby near Hanatorp;
boat trips available. RWC

Backagårdsbadet, Kinna, heated outdoor pool.

Kinna Tourist Office, RWC
tel: 0320/172 70

Skara

Sights:

Skaraborg Area Museum. RWC

Skara Cathedral. RWC

Varnhem Abbey located between Skara and Skövde. A ramp can be erected to make the building accessible by wheelchair.

Cafeteria nearby. RWC

Parken Sommarland, Axvall. Activities and entertainment for the whole family. RWC

Skara Tourist Office
tel: 0511/130 95

Skövde

Activities:

Billinge outdoor activity area with fishing and swimming. Game fishing is possible at Lake Åstorp, which has been stocked. The path along the lake is asphalted and there are jetties.

Swimming at Simsjön, with jetties. RWC

Vristulven lake, between Skövde and Mariestad. RWC

Skövde Tourist Office RWC
tel: 0500/805 17

Svenljunga

Activities:

Game fishing from jetty at Faxsjö Lake. Boats for hire.

Swimming at Holsjön Lake in Holsljunga. Sandy beach.

Svenljunga Tourist Office,
Torget
tel: 0325/117 95
(June-August)

Överlida Tourist Office
tel: 0325/324 40
(June-August)

Tibro

Activities:

Swimming at Örlenbadet on Lake Örlen. Jetty. RWC

Tibro Tourist Office
tel: 0504/182 65
(June-August)

Tidaholm/Hökensås

Sights:

Turbinshusön, where you can see an old smithy and craftsmen at work.

Motor Museum, with exhibits dating back to the early 1900s.

Activities:

Björnsjön outdoor activity centre where you can try game-fishing, either from the jetty or from a pedal-boat which can be driven by hand or by the feet. Shelters available.

Tidaholm Tourist Office
0502/162 16
(June-August)

Töreboda

Sights:

Daily trips on the Göta Canal on the M/S Sandön or Evert Taube. RWC

Guest harbour: good spot for coffee and cakes. RWC

Töreboda Tourist Office RWC
tel: 0506/101 30
(June-August)

Tranemo

Activities:

Game-fishing at Kroksjö fishing camp. Jetties for fly-fishing. Barbecue areas. RWC

Tranemo Tourist Office,
Kroksjön RWC
tel: 0325/700 89
(June-August)

Trolhättan

Sights:

The Waterfalls Museum, run by Sweden's hydro-electric authority with video films and information displays. RWC

Hojum hydro-electric power station at the locks, with museum and cafeteria (open summer only). RWC

Trollhättan Tourist Office
tel: 0520/140 05
(June-August)

Ulricehamn

Sights:

Nature reserve at Ulricehamn outdoor leisure area. RWC

Activities:

Swimming and fishing in the Åsunden lake.

RWC:

Västgöta Rasta, Strängsered

Ulricehamn Tourist Office
tel: 0321/271 75

Vänersborg

Sights:

Halle and Hunneberg nature reserve and forestry museum. Footpaths, exercise track and sauna. RWC

Activities:

Guest harbour; jetty with lift for wheelchairs.

Elk safaris.

RWC:

Fyrkanten Vargön
Library

Vänersborg Tourist Office RWC
tel: 0521/715 41
(June-August)

Accommodation:

Hotels:

Alingsås, Scandic Hotel 0322-140 00	HR 2 TR 50	S	H	
Borås, Sara Hotell Grand 033-10 82 00	HR 6	S		
Borås, Scandic Hotel 033-15 70 00	HR 1 TR 46	S		X
Borås, Hotell Vävaren 033-10 00 20		S		
Borås, Hotel Borås 033-11 70 20	HR 6	S		
Borås, Hotell Gustaf Adolf 033-10 81 80		S		
Falköping, Mössebergs Kurort 0515-132 20	HR	S		A 10 (separate part of dining-room)
Falköping, Hotell Guldhatten 0515-130 00	TR 1	S		(no assistance available to get to room)
Finnerödja, STF's youth hostel Sandbäckens gård 0584-400 74	TR 5 (shower in corridor)	S		
Götene, Lundsbrunn conference- and spa centre 0511-571 90	HR 6 TR 92	S	H	A
Götene, Kinnekulle STF's youth hostel, Gössäter 0510-400 22	HR 4			

Gullspång, STF's youth hostel Alhöjden 0551-207 86	TR		A
Hjo, Hotell Bellevue 0503-120 00	TR 54	S	
Hjo, Vättersro 0502-503 50	HR 1 TR 3	S	
Karlsborg, Hotel Karlsborg 0505-109 20	HR 2	S	A 4
Lidköping, Stadt 0510-220 85	HR 2	S	
Lidköping, youth hostel 0510-664 30	HR 1 (RWC+shower in corridor)		
Mariestad, Sjöstadshotellet 0501-139 30	TR 6	S	
Mariestad, Hotell Vänerport 0501-111 11	TR 6	S	H
Mark/Kinna, Kinna Hotell 0320-143 00	TR		A
Mark, Örby Turist & Kursgård Två Skyttar 0320-106 10	HR 6	S	A 3
Mullsjö, Mullsjö Friluftsgård- Kursgård-Turisthotell 0392-120 90	HR 2		
Mullsjö Kyrkekvärn, Sörgårdens Gästhem (RWC +shower (no guide 0515-610 05, 611 88 in corridor)dogs permitted)of dining-room)	HR 1	S	A 52
Överlida, STF's youth hostel Kalv 0325-510 00	TR 1 (no shower)		

Skara, STF's youth hostel Vasaparken 0511-121 65	HR 1 TR 11	S	H	A 11	
Skara, AB Skara Stadshotell 0511-130 00	HR 7 TR 5	S			
Skövde, Hotel Billingen Plaza 0500-107 90		S	H	A 3	
Skövde, Sara Hotel Billingeus 0500-830 00	HR 3 TR 3	S	H		
Skövde, Hotell Prisma 0500-880 00	HR 2	S		A 2	
Skövde, Hotell Majoren 0500-106 10	HR 6	S		A 2	X
Skövde, Perenius Plaza 0500-830 30	HR 1	S		A 1	X
Skövde, Öhns gård 0500-413 17	HR 2	S			
Svenljunga, STF's youth hostel Kalv, Överlida 0325-510 00	TR 1				
Svenljunga, Svenljunga Hotell 0325-110 08	TR			A	
Svenljunga, Överlida Hotell 0325-322 35	TR				
Tidaholm, Stora Hotellet 0502-103 78	HR 2 TR 1	S			
Tranemo, Tranemo Hotell 0325-761 50	HR 1 TR 4				

Trollhättan, Strömsberg Turiststn 0520-129 60	HR 2	S		X
Trollhättan, Hotel Swania 0520-125 70	HR 2 TR 50	S	A 1	
Trollhättan, Hotell Trollhättan 0520-125 65		S (no assistance available in dining-room)		
Ulricehamn, Hotell Bogesund 0321-154 10	HR 3	S		
Ulricehamn, Scandic Hotel 0321-120 40	HR 1 TR 58	S		
Ulricehamn, Skotteksgården 0321-131 84	TR 10	S		
Vänersborg, Scandic Hotel 0521-621 20	HR 1	S	H	
Vårgårda, Vårgårda Vårdshus 0322-230 20	TR 24	S		

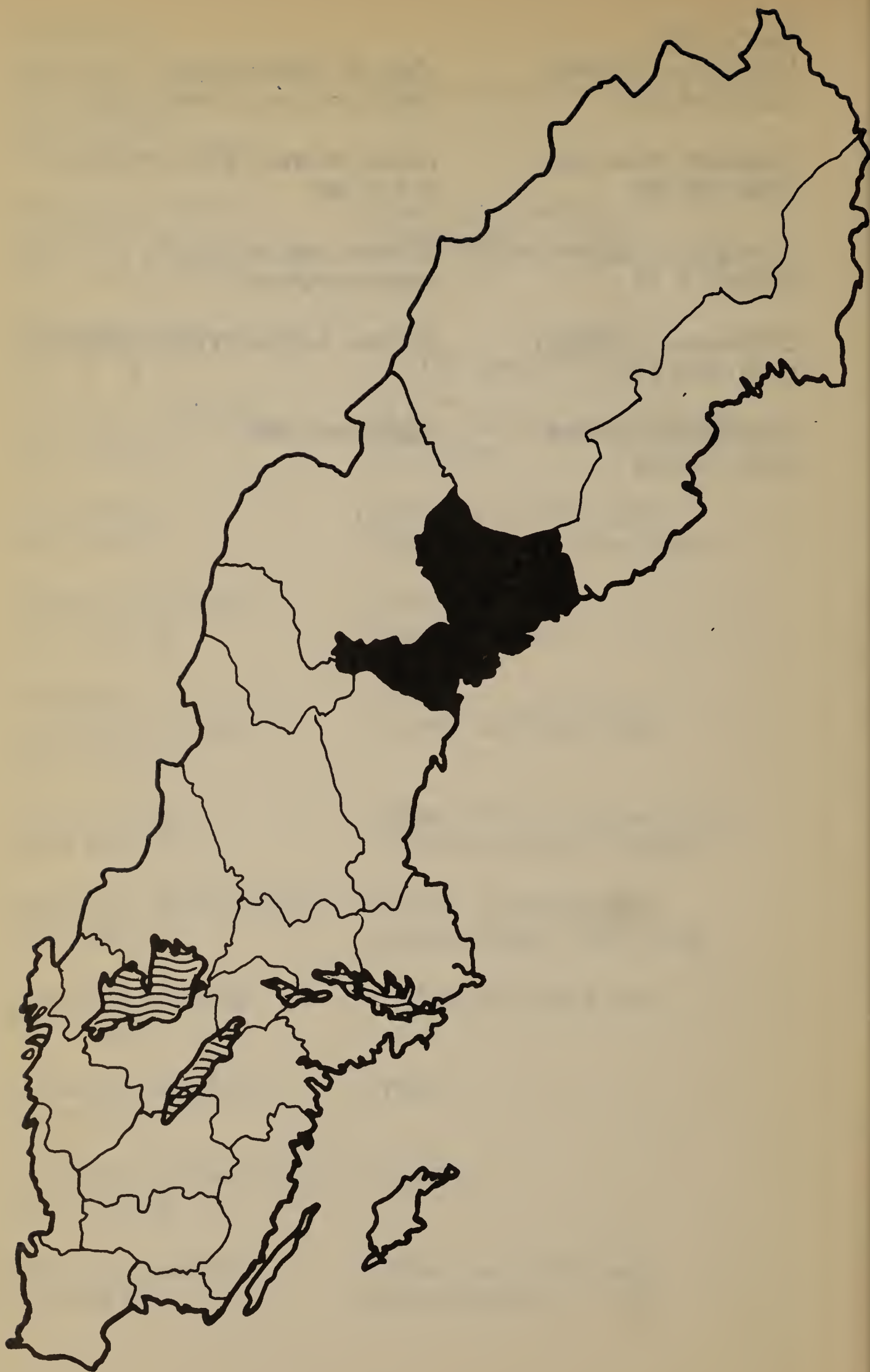
Chalet villages:

Falköping, Mössebergs Camping och Stugby 0515-850 21	HR 2			
Skövde, Billings Stugby- och Camping 0500-716 33	HR 9 chalet A 3 chalet			
Tidaholm, Tidaholm- Hökensås semesterby 0502-123 20	HR 4			

Camping:

Alingsås, Lygnared 0322-520 59 0322-750 00 winter	shower, asphalted path
Alingsås, Lövekulle 0322-123 72 0322-750 00 winter	shower, asphalted path other areas
Borås, Saltemad 033-12 14 34	A 13 (at youth hostel)
Falköping, Mösseberg 0521-850 21	chalet, shower, asphalted path A 2 chalets
Floda, Näås 0302-504 67	shower, asphalted path showers/toilets, other areas
Hällekis, Kinnekulle 0510-441 02	shower showers/toilets
Karlsborg, Karlsborgs Camping 0505-119 16	shower, asphalted path
Kinna, Hanatorp 0320-438 18	chalet, shower, asphalted path A 1 chalet, showers/toilets
Lidköping, Filsbäcksbadet 0510-460 27	shower, asphalted path showers/toilets, other areas
Lidköping, Framnäs 0510-268 04	shower, asphalted path
Mariestad, Ekudden 0501-106 37	chalet
Mariestad, Askevik Sjötorp 0501-514 08	chalet
Sandared, Sandevi 033-556 61	shower, asphalted path showers/toilets

Svenljunga, Holsljunga Camping 0325-334 53	shower, asphalted path, swimming showers/toilets, other areas
Tidaholm, Hökensås 0502-230 53	chalet, shower, asphalted path A 1 chalet
Trollhättan, Hjulkvarnelund 0520-306 13	shower, asphalted path showers/toilets
Ulricehamn, Prången 0321-100 01	shower, asphalted path, swimming
Vänersborg, Ursand 0521-186 66	asphalted path



VÄSTERNORRLAND

(Medelpad/Ångermanland)

Ådalen

Härnösand Tourist Office RWC
tel: 0611/233 33

Sights:

Nämforsen rapids at Näsåker
along road 90. Aquarium. RWC

Näsåker Tourist Office
tel: 0622/106 30
(June-August)

Härnösand

Sights:

The Art Museum, Torget,
exhibitions and Qvistska
collection. RWC

Murberget outdoor museum,
with old listed buildings. In the
summer there are musical
performances and exhibitions
of traditional crafts. RTC

Västanå waterfall in Viksjö,
nearly 90 metres high.

Activities:

Värptjärn Fälleberget south of
Härnösand, a good spot for
fishing. Ramps, jetties and
wind shelters available.

Canoes for hire specially
adapted for the physically
handicapped. Information on
0611/117 37. RTC

Swimming at Smitingen,
Snibbin aand Sälsten.
All have RWC

Höga Kusten (The High Coast)

Sights:

Skule nature reserve on the
E4, with various types of
activity during the summer.
Tables and benches adapted
for the disabled. RWC

Indalen

Activities:

Bergeforsmagasinet, Timrå on
road 330. Jetty with lift to assist
access to and from boats and
canoes. Tables and benches
adapted for the disabled. RTC

Fishing at Liden bridge near
road 86. Jetty. RTC

Fishing at Stavreviken,
Kogrundet, near road E4. Boat
harbour with lift. Fishing jetty,
wind shelter and adapted
tables and benches.

RWC:

Häreborg bar, Härevägen 2

Kramfors

Sights:

Sörleberget at Nordingrå,
viewpoint accessible
by road. RTC

Rotsidan nature reserve,
Nordingrå. Ramp. RTC

Väjaberget, Kramfors, beautiful
viewpoint, accessible by road.

Activities:

Game-fishing in Icktjärn.
Jetties.

Game-fishing in Grössjön lake.
Jetties. RTC

Flogastabadet heated pool,
ramp. RWC

RWC:

Ice rink
Folkets Park

Kramfors Tourist Office
tel: 0612/109 00
(June-August)

Kvissleby

Gula Oxen, Opalen RWC

Matfors

Danielsbergs Wärdshus RWC

Örnsköldsvik

Sights:

Örnsköldsvik local
museum. RWC

Varvsberget, a beautiful
mountain viewpoint.
Accessible by road. RWC

Guided tours are arranged in
the area during the summer

every Thursday from the end
of June. For further information
please contact the Tourist
Office.

Activities:

Mosjön swimming and camping
area alongside road E4. Game-
fishing available from adapted
jetties. Adapted benches and
tables. RTC

Fishing and swimming at
Trehörningssjö lake. RWC

Örnsköldsvik Tourist Office
tel: 0660/125 37

Sollefteå

Sights:

State guide-dog training
school. S

Late May: traditional market at
Nippvallen. RWC

Activities:

Fishing at Lannsjön lake
(towards Björksjön). Jetties,
wind shelters. RTC

Swimming at Risöbadet. RWC

RWC:

Domus, Storgatan 54-56
ICA-trollet, Storgatan 46

Sollefteå Tourist Office
tel: 0620/143 67, 825 36

Sundsvall

Sights:

Indal Gudmundstjärn, an old 18th century farm. Open summer only. RWC

Alnö homestead farm and geological exhibition. Open summer only.

Guided tours of the old-town area between mid-June and late August. Bookings on 060/19 18 00.

Norra Berget, an excellent vantage point with beautiful views over the surrounding area. Near the Gaffelbyn youth hostel is RWC

Road 86 from Sundsvall to Bispgården is reckoned to be Sweden's most beautiful road. At some stopping places you will find RWC

Kulturmagasinet (Cultural Centre), with art exhibitions, museum and library. RWC

Activities:

Swimming at Kubenbadet, Fridhemsgatan 136. RWC

Swimming at Nackstabadet, Nacka. RWC

Swimming at Bosvedjebadet, Bågvägen. RWC

Swimming at Stödebadet, Stöde. RWC

Swimming at Wi badet, Usland Alnö. RWC

Matforshallen indoor pool RWC

DHR home, with canoeing, fishing, suitable roads, picnic spots, wind shelters etc. RWC

RWC:

Forum, Storgatan 28
IKEA, Birsta
Läget, Storgatan 25-27
Åhléns department store, Storgatan 30
Aveny, Esplanaden 29
Stinsen Restaurant, Landsvägsallén 6
Gulins Pepita, Storgatan 38

Handicapped guide
tel: 060/19 10 00

Sundsvall Tourist Office RWC
tel: 060/11 42 35

Timrå

Activities:

Bergeforsen chalet village and camping at Sörberge. Canoe harbour with lift. Fish farm and aquarium. RWC

Leisure guide
tel: 060/19 10 00

Bergeforsens Tourist Office
tel: 060/57 90 40

Accommodation:

Hotels:

Ånge, Hotell Mittlandia 0690-124 20	HR 1				
Härnösand, Scandic Hotel 0611-195 60	HR 1	S	H	A 1	
Härnösand, Stadshotellet 0611-105 10	HR 1	S			X
Junsele, Junsele Vårdshus 0621-100 96	HR 2	S			
Kramfors, Hotel Kramm 0612-131 60	HR 6	S	H		X
(no assistance in dining-room)					
Kramfors, Hotell Erikslund Ullånger 0613-104 75	HR 2				
Mjällom, Mjälloms Hotell 0613-211 14	HR 1	S			
Örnsköldsvik, Ö-viks youth hostel 0660-880 00		S			
(no assistance in dining-room)					
Örnsköldsvik, Scandic Hotel 0660-828 70	HR 2	S		A 2	
(no assistance available to get to room)					
Överhörnäs, Högsnäsgråden STF's youth hostel 0660-702 44		S		A 6	
(separate part of dining-room)					
Sollefteå, Hotell Appelberg 0620-121 30		S			

Sollefteå, Hallstabergets Sport- and conference-hotell 0620-123 20	HR 4	S		A 2	X
--	------	---	--	-----	---

Sundsvall, Torpshammar DHR's holiday centre 0691-106 58, 060-15 63 48	HR 5				
---	------	--	--	--	--

Sundvalls, Södra Berget 060-12 30 00	HR 3	S		A 1	
---	------	---	--	-----	--

Sundsvall, Hotell Sundsvall 060-17 16 00	HR 4 TR 20	S	H	A 4	
---	---------------	---	---	-----	--

Sundsvall, Scandic Hotell 060-56 68 60	HR 2	S		A 1	X
---	------	---	--	-----	---

Sundsvall, STF's youth hostel 060-11 21 19	TR 1				
--	------	--	--	--	--

Sundsvall, Strand Hotel 060-12 18 00	HR 5	S	H		
---	------	---	---	--	--

Sundsvall, Hotel Bore 060-15 06 00	HR 2	S	H	A 2	
---------------------------------------	------	---	---	-----	--

Chalet villages:

Domsjö, Gullviks havsbad 0660-470 82, 880 00	HR 3				
---	------	--	--	--	--

Liden, Utsiktens chalet villages 0692-200 54	HR 1				
--	------	--	--	--	--

Mjällom, Norrfällsvikens Fritidsby 0613-212 55, 212 56	TR 83			A 2	
--	-------	--	--	-----	--

Sörberge, Bergeforsens Camping och chalet villages 060-57 82 20	HR 2	S		A 4	
---	------	---	--	-----	--

Camping:

Bjästa, Kornsjögården 0660-380 08	A 3 chalet
Domsjö, Gullviks havsbad 0660-470 82	chalet showers/toilets
Härnösand, Sälsten 0611-181 50	HR 1 chalet, shower
Husum, Mosjön 0663-200 89	asphalted path, fishing, jetty
Indal, Kävstabron 060-923 38	shower A 8 chalets
Junsele, Junsele Camping 0621-105 54	A 2 chalets
Kramfors, Norrfällsvikens Camping 0613-213 82	HR 1 chalet showers/toilets
Långsele, Långsele Camping 0620-215 64	shower, asphalted path
Näsåker, Näsåker 0622-101 76	A 1 chalet
Njurunda, Bergafjärden 060-345 98	chalet, shower, asphalted path A 2 chalets, showers/toilets, other areas
Östavall, Storsand 0690-502 20	A 1 chalet, showers/toilets
Örnsköldsvik, Trehörningsjö Kerstins Udde 0662-201 10	shower
Örnsköldsvik, Överhörnäs 0660-701 43	A 12 chalets

Ramvik, Snibben
0612-405 05

A 2 chalets, showers/toilets

Skog, Storsjö
0613-320 88

A 3 chalets

Sörberge, Bergeforsen
060-57 00 90

chalet
A 4 chalets, showers/toilets, other
areas

Sundsvall, Granli
060-11 35 69

showers/toilets, other areas

Sundsvall, Fläsian
060-55 44 75

shower



VÄSTMANLAND

Arboga

Sights:

Heliga Trefaldighetskyrkan
(Holy Trinity Church),
Franciscan abbey church
dating from the end of the 13th
century.

Tours of the town.

RWC:

Restaurant Ekbacken, Östra
Rondellen
Nalles Hotel
Sports centre
Ice rink
Ekbacksbadet pool

Arboga Tourist Office
tel: 0589/149 90

Fagersta

Sights:

Ekomagasinet, handicrafts
centre plus homestead
museum, shop and cafeteria.
Beautifully located in the area
around the Strömsholm canal
near the Västanfors locks. RWC

Activities:

Ultra-modern Fagersthallen
indoor sports centre, with
excellent shooting range. Two
indoor pools and heated
outdoor pools. The whole
complex is adapted for the
physically disabled
(tel 0223/442 30). RWC

Swimming and camping at
Eskiln. Also camping, fishing,
exercise track, mini-golf,
refreshments available.
Open mid-May to mid-
September. RWC

Fagersta Tourist Office
tel: 0223/131 00

Fellingsbro

Sights:

Fellingsbro Church, adapted
for the hard of hearing with
information on cassettes. T

Grythyttan

Sights:

Grythyttan church.

Activities:

Loka Brunn Spa for recreation
and rehabilitation. Information
on 0591/135 70. RWC

RWC:

Folkets Hus
Grythyttan Gästgiveri
Grythyttan Tourist Office
tel: 0591/143 45

Grythyttan Tourist Office
tel: 0591/143 45

Hällefors

Sights:

Hällefors Church. RWC

Activities:

Bergslagsgården,
Sävsjön. RWC

Sävenfors fishing and leisure
area. Fish farm and old
industrial area with remains of
foundry and cultural trail.
Guided tours of the fish farm in
summer. RWC

Lindholm croft, park with
animals and mini-golf. RWC

RWC:

Konsum supermarket
Assembly hall
BP service station
Centrumhuset
Folkets Hus
Community council offices
Sörälgen camping site

Hällefors Tourist Office RWC
tel: 0591/120 01
(June-August)

Hallstahammar**Sights:**

Canal Museum, adapted for
the hard of hearing and the
visually handicapped. T,S

School Museum, an old school
dating from the turn of the
century. Adapted for the
visually handicapped. Room
available to eat your own
refreshments. For information
ring 0220/100 11, 174 09.

Åsby nurseries, where you can
see both tropical and everyday
plants. RWC

Boat trip between
Hallstahammar and
Smedjebacken. RWC

Strömsholm carriage
museum. RWC

RWC:

Restaurant Nya Hallstagården,
Parkgatan 2
Restaurant Evergreen,
Skantzö bar
Stensköket, Strömsholm

Hallstahammar Tourist Office
*tel: 0220/103 78 , 240 00*RWC

Köping**Sights:**

Köping museum, depicting
local industrial, maritime and
educational history. RWC

"Scheele Minne",
a collection of traditional
pharmacists' equipment
dedicated to the memory of C.
W. Scheele, who practised as a
pharmacist in Köping in the
18th century. RWC

Munktorp Church with the 18th
century St David's chapel.

Activities:

Brogården in Kolsva.
Handicapped centre for leisure
activities. Self-catering
accommodation.
Tel: 0221/514 63. RWC

RWC:

Värdshuset Magasinet
Gisslarbo

Forum Theatre
Malmö camping site

Handicapped guide available at
the Tourist Office

Köping Tourist Office RWC
tel: 0221/234 34

Kopparberg

Sights:
Dunderbo handicrafts centre.

Stjernfors manor-house.

Traditional Kopparberg market
dating from the 17th century.

Activities:
Fishing in the centre of
Kopparberg from jetty or boat.

Game-fishing in the Garhytte
river; jetty provided.

Gold-panning and wilderness
expeditions.

Year-round activity programme.
Escorts available for visually
handicapped. S

Kopparberg Tourist Office
tel: 0580/104 39

Lindesberg

Sights:
The footpath along the shore
of Lake Stora Lindesjön is
accessible by wheelchair.
Seating available at regular
intervals.

Stråssa Gruva, underground
visit by train through the old
mine workings, Sweden's
deepest. Information on
0581/431 00. RWC

RWC:
Public library
Folkets Hus
Kalmarlund leisure centre
Lindesberg picnic area
Railway station
Post Office
Pharmacy
Försäkringskassan

Lindesberg Tourist Office RWC
tel: 0581/811 70
(June-August)

Nora

RWC:
Library
Storgatan 11 by Nora Glass

Nora Tourist Office
tel: 0587/105 74

Norberg

Sights:
Abrahamsgården handicrafts
centre, in an 18th century
environment.

Elsa Andersson's old-
fashioned confectionery shop.

RWC:
Folkets Hus
Norberg camping site
Kommunhuset
Bus station
Klackbergsgården

Norberg Tourist Office
tel: 0223/291 30

Sala

Sights:

Sala silver mine. The underground parts of the mine are not accessible but you can see a film which gives you the feeling of being down among the workings. The museum is accessible. Information on 0224/118 12. **RWC**

Agueli museum and art gallery.

Sala tractor museum, unique display of some 60 vehicles.

Sala parish church, dating from the 14th century.

RWC:

Wega II Närservice
Måns Ols Utvårdshus
Silvköpingen kiosk
Stadshotell
Library
Lärkbacken pool and sports centre
Restaurant Gillet
Ryttargården
Stall Café

Sala Tourist Office **RWC**
tel: 0224/136 00, 03

Skultuna

Sights:

Skultuna brass foundry founded in 1607 with a shop where you can buy examples of its products. Guides for the

mentally handicapped available. **RWC**

RWC:

Skultunagården

Surahammar

Sights:

Stenhuset, exhibitions of arts and crafts, homestead museum. **RWC**

Gyllene Hjulet, motor-cycle museum with display of veteran motor-bikes, mopeds and cycles.

Workshops from 19th century, specialising in manufacture of railway-train wheels. Vintage locomotive and one of Sweden's first cars on show.

RWC:

Manor-house restaurant
ICA Hjulmarknad
Domus
Midgården Café
Folkets Hus

Surahammar Tourist Office
tel: 0220/367 15 (May-August)

Västerås

Sights:

Djäkneberget park near city centre. **RWC**

Västerås art museum, with exhibitions and special activities.

Västerås Cathedral, dating from the early 13th century.

Vallby open-air museum.

RWC

Kyrkbacken, an area with the town's oldest preserved buildings.

Castle and provincial museum.

Botanical gardens.

RWC:

Bjönöbadet swimming pool
café

Djäkneberget park

Vallby museum

Folkets Park

Bacchus Källare

Åhléns restaurant,

Vasagatan 10

Korsvirkeshuset

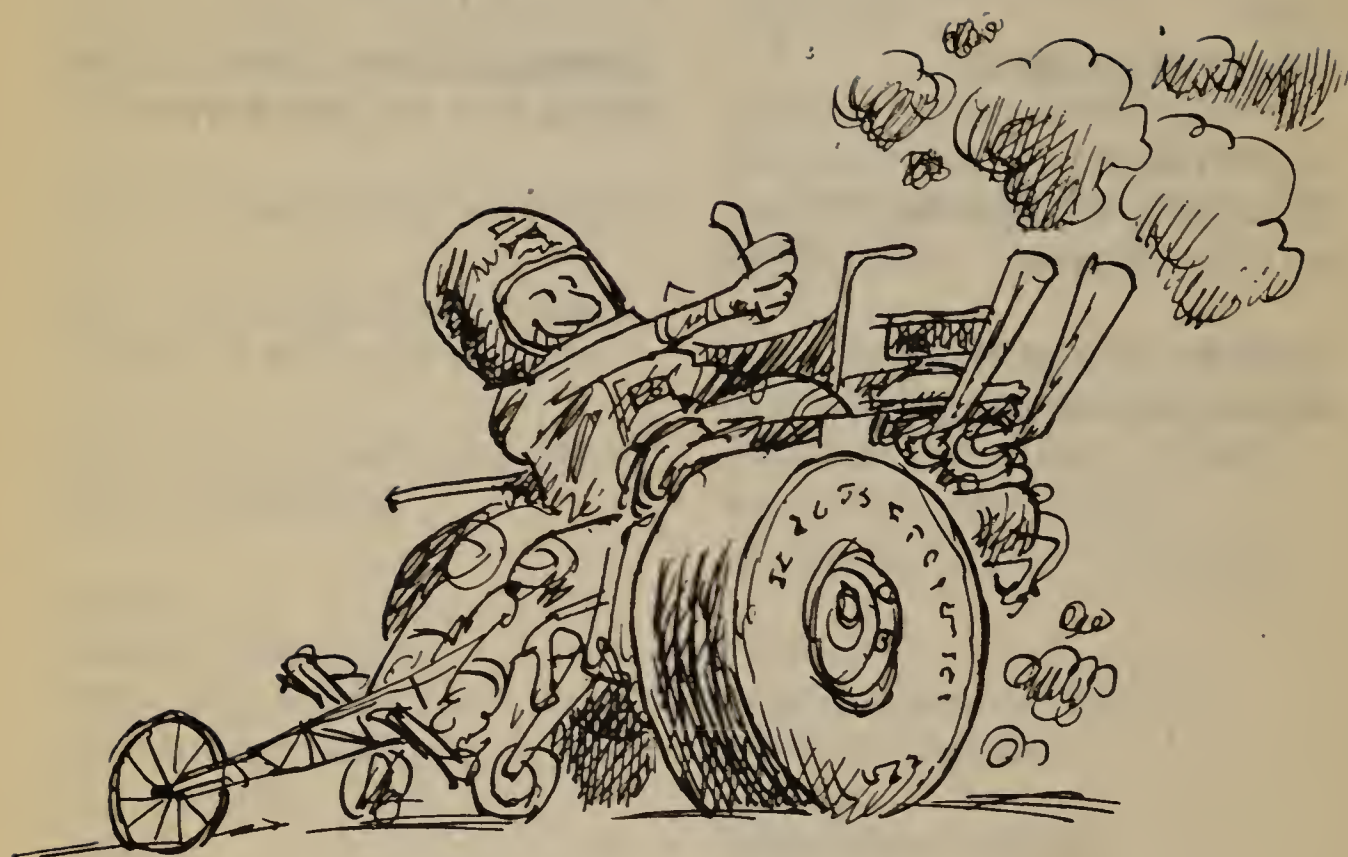
Bellevue stadium

Västerås Tourist Office RWC
tel: 021/16 18 30, 16 21 00

Activities:

Swimming at Lögarängsbadet
on Lake Mälaren. RWC

Björnö exercise track for
visually handicapped.



Accommodation:

Hotels:

Arboga, Nalles Motell & Service 0589-145 90	HR 3	S		
Arboga, Scandic Hotell Ekbacken 0589-138 50	HR 2			
Fagersta, Scandic Hotel 0223-170 60	HR 1	S	H	
Fagersta, Rosenlunds Pensionat 0223-106 91	TR 1			
Grythyttan, Loka Brunn 0591-135 70	HR 43			
Hällefors, Bergslagsgården Sävsjön 0591-18010, 180 49	HR			
Hallstahammar, Brukshotellet 0220-211 43, 211 45	HR			
Köping, Hotel Scheele 0221-181 20	HR 2	S		A 10 (no assistance available to get to room)
Lindesberg, Linde Stadshotel 0581-124 50	HR 2	S	H	A 1 (no assistance available to get to room)
Nora, Stadshotell 0587-114 35	HR 1			
Nora, Nyhyttan Hälso- och Rehab 0587-604 00	HR 5 TR 40	S	H	A 90

Nora, Åkerby Kursgård 0587-910 88	HR 6 (shower in corridor)		A 3 T, conference area
Norberg, Klackbergsgården 0223-231 55		S	
Sala, Stadshotellet 0224-130 30	HR 1	S	
Skinnskatteberg, Borntorpet 0222-100 34	TR 1	S (ej serv)	H
Surahammar, youth hostel Bruksgården 0220-330 08	HR 1 (no assistance available in dining-room)	S	A 2
Västerås, Friluftsgården Lagerberg 0220-152 77	HR 16		
Västerås, Park Hotell 021-11 01 20	HR 2	S	A 1
Västerås, Scandic Hotell 021-18 02 80	HR 2 TR 100	S	H A 2 (separate part of dining-room)
Västerås, Traffic Hotel 021-30 04 00	HR 3	S	A 3
Chalet villages:			
Arboga, Herrfallets Stugby 0589-401 06	HR 4	S	H A 4
Kopparberg, Gillersklacks Fritidsanläggning 0580-101 33, 125 90	HR 4	S	H A 2
Tärnsjö, Östa Stugby 0292-430 04	HR 4	S	H A 2

Camping:

Arboga, Krakaborg 0589-126 70	chalet, asphalted path, no public RWC
Arboga, Herrfallet 0589-401 06	HR 4 chalets, asphalted path A 4 chalets, showers/toilets, other areas
Fagersta, Eskilns Bad & Camping 0223-130 22	chalet
Hällefors, Sörälgen 0591-150 05	showers/toilets
Hallstahammar, Skantzöbadet 0220-103 78	A 1 chalet, showers/toilets
Kolsva, Utnäset 0222-340 80	A 3 chalets, showers/toilets
Lindesberg, Gusselby 0581-502 40	showers/toilets
Nora, Trängbo 0587-123 61	chalet, shower, asphalted path
Nora, Uskavi 0587-300 25	A 2 chalet, showers/toilets
Norberg, Norberg 0223-291 29	chalet, asphalted path A 1 chalet
Sala, Silverköparen 0224-590 03	shower A 1 chalet, showers/toilets
Tärnsjö, Östa 0292-430 04	chalet showers/toilets
Västerås, Johannisberg 021-14 02 79	shower, kitchen
Västerås, Sundängen 0171-410 43	asphalted paht A 2 chalets, showers/toilets

RWC ALONG THE ROADS

E = Europe road (Europaväg)

Rv = Main road (Riksväg)

E 3 - from Gothenburg

Vårgårda Vårdshus, Vårgårda
Kålltorp Blombacka
E 3-baren, Lugnås
Vårdshuset Rattugglan,
Mariestad
Rastplatsen, Hova
Scandic Vägkrog, Finnerödja
Scandic Hotel, Örebro
Rest. Ekbacken Gulf, Arboga
Gripens Bar, Ärja
IKEA Kungens Kurva,
Stockholm
Gyllene Ratten Fruängen,
Stockholm

E 3 Södertälje - Örebro

OK vid avfarten till Västerås
Malmbyhus (vid Texacomack)
Scandic Motell vid Statoil
Arboga

E 4 - from Helsingborg

Väla Stormarknad

Rastplats Lilla Hålgsjön,
Örkelljunga
Vårdshuset Luhrpasset,
Bergdala Strömnäsbruk
Glasbruket, Bergdala
Strömsnäsbruk

Rastplats Rasten Laganland,
Hammeda
Motell Stadt, Ljungby
Gyllene Rasten, Dörarp
Rest. Skillingehus, Skillingaryd
Statoil Vårdshuset Oskar,
Skillingaryd
Tre Hästar, Huskvarna
Brunstorps Vårdshus,
Huskvarna
Ramada Hotel, Huskvarna
Motell Vätterleden, Brötjemark
Gyllene Uttern, Gränna
Scandic Vägkrog, Ödeshög
Östgöta Rasta, Ödeshög
IKEA, Linköping
Motell Filbyter, Linköping
Tre Snäckor, Herrbeta
Nyköpings Bro, Nyköping
Tuna Motell, Svalsta
Tre Snäckor, Bergshammar
Tullgarns Vårdshus, Tullgarn
Hotel Arlandia, Märsta
Vårdshuset Hembygden,
Gryttjom
Gula Oxen, Kvissleby
IKEA, Sundsbruk
Birstaberget, Sundsvall
Skulebergets Motell och
Camping, Skule
Turistbyrån, Nordmaling
Texaco Cafeteria, Hörnefors
Umeå
Sävar Vårdshus, Sävar
Tre Snäckor, Bygdeå

Lövånger Kyrka
Lövånger, OK
OBS Interiör, Skellefteå
Tre Snäckor, Skellefteå
Hotell Walhall, Kalix

E 6 - from Trelleborg

Hvellinge Gästgivaregård,
Vellinge
Checkers Rest. (Shell),
Löddeköping
Rest. Milstolpen, Glumslöv
Tre Snäckor, Ängelholm
Statoil Taverna, Snapparp
Getinge Gästgivaregård,
Getinge
Skrea Motell, Falkenberg
Motell Björkäng, Björkäng
Väröbacka Vårdshus,
Väröbacka
Tre Snäckor, Lindome
IKEA, Kålleröd
Hotel Ramada, Göteborg
Motell Backamo, Backamo
Åtorp Herrgård, Munkedal

E 18 Örebro - Karlstad

Sannakrog vid Shell
Stolpen vid Statoil, Ölme nära
Kristinehamn

E 18 - from Töcksfors, Norge

Rastplats Ekholmssjön, RTC
Nyängens Vårdshus, Grums
Hotell Wåxnäs, Karlstad
Alster Herrgård, Alster
Värmlands-Rasta, Väse
Rest. Ekbacken, Arboga
Kolbäcks Gästgivaregård,
Kolbäck
Hotell Gyllene Ringen,
Västerås

Esso Taverna, Irsta
Lyckehem, Hallstahammar

E 18 Stockholm - Oslo

Bigg In, Köping
Hotel Scheele, Köping

E 66 - from Malmö

Bromölla Möbelvaruhus
Rastplats före bokskog Valje
Pukaviken (båda sidor)
Hotell Munken, Mönsterås
Wårdshuset Hjorten,
Hjortenbaden
Ringarums Bensinstation,
Ringarum
Rastplats Emån, finns på båda
sidorna

E 75 from Sundsvall

Lomtjärn Rastplats,
Torpshammar
E75 Baren, Viskan
Björnbiten, Fränsta
Motell Bergåsen, Borgsjö
JämtKrogen, Bräcke
Årevidden, Åre
Duved

E 79 Blå Vägen

Umeå
Soldattorpen, Brännland
Vännäs Turistbyrå, Vännäsby
Höggammens Camping, Granö
Lycksele
Storuman
Tärna Turistbyrå, Tärnaby
Hemavans Vårdshus,
Hemavan
Hotell Björnbergsgården,
Klippen

Rv 6

Skärmarboda rastplats, Nora

Rv 20

Drakamöllan, Rastplats Piraten

Rv 21

Rastplatsen Gäddastorp
Rastplatsen Röingekorset

Rv 25

Ryssby Östra, Byholma

Rv 40

Jära Motell och Bensin, Jära

Rv 44/186

Grästorp, Vårdshuset Tre Älgar

Rv 50

Fyrkanten Gatukök, Vadstena
Hästholmens Köpcentra,
Hästholmen

Rv 55

Parkering Nya Bron, Strängnäs
RTC

Rv 60- from Örebro

B & W Stormarknad, Lillån
Linde Grillen, Lindesberg
Kopparpannan, Fanthyttan
Tages Grillrestaurang, Bångbro
Laxbrogården, Kopparberg
Grängesbergs Vårdshus,
Grängesberg

Skärmarboda**Rv 60 - between
Borlänge och Ludvika**

Sjön Långsjön

Rv 70 - from Enköping

Sala Stadshotell, Sala
Rest. Gillet-Domus, Sala
Silvköparens Gatukök, Sala
Scandic Vägkrog, Hedemora
Checkers Rest, Hedemora
Åhléns, Hedemora
Kullsvedens Rastplats, Säter
OBS-Interiör, Borlänge
Motell Moskogen, Leksand
Rastplatsen Yttermo, Leksand
Hantverksbyn, Rättvik
Rättvikshästen, Rättvik
Lustigården, Rättvik
Gärdebygården, Rättvik

Rv 86

Kärstabron, Lindensboda

Rv 88

Från Jokkmokk mot Porjus
ca 6 km
avtag mot Messaure efter
ca 10 km
Skylt Slakka by, Serri natur-
reservat

Rv 747

Från Jokkmokk mot Karats
Rastplats, eldstäder och RWC

**Rv 760-766 Trosa -
Nyköping**

Nynäs Naturresevat, Nynäs
Brygga

Rv 907

N:a Råda, Myrabron

Rv 931

Ekshärad, Brattfallet

Rv Kiruna - Björkliden

Rautas Naturrastplats, RTC
Bergfors Naturrastplats, RTC
Torneträsk Naturrastplats,
Grillpl., RTC
Kaisepakte, Parkering, RTC
Björkliden Gammelgården,
RWC
Hotell Fjället, RWC

Rv Kiruna - Nikkaloukta

Kaalasjärvi, RTC
Laukkuluspa Naturrastplats,
RTC
Vistadalen Naturrastplats, RTC

BLEKINGE:

OK

Asarum, Verkstadsg.
Karlskrona, Blåportsg.

DALARNA:

BP

Ludvika
Älvdalen, Brunnsberg

STATOIL

Borlänge, Tunag.
Falun, Norslund
Mora, Kristineberg

OK

Borlänge, Byg.
Falun, Tryckeriv.
Krylbo, Karlbo
Leksand, Hagag.
Ljusdal, N Jämvägsg. 60
Malung, Backselev.
Orsa, Lisselhedsv.
Smedjebacken, Bäverstigen

**GÄSTRIKLAND/
HÄLSINGLAND:**

BP

Bollnäs
Gävle, S Kungsg.
Sandviken

STATOIL

Gnarps
Gävle, Johanneslötsv. 6
Hofors, Skolg. 11
Söderhamn, Montörsbacken 4

OK

Bollnäs, Vågenv.
Gävle, Brynäsgratan 54
Iggesund, Köpmang

**GOTHENBURG AND
BOHUSLÄN:**

BP

Askim
Göteborg, Annedal
Göteborg, Radiöv.

Göteborg, Västra Frölunda
Munkedal
Strömstad

STATOIL

Hisings Backa, Transportv.,
Bäckebo
Kungsbacka, Hede
Kållerød

OK

Dingle
Hisings Backa, Transportv.,
Bäckebo
Kungälv, Hantverkareg.
Strömstad, Stene
Uddevalle, Strömstadsv. 50
Hede

HALLAND:

STATOIL

Morup

OK

Falkenberg, Oktanv. 1
Gullbrantstorp, Grang. 1
Halmstad, Verkstadsg. 6
Oskarström, Björkallén 32
Varberg, Kungsg. 4

JÄMTLAND/ HÄRJEDALEN:

BP

Mörsil

OK

Svenstavik
Svegvallev. 5

NORRBOTTEN/ NORTHERN LAPLAND:

STATOIL

Luleå, Mjölkudden

OK

Arjeplog, Lapplandsv. 17
Arvidsjaur, Storg. 5
Gällivari, Luleåv. 17
Haparanda, Mattilav.
Kalix, Nytorget, Parrallellg.
Kiruna, Steinholtzg.
Luleå, Robertsviksg. 1
Luleå, Hertsöv. 11
Luleå, Robertsviksg. 3
Malmberget, Gällivarev.
Pajala
Piteå, Oktanv. 4
Rosvik, Andelsgränd
Råneå
Strömsund, Näsvisen
Vittangi
Öjeby, Gammalstadsv.
Övertoneå

NÄRKE:

BP

Laxå

Örebro, Almbyplan
Örebro, Baronbackarna
Örebro, Köpmang.

STATOIL

Askersund, Marieborg
Askersund, Sundbrog.
Örebro, Västthagag.

OK

Askersund, Hallsbergsv.
Kumla, Stenev. 19-21
Laxå, Riksv.
Örebro, Varuv. 1

ÖSTERGÖTLAND:

BP

Kolmården
Linköping, Åtvidabergsv.

STATOIL

Norrköping, Järng.
Norsholm

OK

Motala, Vinterg. 25
Norrköping Skarphagsleden

SKÅNE:**BP**

Förslöv
Helsingborg, Idrottens Hus
Ljungby
Ystad
Åhus

STATOIL

Helsingborg, Florettg.
Malmö, Segevång.
Malmö, Segesvängen
Malmö Arlöv, Kronortorpsv.
Örkelljunga

OK

Helsingborg, Gustav Adolfsg.
47
Helsingborg, Ängelholmsv. 38
Höganäs, Skördev.
Hörby, Ringsjöv. 3
Kristianstad, Mäster Bongg. 4
Lund, Glimmerv.
Lyckeby, Stationsv.
Malmö, Thomsoms väg 1
Malmö, Kvarettg. 1, Högaholm
Trelleborg, Stavstensv. 158
Ängelholm, Österg.

SMÅLAND:**BP**

Kalmar, Berga
Ljungby
Måilla
Oskarshamn
Taberg

Tranås

Vimmerby, Storg.
Växjö, Lineborgsplan
Växjö, Teleborg

STATOIL

Alvesta, Centralg. 2
Gislaved
Gränna, Gyllene Uttern
Kalmar, Dragonv. 7
Lagan
Tranås, Storg. 222
Växjö, Hejarg. 15

OK

Alvesta, Blädingev. 18
Gislaved, Mårtensg. 1
Mönsterås, Storg. 90
Nybro, Fågelv.
Oskarshamn, Sörviksv.
Tranås, Säbyv. 34
Värnamo, Malmöv. 5
Åstorp, Borrg. 1

SÖDERMANLAND:**BP**

Nyköping, Västra Utfarten
Flen
Södertälje, Östertälje

STATOIL

Flen, Brog. 5
Nyköping, Gumsbacken
Södertälje, Verkstadsv

OK

Eskilstuna, Stureg. 14,
Fröslunda
Eskilstuna, Västerg. 13
Katrineholm, Vassmog. 1
Oxelösund, Styrmansg. 4-6
Södertälje, Järnag. 19

STOCKHOLM:

BP

Brandbergen, Vendelsö
Danderyd
Solna, Fotbollsstadion
Stockholm, Bandhagen
Stockholm,
Midsommarkransen
Täby kyrkby

STATOIL

Fruängen, Gyllen Ratten
Huddinge, Kungens Kurva
Stockholm, Järva Krog
Stockholm, Uppsalav.
Täby, Näsbyv. 4

OK

Enskede. Sofielundsplan
Fruängen, Vantörsv. 255
Gustavsberg centrum
Handen, Nynäsv. 23
Häggvik, Jupdalsv. 11
Nacka, Per Hallströmsv. 17
Norsborg, Vårby-Fittja
Sollentuna, Häggvik
Stockholm, OK Motorhotell
Stockholm, Johanneshov
Stockholm, Gustavsberg
Stockholm, Skärholmsv-
Ekholmsv.
Stockholm, Bollmorav-Tyresöv
Stockholm, Jämtlandsg. 139-
143
Stockholm, Fittjav-Tegelbruksv
Stuvsta, Huddinge v. 54
Västberga, Kontrollv. 2

UPPLAND:

OK

Norrtälje, Stockholmsv. 51
Uppsala, Årstag. 5-7
Uppsala, Kungsg. 80

VÄRMLAND:

BP

Karlstad, Västra Infarten
Kristinehamn, Skaraborgsv.
Årjäng

STATOIL

Filipstad, Lasarettsg. 2
Karlskoga, Hyttåsen
Säffle, Olof Trätäljareg.
Årjäng, Arvikav.

OK

Arvika, Blästerv. 2
Degerfors, Garageg. 44
Filipstad, Konsul Lundströmsv.
Grums, Sveag. 138
Hagfors, Blomv. 2
Karlstad, Köpv 1, Bergvik
Säffle, Norrlandsv. 32
Torsby, Krykog. 16
Årjäng, Snickarg. 2

VÄSTERBOTTEN/ SOUTHERN LAPLAND

BP

Byske, Storg. 26
Skellefteå, E4 söder

STATOIL

Skellefteå, E4 söder
Umeå, Yrkesv. 8

OK

Boliden, Storg. 38
Dorotea, Storg. 16
Lycksele, Storg. 17
Malå, Fabriksv. 1
Robertsfors, Storg. 25
Skellefteå, Mackv. 5, Sörböle
Storuman, Blåv. 264
Umeå, Parkv. 7
Umeå, Mineralv.

Umeå, Odlarv. 2
Ursviken, Klemensnäs
Vilhelmina, Volgsjöv. 58

VÄSTERGÖTLAND:

BP

Borås, Fristadsv.
Borås, Gånghestersv.
Frändefors
Lidköping
Mullsjö
Strängsered
Töreboda
Vara

STATOIL

Alingsås, Bankg. 1
Ulricehamn, Nyboholm
Vänersborg, Nabbensberg

OK

Borås, Boråsparken
Falköping, Österängsg. 2
Färgelanda
Lidköping, Wennerbergsv. 26
Lyrestad
Lysekil, Dalskogen
Nödinge,
Svenljunga, Nylännersg. 1
Trollhättan, Lantmannav. 68

VÄSTERNORRLAND:

(Medelpad/Ångermanland)

BP

Alnöbron
Sandöbron

STATOIL

Sundsvall, Liz Motel
Sundsvall, Wärdshusbacken 6
Örnsköldsvik, Hästmarksv. 4

OK

Kramfors, Högstav. 1
Sundsvall, Östra Långg. 11

VÄSTMANLAND:

BP

Arboga
Västerås, Knektg.
Västerås, Österleden

STATOIL

Arboga, Örebrov.
Arboga, Nalles Motell
Fagersta, Blomsterv.
Västerås, Pilg.

OK

Arboga, Bensing.
Hallstahammar, Västeråsv. 1
Kopparberg, Bergmästareg.
Kungsör, Kungsg. 100
Norberg, Malmg. 12
Köping, Hultgrensg. 8
Sala, Gymnasieg.
Skultuna, Västeråsv. 17
Västerås, Djuphamnsv. 3-5



EUROPEAN YEAR OF TOURISM 1990

Sponsored by



Swedish National Tourist Office
29/31, Oxford Street
London W1R 1 RE

Swedish Tourist Board
655 Third Avenue, New York
NY 10017, U.S.A.